

Disturbo Di Dismorfismo Corporeo Assessment Diagnosi E Trattamento

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Understanding Body Dysmorphic Disorder - Katharine A. Phillips 2009-02-20

In a world obsessed with appearance, it is not surprising that body dysmorphic disorder, or BDD -- an emotionally painful obsession with perceived flaws in one's appearance -- has manifested itself as a troubling and relatively common problem for many individuals. In *The Broken Mirror*, the first and most definitive book on BDD, Dr. Katharine A. Phillips provided a comprehensive manual for patients and their physicians by drawing on years of clinical practice, scientific research, and professional evaluations of over 1,000 patients. Now, in *Understanding Body Dysmorphic Disorder: An Essential Guide*, the world's leading authority on BDD reaches out to patients, their friends, and their families with this concise and updated handbook. BDD causes sufferers to be obsessed by perceived flaws in their appearance and may afflict as much as two percent of the population, or nearly five million people. Many sufferers are able to function well in society, but remain secretly obsessed by their "hideous acne" or "horrible nose," sneaking constant peeks at a pocket mirror, or spending hours at a time redoing makeup. Others find their lives disintegrate because of their appearance obsessions. It is not an uncommon disorder, simply a hidden one, since sufferers are often embarrassed to tell even their closest friends about their concerns. Using stories and interviews to show the many different behaviors and symptoms of BDD, and a quick self-assessment questionnaire, Dr. Phillips guides readers through the basics of the disorder and through the many treatment options that work and don't work. With *Understanding Body Dysmorphic Disorder: An Essential Guide*, sufferers will find both helpful advice and much needed reassurance in a compact, down-to-earth indispensable book.

The Physiology and pathology of the mind - Henry Maudsley 1872

Body Image - Sarah Grogan 2002-01-04

Sarah Grogan presents original data from interviews with men, women and children to complement existing research, and provides a comprehensive investigation of cultural influences on body image.

Disturbo di dismorfismo corporeo. Assessment, diagnosi e trattamento - Antonio Scarinci 2015-07-23

Il volume offre al lettore italiano una prima importante sistematizzazione del disturbo di dismorfismo corporeo (Body Dysmorphic Disorder, BDD), una persistente e dolorosa preoccupazione per supposte malformazioni, difetti e imperfezioni fisiche e corporee. Il BDD si manifesta in una sintomatologia clinica al crocevia nosografico tra disturbi somatoformi, alimentari, ossessioni e delirio, in un costante disagio psichico e in una importante compromissione sociale e lavorativa. Il modello cognitivo comportamentale standard, anche nei più recenti sviluppi di terza generazione, orienta l'assessment, il percorso diagnostico e l'intervento terapeutico, in cui sono cruciali l'elaborazione cognitiva delle distorsioni e la critica degli errori più gravi di valutazione sul proprio corpo, accanto a un processo di accettazione del sé che costituisce il vero problema sottostante all'espressione sintomatologica. A corredo della rassegna sulla letteratura internazionale e della ricognizione teorica sul disturbo, ciascuna delle fasi terapeutiche presenta: gli strumenti testistici disponibili e più indicati per una prima valutazione del disturbo; analisi e riflessioni per la diagnosi differenziale che si presenta particolarmente complessa, dato la sua sovrapponibilità ad altre condizioni patologiche; tecniche e materiali operativi per il trattamento. Casi clinici prototipici offrono infine una panoramica esaustiva ed esemplificazioni pratiche sul BDD. • Le trasformazioni fisiologiche correlate all'identità nell'adolescenza • Lo stile cognitivo • Il funzionamento psicosociale e la qualità della

vita • La diagnosi • Strumenti di valutazione • Indicazioni e linee guida per l'intervento • Terapia del delirio dismorfofobico • Casi clinici

From First Words to Grammar - Elizabeth Bates 1991-09-27

This book is a comprehensive study of the passage from first words to grammar in a sample of children large enough to permit systematic analysis of individual differences in style and rate of development. The authors provide a large body of information about first words and early grammatical development in qualitative and quantitative patterns that are useful not only for researchers in the field, but for speech/language pathologists and early childhood educators interested in the assessment of early language. The results support a unified functionalist approach to language development, and have implications for the way we think about the structure and breakdown of language under normal and abnormal conditions.

Repertorio delle scale di valutazione in psichiatria - 2000

The Self-Compassion Diet - Jean Fain 2011-01-01

Self-Love: Your Greatest Guide on the Path to Healthy Weight The secret to sustainable weight loss isn't counting calories or depriving yourself at the dinner table. Jean Fain tells us it's about cultivating awareness and self-acceptance wherever you are. With *The Self-Compassion Diet*, this Harvard Medical School-affiliated psychotherapist prescribes a practical program for transforming the way you think and feel about food and your whole self—a shift that, paradoxically, inspires physical change. Combining loving-kindness, self-hypnosis, and other winning weight-loss strategies, *The Self Compassion Diet* is available in two complementary formats to help you naturally progress toward genuine self-acceptance and a healthy, sustainable weight. With more than 30 different tools including quizzes, breathing exercises, and visualizations, the book explores four powerful weight-loss methods. The audio edition guides you through 11 key practices described in the book. Used together, this powerful combination can speed learning and boost success. Additional topics include: How to appreciate the everyday activity of eating, and learn to trust your body's signals that it's nourished Gradual change—a guided visualization for developing mindful eating habits A meditation for getting to know the diet coach who knows you best—your compassionate inner advisor “Most dieters try to ‘kill cravings’ and break habits with self-discipline,” teaches Fain. “Self-kindness can help quiet the shame that traditional diets instill, and establish a harmonious relationship with food.” The *Self Compassion Diet* book and audio offer a treasury of heart-opening mind-body teachings and practices for improving the way you live, breathe, and eat.

SCID-5-CV - Michael B. First 2016

"The Structured Clinical Interview for DSM-5 Disorders--Clinician Version (SCID-5-CV) guides the clinician step-by-step through the DSM-5 diagnostic process. Interview questions are provided conveniently alongside each corresponding DSM-5 criterion, to aid in rating each criterion as either present or absent"--Back book cover.

The Body Project - Eric Stice 2013-01-17

Eating disorders are among the most prevalent psychiatric disorders in adolescent and young adult females, affecting approximately 10% of young women. Unfortunately, less than half of those with eating disorders receive treatment, which can be very expensive. Thus, effective prevention has become a major public health priority. The *Body Project* is an empirically based eating disorder prevention program that

offers young women an opportunity to critically consider the costs of pursuing the ultra-thin ideal promoted in the mass media, which improves body acceptance and reduces risk for developing eating disorders. Young women with elevated body dissatisfaction are recruited for group sessions in which they participate in a series of verbal, written, and behavioral exercises in which they consider the negative effects of pursuing the thin-ideal. Chapters provide information on the significance of body image and eating disorders, the intervention theory, the evidence base which supports the theory, recruitment and training procedures, solutions to common challenges, and a new program aimed at reducing obesity onset, as well as intervention scripts and participant handouts. The Body Project is the only currently available eating disorder prevention program that has been shown to reduce risk for onset of eating disorders and received support in trials conducted by several independent research groups. The group sessions are brief and fun to lead, and this guide provides all of the necessary information to walk clinicians, teachers, counselors, and volunteers through leading the program for vulnerable young women.

Obsessive-Compulsive and Related Disorders - Dan J. Stein 2015

This resource includes individual chapters on the phenomenology, pathogenesis, pharmacotherapy and psychotherapy of OCD and other related disorders, and features fully updated content and research, as well as a resources chapter, and an appendix with summaries of the major rating scales used to assess patients with OCD.

Five Lectures on Psycho-Analysis - Sigmund Freud 2014-11-11

This early work by Sigmund Freud was originally published in 1910 and we are now republishing it with a brand new introductory biography. 'Five Lectures on Psycho-Analysis' is a collection of lectures delivered by the father of psychoanalysis. Sigmund Schlomo Freud was born on 6th May 1856, in the Moravian town of Příbor, now part of the Czech Republic. He studied a variety of subjects, including philosophy, physiology, and zoology, graduating with an MD in 1881. Freud made a huge and lasting contribution to the field of psychology with many of his methods still being used in modern psychoanalysis. He inspired much discussion on the wealth of theories he produced and the reactions to his works began a century of great psychological investigation.

Depression and Heart Disease - Alexander Glassman 2011-06-20

Recently, there has been a growing awareness of the multiple interrelationships between depression and various physical diseases. Patients with psychiatric problems, particularly depression, may be more susceptible to cardiovascular disorders. Depression and Heart Disease synthesizes current evidence, including some previously unpublished data, in a concise, easy-to-read format. The authors succinctly describe the epidemiology, pathogenesis (including cytokines and genetics), and risk factors of the comorbidity between depression and heart disease. The book also reviews the best pharmacological and psychotherapeutic approaches for people with this comorbidity.

Encyclopedia of Feeding and Eating Disorders - Tracey Wade 2017-03-15

The field of feeding and eating disorders represents one of the most challenging areas in mental health, covering childhood, adolescent and adult manifestations of the disorders and requiring expertise in both the physical and psychological issues that can cause, maintain, and exacerbate these disorders. The scope of the book is an overview of all the feeding and eating disorders from "bench to bedside", incorporating recent changes introduced into the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5). The aim is to present one of the first complete overviews of the newly defined area of feeding and eating disorders with respect to genetics, biology and neuroscience through to theory and its application in developing clinical approaches to the prevention and treatment of feeding and eating disorders.

Scid-II - Lorna Benjamin 1997-08

The Structured Clinical Interview for DSM-IV Axis II Personality Disorders (SCID-II) is an efficient, user-friendly instrument that will help researchers and clinicians make standardized, reliable, and accurate diagnoses of the 10 DSM-IV Axis II personality disorders as well as depressive personality disorder, passive-aggressive personality disorder, and personality disorder not otherwise specified. Now compatible with DSM-IV, the interview questions have been redesigned to reflect the subject's inner experience. This instrument begins with a brief overview that characterizes the subject's typical behavior and relationships and elicits information about the subject's capacity for self-reflection. It then considers each of the

personality disorders in detail. The Questionnaire is a single-use personality questionnaire to be completed by the patient that can be used as a screening tool to shorten the interview. Bound separately, it is sold only with the Interview booklet. The Interview is a single-use booklet that is bound separately but used in conjunction with the Questionnaire. It contains the interview questions and provides space to record responses. At the conclusion of the Interview, the clinician completes the Summary Score Sheet and computes a dimensional score for each personality disorder.

The Wiley Handbook of Obsessive Compulsive Disorders - Jonathan S. Abramowitz 2017-06-12

The Wiley Handbook of Obsessive Compulsive Disorders, 2 volume set, provides a comprehensive reference on the phenomenology, epidemiology, assessment, and treatment of OCD and OCD-related conditions throughout the lifespan and across cultures. Provides the most complete and up-to-date information on the highly diverse spectrum of OCD-related issues experienced by individuals through the lifespan and cross-culturally. Covers OCD-related conditions including Tourette's syndrome, excoriation disorder, trichotillomania, hoarding disorder, body dysmorphic disorder and many others. OCD and related conditions present formidable challenges for both research and practice, with few studies having moved beyond the most typical contexts and presentations. Includes important material on OCD and related conditions in young people and older adults, and across a range of cultures with diverse social and religious norms.

Urticaria and Angioedema - Torsten Zuberbier 2010-04-30

Urticaria is one of the most common diseases in dermatology and allergy. Unlike many other diseases, the itching nature of the wheals makes first diagnosis by both patients and physicians in many cases easy. However, this only refers to the ordinary wheals. The disease itself is highly complex in nature, with variety of clinical manifestations ranging from pinpoint-sized wheals to extensive angioedema. Complexity is also seen in the diversity of possible eliciting factors, the many different clinical subtypes and the therapeutic responsiveness. Only in recent years has a better understanding of the diversity in the different subtypes led to new classifications and new evidence-based guidelines for diagnostics and management of the disease. While mast cells are in the center of most urticaria reactions, it is now clearly understood that the responsible mediators are not only limited to histamines. The current book appears in a series of books by Springer. In 1986, the first monograph was edited by Professor Henz née Chanewsky. Since then, two updates of the book have appeared in the German language with Professor Henz as first editor and T. Zuberbier, J. Grabbe, and E. Monroe as the co-editors of the most recent English version, published in 1998. All these books have been written as a joint effort of Professor Henz together with her team at the Department of Dermatology at the Virchow Clinic, Humboldt University, Berlin.

The Broken Mirror - Katharine A. Phillips 2005

Explores the symptoms and causes of BDD, in which a victim is obsessed with perceived flaws in her appearance, and describes therapies used to treat the disorder.

Doctoring - Eric J. Cassell M.D. 2002-11-14

American medicine attracts some of the brightest and most motivated people the country has to offer, and it boasts the most advanced medical technology in the world, a wondrous parade of machines and techniques such as PET scans, MRI, angioplasty, endoscopy, bypasses, organ transplants, and much more besides. And yet, writes Dr. Eric Cassell, what started out early in the century as the exciting conquest of disease, has evolved into an overly expensive, over technologized, uncaring medicine, poorly suited to the health care needs of a society marked by an aging population and a predominance of chronic diseases. In *Doctoring: The Nature of Primary Care Medicine*, Dr. Cassell shows convincingly how much better fitted advanced concepts of primary care medicine are to America's health care needs. He offers valuable insights into how primary care physicians can be better trained to meet the needs of their patients, both well and sick, and to keep these patients as the focus of their practice. Modern medical training arose at a time when medical science was in ascendancy, Cassell notes. Thus the ideals of science-objectivity, rationality--became the ideals of medicine, and disease--the target of most medical research--became the logical focus of medical practice. When clinicians treat a patient with pneumonia, they are apt to be thinking about pneumonia in general--which is how they learn about the disease--rather than this person's pneumonia. This objective, rational approach has its value, but when it dominates a physician's approach to medicine, it can create problems. For instance, treating chronic disease--such as rheumatoid arthritis, diabetes, stroke,

emphysema, and congestive heart failure--is not simply a matter of medical knowledge, for it demands a great deal of effort by the patients themselves: they have to keep their doctor appointments, take their medication, do their exercises, stop smoking. The patient thus has a profound effect on the course of the disease, and so for a physician to succeed, he or she must also be familiar with the patient's motivations, values, concerns, and relationship with the doctor. Many doctors eventually figure out how to put the patient at the center of their practice, but they should learn to do this at the training level, not haphazardly over time. To that end, the training of primary care physicians must recognize a distinction between doctoring itself and the medical science on which it is based, and should try to produce doctors who rely on both their scientific and subjective assessments of their patients' overall needs. There must be a return to careful observational and physical examination skills and finely tuned history taking and communication skills. Cassell also advocates the need to teach the behavior of both sick and well persons, evaluation of data from clinical epidemiology, decision making skills, and preventive medicine, as well as actively teaching how to make technology the servant rather than the master, and offers practical tips for instruction both in the classroom and in practice. Most important, Doctoring argues convincingly that primary care medicine should become a central focus of America's health care system, not merely a cost-saving measure as envisioned by managed care organizations. Indeed, Cassell shows that the primary care physician can fulfill a unique role in the medical community, and a vital role in society in general. He shows that primary care medicine is not a retreat from scientific medicine, but the natural next step for medicine to take in the coming century.

Structured Clinical Interview for DSM-IV Axis I Disorders SCID-I - Michael B. First 1997

This efficient, user-friendly instrument will help clinicians make standardized, reliable, and accurate diagnoses and avoid the common problem of "premature closure" -- the premature focus on one diagnostic possibility. It will also help clinicians of all levels of experience improve their clinical assessment and interviewing techniques and provides extensive documentation of the diagnostic process, an essential procedure in today's managed care world. Specifically adapted from the research standard for Axis I structured clinical interviewing for use in clinical settings, the SCID-I covers those DSM-IV diagnoses most commonly seen by clinicians and includes the diagnostic criteria for these disorders with corresponding interview questions. The SCID-I is divided into six self-contained modules that can be administered in sequence: mood episodes; psychotic symptoms; psychotic disorders; mood disorders; substance use disorders; and anxiety, adjustment, and other disorders. The Scoresheet, available in sets of five, is a one-time-use scoresheet used to record diagnostic decisions. It also contains abridged DSM-IV diagnostic criteria.

ABC of Mental Health - Teifion Davies 2009-07-06

Mental health services have changed completely in the UK, and the new edition of ABC of Mental Health has been thoroughly updated and revised to reflect this. Providing clear practical advice on how to recognise, diagnose and manage mental disorders successfully and safely, with sections on selecting drugs and psychological treatments, and improving compliance, ABC of Mental Health also contains information on the major categories of mental health disorders, the mental health needs of vulnerable groups (such as the elderly, children, homeless and ethnic minorities) and the psychological treatments. Fully up to date with recent mental health legislation, this new edition is as comprehensive as it is invaluable. By covering the mental health needs of special groups, this ABC equips GPs, hospital doctors, nurses, counsellors and social workers with all the information they need for the day to day management of patients with mental health problems.

Body Image, Eating, and Weight - Massimo Cuzzolaro 2018-11-03

This book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders. It does so by providing a comprehensive, up-to-date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding and eating disorders, orthorexia nervosa, overweight, and obesity. After consideration of issues of definition and classification, the opening part of the book examines the concept of body image from a variety of viewpoints. A series of chapters are then

devoted to the assessment of the multidimensional construct "body image", to dysmorphophobia/body dysmorphic disorder, and to muscle dysmorphia. The third part discusses body image in people suffering from different eating disorders and/or overweight or obesity, and two final chapters focus on body image in the integrated prevention of eating disorders and obesity, and cultural differences regarding body image. The book will be of interest to all health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, body image, adolescence, public health, and prevention.

Disforia di genere in età evolutiva. Sostenere la ricerca dell'identità di genere nell'infanzia e nell'adolescenza - AA. VV. 2016-04-07T00:00:00+02:00

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Abnormal Illness Behaviour - Issy Pilowsky 1997-08-04

Pilowsky presents a general introduction to the early recognition and management of abnormal illness behaviour, and suggests ways to identify such behaviour, offer appropriate psychological care and provide specialist psychiatric help.

Dissociation in Children and Adolescents - Frank W. Putnam 1997-08-08

Illustrates the critical association between pathological dissociation and trauma, and provides a clear synthesis of what is known about the psychobiology of dissociative disorders and the effects of pathological dissociation on cognition and memory. Amply illustrated with clinical vignettes, it also offers an array of diagnostic and treatment techniques.

Clinical Adult Neurology - Jody Corey-Bloom, MD, PhD 2008-12-19

Extensively illustrated and liberally laced with clinically helpful tools, Clinical Adult Neurology is an affordable reference for all clinicians and residents. With emphasis on diagnostic tools and strategies as well as management pearls and perils, Clinical Adult Neurology will meet the needs of all health care practitioners caring for patients with neurologic disorders. The book is organized into three sections, with Section 1 covering all aspects of neurologic evaluation, Section 2 describing common clinical problems in neurology, and Section 3 discussing all aspects of neurologic diseases. All sections and chapters emphasize the clinical approach to the patient with consistently useful pedagogical tools, including Features tables for diagnostic help with all neurologic diseases, Pearls and Perils boxes that represent pithy distillations of clinical wisdom from leading experts, Key Clinical Questions boxes that help clinicians frame patient diagnosis and management; and annotated bibliographies that highlight the most important references for further study. The book's organization, format, and features all stress the efficient and well-rationed use of medical care for patients with neurologic disease. Succinct content presentations make all information easy to locate and digest. The format will also be a helpful tool for those preparing for examinations. Highlights include: An emphasis on diagnosis, management, and all pertinent clinical issues Heavily illustrated Contributions by the foremost experts on all aspects of neurologic diseases Extensive use of clinically helpful tables, charts, and boxes with practical advice on all aspects of diagnosis and management

Body Dysmorphic Disorder - Dr Katharine Phillips 2017-07-12

This landmark book is the first comprehensive edited volume on body dysmorphic disorder (BDD), a common and severe disorder. People with BDD are preoccupied with distressing or impairing preoccupations with non-existent or slight defects in their physical appearance. People with BDD think that they look ugly -- even monstrous -- although they look normal to others. BDD often derails sufferers' lives and can lead to suicide. BDD has been described around the world since the 1800s but was virtually unknown and unstudied until only several decades ago. Since then, research on BDD has dramatically increased understanding of this often-debilitating condition. Only recently, BDD was considered untreatable, but today, most sufferers can be successfully treated. This is the only book that provides comprehensive, in-depth, up-to-date information on BDD's clinical features, history, classification, epidemiology, morbidity, features in special populations, diagnosis and assessment, etiology and pathophysiology, treatment, and relationship to other disorders. Numerous chapters focus on cosmetic treatment, because it is frequently received but usually ineffective for BDD, which can lead to legal action and even violence toward treating clinicians. The book includes numerous clinical cases, which illustrate BDD's clinical features, its often-profound consequences, and recommended treatment approaches. This volume's contributors are the leading researchers and clinicians in this rapidly expanding field. Editor

Katharine A. Phillips, head of the DSM-V committee on BDD, has done pioneering research on many aspects of this disorder, including its treatment. This book will be of interest to all clinicians who provide mental health treatment and to researchers in BDD, anxiety disorders, eating disorders, and other obsessive-compulsive and related disorders. It will be indispensable to surgeons, dermatologists, and other clinicians who provide cosmetic treatment. Students and trainees with an interest in psychology and mental health will also be interested in this book. This book fills a major gap in the literature by providing clinicians and researchers with cutting-edge, indispensable information on all aspects of BDD and its treatment.

Trattamento dell'immagine corporea - Edoardo Giusti 2016-10-17

L'autorappresentazione allo specchio della propria immagine corporea suscita una narrativa somatica di rinegoziazione continua, con la fascinazione del mito del corpo perfetto idealizzato. L'estetica stereotipata dei codici di bellezza e dei canoni proporzionali del mondo sociale, esaltano particolari anatomici, evidenziando disarmonie, difetti, anomalie asimmetriche che rendono l'identità del soggetto del tutto accessoria, in un processo interno permanente di autodistruzione e autricostruzione. Sottrarsi all'oggettivazione aberrante e riprendere possesso del proprio corpo, con un vocabolario psicofisico soggettivo, che oltrepassi le strategie comparative dell'investimento narcisistico, consente l'eroticizzazione integrata della personalità.

[Physician's Guide to the Treatment and Follow-Up of Metabolic Diseases](#) - Nenad Blau 2006-01-16

This reference provides concise information on the treatment and management of inherited metabolic diseases for the clinician. World experts cover all commonalities of therapy giving practical advice and guidance for daily practice. All established treatment protocols in this quickly developing area of medicine are clearly described, including follow-up protocols and monitoring. Alternative and experimental therapies are also described and evaluated. Numerous tables, figures, and several indices (symptom, disease name, tests, etc.) allow rapid access to specific details. This book is invaluable to anyone dealing with patients with inherited metabolic diseases, pediatricians, internists, neurologists, and clinical geneticists.

Bioetica e cinema - Paolo Cattorini 2006

Questo volume introduce alla lettura di alcuni dilemmi morali in medicina, da quelli più comuni a quelli di frontiera, commentando più di settanta film e collegandoli ad altri trecentosettanta. Di ciascuna pellicola principale, recensita in una scheda specifica, è sintetizzata la trama, evidenziato un gruppo di parole chiave ed offerta una breve analisi valutativa. I temi di bioetica, dalla clonazione ai trapianti, dalla procreazione assistita all'eutanasia, per fare alcuni esempi, sono purtroppo talvolta trattati con superficialità nei servizi di cronaca o affrontati con giudizi alquanto schematici. Il cinema può essere un valido strumento di approfondimento in quanto coinvolge direttamente lo spettatore nel cuore di situazioni complesse, disegna rappresentazioni sociali e vissuti individuali emotivamente ricchi, apre prospettive inedite nella descrizione della realtà e svolge con coerenza narrativa alcune alternative comportamentali in merito alle quali occorre prendere una decisione nella vita reale. Il cinema, come la letteratura in genere, mette inoltre alla prova le teorie morali generali e prepara, attraverso le sue finzioni, un'interpretazione più fedele del significato dei gesti, delle storie, degli atteggiamenti su cui l'etica, in un contesto pluralistico, ha il compito di esprimere valutazioni razionali fondate e comprensibili. L'autore, docente di bioetica, propone un itinerario narrativo per affrontare i dilemmi morali che segnano le storie di malattia. Grazie alla scansione per argomenti, alla chiarificazione dei concetti fondamentali, ai collegamenti fra i film, ai commenti sulle soluzioni drammatiche, il lettore potrà percepire più criticamente i valori in conflitto, mettere a tema le proprie reazioni emotive e sarà sollecitato ad elaborare ragionamenti a favore o contro una tesi etica, affinando le proprie capacità di analisi e dialogo e dialogo.

[Enciclopedia medica italiana. 3. aggiornamento della seconda edizione](#) - 2008

Obsessive-compulsive-related Disorders - Eric Hollander 1993

While other texts provide general information on obsessive-compulsive disorder (OCD), this is the first book to make a wider, inclusive examination of the disorders that appear to be closely linked to OCD (i.e., body dysmorphic disorder, trichotillomania, Tourette's syndrome, etc.) and review the diagnostic, biological, and treatment issues surrounding their relationship. Obsessive-Compulsive Related Disorders discusses the way compulsivity and impulsivity are studied and understood in the diagnosis and treatment of these obviously

related disorders -- should they be diagnosed by categories, or in the context of dimensional models?

Subsequent chapters also examine serotonin's role in these psychiatric disorders.

Health Food Junkies - Steven Bratman, M.D. 2004-07-27

The first book to identify the eating disorder orthorexia nervosa—an obsession with eating healthfully—and offer expert advice on how to treat it. As Americans become better informed about health, more and more people have turned to diet as a way to lose weight and keep themselves in peak condition. Anorexia nervosa and bulimia nervosa—disorders in which the sufferer focuses on the quantity of food eaten—have been highly documented over the past decade. But as Dr. Steven Bratman asserts in this breakthrough book, for many people, eating “correctly” has become an equally harmful obsession, one that causes them to adopt progressively more rigid diets that not only eliminate crucial nutrients and food groups, but ultimately cost them their overall health, personal relationships, and emotional well-being. Health Food Junkies is the first book to identify this new eating disorder, orthorexia nervosa, and to offer detailed, practical advice on how to cope with and overcome it. Orthorexia nervosa occurs when the victim becomes obsessed, not with the quantity of food eaten, but the quality of the food. What starts as a devotion to healthy eating can evolve into a pattern of incredibly strict diets; victims become so focused on eating a “pure” diet (usually raw vegetables and grains) that the planning and preparation of food come to play the dominant role in their lives. Health Food Junkies provides an expert analysis of some of today’s most popular diets—from The Zone to macrobiotics, raw-foodism to food allergy elimination—and shows not only how they can lead to orthorexia, but how they are often built on faulty logic rather than sound medical advice. Offering expert insight gleaned from his work with orthorexia patients, Dr. Bratman outlines the symptoms of orthorexia, describes its progression, and shows readers how to diagnose the condition. Finally, Dr. Bratman offers practical suggestions for intervention and treatment, giving readers the tools they need to conquer this painful disorder, rediscover the joys of eating, and reclaim their lives.

[General Psychopathology](#) - Karl Jaspers 1997-11-27

In General Psychopathology, his most important contribution to the Heidelberg school, Jaspers critiques the scientific aspirations of psychotherapy, arguing that in the realm of the human, the explanation of behavior through the observation of regularity and patterns in it (Erklärende Psychologie) must be supplemented by an understanding of the meaning-relation experienced by human beings (Verstehende Psychologie).

Standard Practice in Sexual Medicine - Hartmut Porst 2008-04-15

The new international standard reference work for sexual medicine Written under the auspices of the International Society for Sexual Medicine, (www.issm.info), the leading professional society in sexual medicine and founder of the most influential journal in the field, The Journal of Sexual Medicine, published by Blackwell Publishing Comprehensive coverage of the full range of diagnostic and treatment options in all aspects of male and female sexual dysfunctions Provides information on recent progress in pharmacologic approaches, including the highly successful drug treatments for ED Useful for any part of the patient-clinician consultation, from gathering symptoms to diagnosis to treatment to reports on potential and developing treatments

[Gender Dysphoria and Disorders of Sex Development](#) - Baudewijntje P.C. Kreukels 2013-07-01

This book provides a state of the art review on the care and treatment of and current scientific knowledge on gender dysphoria (GD) and disorders of sex development (DSD). The book elucidates the history, the present situation, and the newest developments and future perspectives in both research on GD and DSD and the clinical management of individuals with GD and DSD of all ages. With contributions from a selection of leading scientists and established clinicians in the field of GD and DSD, this is a unique and comprehensive book focusing on the etiology and developmental trajectories of GD and DSD regarding gender identity development, psychiatric comorbidity, classification dilemmas, ethical dilemmas in treatment, influences of societal stigmatization, and discussion of the medical and psychological implications and outcomes of treatment, and providing treatment guidelines for individuals with GD and DSD (distinct guidelines each for children, adolescents, and adults). By presenting not only an historic overview and the current state of the art, but also challenges for the future, the book aims to demonstrate the need for further research and to stimulate the development and improvement of the clinical care of individuals with GD and DSD.

Cognitive-Behavioral Therapy for Body Dysmorphic Disorder - Sabine Wilhelm 2012-12-18

"Presenting an effective treatment approach specifically tailored to the unique challenges of body dysmorphic disorder (BDD), this book is grounded in state-of-the-art research. The authors are experts on BDD and related conditions. They describe ways to engage patients who believe they have defects or flaws in their appearance, not a psychological problem. Provided are clear-cut strategies for helping patients overcome the self-defeating thoughts, impairments in functioning, and sometimes dangerous ritualistic behaviors that are core features of BDD. Clinician-friendly features include step-by-step instructions for conducting each session and more than 50 reproducible handouts and forms; the large-size format facilitates photocopying. See also the related self-help guide by Dr. Wilhelm, *Feeling Good about the Way You Look*, an ideal recommendation for clients with BDD or less severe body image problems."--
Obsessive-compulsive Disorders - Michael A. Jenike 1990

Emozioni - Brunori Giovanni 2018-05-31

Uomini e donne di ogni cultura in tutto il mondo a qualsiasi età provano emozioni e regolano la propria vita in funzione di esse. Le nostre emozioni sono processi determinati biologicamente, e svolgono funzioni che l'evoluzione ha sapientemente selezionato. Si legano in modo complesso ai nostri pensieri, alle nostre valutazioni, e spesso non riusciamo bene a identificarle, riconoscerle e regolarle. Si possono sviluppare così persino disturbi emotivi di una certa gravità, un'intensa ansia che ci rende persistentemente preoccupati, una rabbia incontrollabile che si somatizza in qualche disturbo gastrointestinale, una profonda tristezza che rende il nostro umore deflesso e ci fa perdere i piaceri della vita, una paura che ci blocca e ci impedisce di vivere liberamente. I pazienti con disturbi emotivi comuni rappresentano circa il 20% dei pazienti che si

rivolgono ai Medici di Medicina Generale e solo il 50% di essi riceve trattamenti appropriati. In questo manuale abbiamo cercato di offrire al lettore alcuni strumenti di facile comprensione e applicazione per un percorso di auto aiuto. Gli esercizi proposti migliorano la capacità di regolare le emozioni e se svolti con costanza incrementano il benessere.

Insight and Psychosis - Xavier F. Amador 2004-07-22

The insight a patient shares into their own psychosis is fundamental to their condition - it goes to the heart of what we understand 'madness' to be. Can a person be expected to accept treatment for a condition that they deny they have? Can a person be held responsible for their actions if those actions are inspired by their own unique perceptions and beliefs - beliefs that no-one else shares? The topic of insight in schizophrenia and related disorders has become a major focus of research in psychiatry and psychology. It has important clinical implications in terms of outcome, treatment adherence, competence, and forensic issues. In order to study 'insight' a broad perspective is required. This involves applying knowledge from the cognitive and brain sciences, as well as from philosophy and the social sciences. *Insight and Psychosis* comprises a series of in-depth, well-referenced, scholarly overviews from each of these perspectives with a strong empirical foundation - including in some cases the presentation of new data and meta-analysis of the published literature. These are integrated and synthesised by the editors, both acknowledged experts in the field. The scope is truly international and spans theoretical perspectives, clinical practice, and consumer views. The book will act as a source for students and researchers interested in pursuing any number of questions and controversies around lack of insight and awareness, and will guide clinical psychologists and psychiatrists who seek a broader view of the many facets of insight that might arise during their day-to-day work.

Clinical Psychiatry for Medical Students - Alan Stoudemire 1994