

Il Respiro Del Vino Conoscere Il Profumo Del Vino Per Bere Con Maggior Piacere

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A Short History of Drunkenness - Mark Forsyth 2018-05-08
From the internationally bestselling author of The Etymologicon, a lively and fascinating exploration of how, throughout history, each

civilization has found a way to celebrate, or to control, the eternal human drive to get sloshed “An entertaining bar hop though the past 10,000 years.”—The New York Times Book Review
Almost every culture on earth has drink, and

where there's drink there's drunkenness. But in every age and in every place drunkenness is a little bit different. It can be religious, it can be sexual, it can be the duty of kings or the relief of peasants. It can be an offering to the ancestors, or a way of marking the end of a day's work. It can send you to sleep, or send you into battle. Making stops all over the world, *A Short History of Drunkenness* traces humankind's love affair with booze from our primate ancestors through to the twentieth century, answering every possible question along the way: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate with the spirit world (no pun intended), marvel at how Greeks got giddy and Sumerians got sauced, and find out how bars in the Wild West were never quite like in the movies. This is a history of the world at its inebriated best.

Ho incontrato Dio in bicicletta - Marco

Deambrogio 2014-04-30T00:00:00+02:00

Dopo aver portato aiuti umanitari in Afghanistan, aver affrontato il giro del mondo in moto e il cammino di Santiago de Compostela a piedi, Marco Deambrogio ci accompagna in una nuova avventura. Stavolta ha scelto i raggi d'acciaio della bicicletta, il punto di vista della libertà e del silenzio, dello scatto rapido che si fonde con il ritmo della natura. In un'estate caldissima, scalando alture e percorrendo sentieri impervi, Marco Deambrogio può contare solo su se stesso e sulla fedele due ruote, eredità dell'amato zio Giovanni. Il disegno immaginario di questo percorso traccia la seconda Via della Vita, l'antico itinerario che dalle Alpi arriva a Roma passando per la Via Francigena. Un viaggio per ascoltarsi e per ritrovare il senso dei propri sogni. Attraverso la scrittura di questo vibrante diario, Marco Deambrogio ci restituisce ancora una volta la freschezza di un'esperienza vissuta in prima persona, fatta di emozioni che toccano la parte più intima della nostra anima.

Il Segreto della Pergamena - Paolo Masile
2016-08-19

Nella Francia del regime di Vichy, il 29 agosto 1942, a Lione, più di cento minori ebrei vengono sottratti con uno stratagemma al campo di prigionia di Vènisieux dove, insieme ai loro genitori, sono in attesa di essere deportati ad Auschwitz. In un ambiente storico fedelmente ricostruito nei dettagli, la vicenda di uno di questi bambini si snoda come un thriller, tra sopravvivenza e nascondimenti. Mentre il popolo francese è diviso tra eroi e collaborazionisti, l'ispettore di polizia che lo inseguirà a lungo dovrà confrontarsi con l'obbligo di obbedienza alle leggi razziali ma, soprattutto, con la propria coscienza. Lo stesso percorso coinvolgerà il lettore, fino a una conclusione impensabile e indimenticabile.

La giunchiglia del monte Croce - Roberto Andreuccetti 2016-03-07

Nel superbo palcoscenico delle Alpi Apuane, prende corpo la vicenda di un amore tormentato.

Michele, pastore indurito da una vita solitaria, scandita dalle periodiche trasferte con le pecore sui crinali del Monte Croce, ha estremo bisogno di una persona verso la quale riversare affetto. L'incontro casuale con una ragazzina e la grande passione che la giovane donna è in grado di far sprigionare in lui, stravolge l'esistenza di Michele. Seguono giorni di angoscia e di tormento. In queste pagine viene descritto l'eterno dramma della solitudine, il malessere di colui che si ritrova a lottare con le poche forze a disposizione contro un mondo ed una società che tendono ad emarginarlo. "La giunchiglia del Monte Croce" come tutti i romanzi di Roberto Andreuccetti, evidenzia il disagio di un quotidiano vivere difficile, ma intende anche trasmettere al lettore un messaggio di speranza. Vino, I Love You. Ediz. Inglese - Oscar Farinetti 2014

Dialect Poetry of Northern & Central Italy - Luigi Bonaffini 2001

Trapped Particles and Fundamental Physics -
S.N. Atutov 2002-03-31

Fundamental physics with trapped particles (ions, atoms or molecules) represents one of the most challenging and promising fields of investigation, with impressive results during this last decade. The use of both particle trapping and laser cooling techniques, together with traditional techniques of atomic physics, represents a powerful tool of investigation for a wide range of fields. Experiments spanning very high resolution spectroscopy to Bose-Einstein condensation, tests of the Standard Model of electroweak interactions to precise mass measurements, detailed analysis of \sim decay to QED tests have been presented by leading scientists who reported the most recent results and discussed the perspectives in the different fields. During the ten working days of the School, 39 lecturers, 6 seminars and two poster sessions have been organized by offering to the attendants a complete picture of the present

research status about the new frontiers of atomic physics. L. Caneschi gave a general overview of the Standard Model of electroweak interactions. He pointed out the achievements and the limits of validity of the model.

La Lettura - 1915

The Years of Alienation in Italy - Alessandra Diazi 2019-06-11

The Years of Alienation in Italy offers an interdisciplinary overview of the socio-political, psychological, philosophical, and cultural meanings that the notion of alienation took on in Italy between the 1960s and the 1970s. It addresses alienation as a social condition of estrangement caused by the capitalist system, a pathological state of the mind and an ontological condition of subjectivity. Contributors to the edited volume explore the pervasive influence this multifarious concept had on literature, cinema, architecture, and photography in Italy. The collection also theoretically reassesses the

notion of alienation from a novel perspective, employing Italy as a paradigmatic case study in its pioneering role in the revolution of mental health care and factory work during these two decades.

Telephone Tales - Gianni Rodari 2020-09-08
Reminiscent of Scheherazade and One Thousand and One Nights, Gianni Rodari's Telephone Tales is many stories within a story. Every night, a traveling father must finish a bedtime story in the time that a single coin will buy. One night, it's a carousel that adults cannot comprehend, but whose operator must be some sort of magician, the next, it's a land filled with butter men who melt in the sunshine Awarded the Hans Christian Anderson Award in 1970, Gianni Rodari is widely considered to be Italy's most important children's author of the 20th century. Newly re-illustrated by Italian artist Valerio Vidali (The Forest), Telephone Tales entertains, while questioning and imagining other worlds.
A Natural History of Wine - Ian Tattersall

2015-11-28

“Wine is art. Wine is ritual. Wine is culture. Wine is romance. But in the hands of Tattersall and DeSalle . . . we learn that wine is also science.”—Neil deGrasse Tyson A Wall Street Journal Best Book for Wine Lovers An excellent bottle of wine can be the spark that inspires a brainstorming session. Such was the case for Ian Tattersall and Rob DeSalle, scientists who frequently collaborate on book and museum exhibition projects. When the conversation turned to wine one evening, it almost inevitably led the two—one a palaeoanthropologist, the other a molecular biologist—to begin exploring the many intersections between science and wine. This book presents their fascinating, freewheeling answers to the question “What can science tell us about wine?” And vice versa. Conversational and accessible to everyone, this colorfully illustrated book embraces almost every imaginable area of the sciences, from microbiology and ecology (for an understanding

of what creates this complex beverage) to physiology and neurobiology (for insight into the effects of wine on the mind and body). The authors draw on physics, chemistry, biochemistry, evolution, and climatology, and they expand the discussion to include insights from anthropology, primatology, entomology, Neolithic archaeology, and even classical history. The resulting volume is indispensable for anyone who wishes to appreciate wine to its fullest. "Chemistry. Evolutionary biology. Genetics. This book is an excellent layman's refresher on these diverse topics, and many more, and how they fit into the grand scheme of wine . . . A fact-packed and accessible read that goes a long way toward explaining why and how wine became such an important component in our enjoyment of the natural world."—Wine Spectator

La domenica del Corriere supplemento illustrato del Corriere della sera - 1917

Walking Towards The Ocean - Domenico Scialla 2021-03-07

The mystery, the adventure and the probable disappearance of St characterize the various elements of the narration. This novel, where the visionary-metaphysical element is skilfully intertwined with the everyday, has as its main theme the disappearance of a protagonist - truth or illusion? - and it emerges, at the limit of the incredible, from an on the road and mental adventure: a journey that Domenico and Gabriella, free and curious spirits, backpackers and a great desire for nature, have made along a trekking route of about 900 Km. Destination: the Way itself and then the Finisterre Ocean, passing through Santiago de Compostela. With the scorching sun, the whipping wind and the heavy rain, the two, who have decided to live their lives to the end without being stopped by anything, advance trampling on grass and stones, arid and muddy terrain, asphalted roads that cross villages and city. They live in the most

disparate situations and meet people of all kinds, maturing together, in continuous confrontation, step by step. Visions, fantasies: memories of other lives?

La recita di Bolzano - Sándor Márai

2012-07-11T00:00:00+02:00

Perché, ora che dopo la rocambolesca fuga dai Piombi potrebbe riprendere la sua esistenza libertina in giro per le corti d'Europa, dove i potenti sono pronti ad aprirgli le porte dei loro palazzi e le donne più belle ad accoglierlo nelle loro alcove, perché proprio ora Giacomo Casanova si trattiene così a lungo a Bolzano, in questa città tanto «seria e virtuosa», «ordinata e piena di buon senso», e quindi a lui «maledettamente estranea»? Perché ha un appuntamento con il destino.

Il profumo rubato - Petra Reategui 2018-10-04

Il geniale inventore del profumo detto Aqua mirabilis Giovanni Paolo Feminis e sua figlia muoiono a pochi mesi l'uno dall'altra. Paolo Luciano Dalmonte, loro amico e conterraneo,

assieme alla comunità di famiglie italiane che vivono da tempo a Colonia, non si danno pace, agitati da un tremendo sospetto. Fra loro c'è anche un giornalista della Gazette de Cologne, che una notte resterà vittima di una brutale aggressione dopo aver lanciato pubblicamente pesanti accuse contro Giovanni Maria Farina, produttore di una fragranza molto simile. Nel frattempo la fiorente ditta di spedizioni di Dalmonte è bersagliata da una serie di furti insoliti che mettono in fuga i clienti e insospettiscono Anna, giovane contabile e braccio destro dello spedizioniere: sarà lei a correre ai ripari cominciando a indagare... Si chiama Eau de Cologne, ma l'origine di questo profumo non è né francese né tedesca: a inventarlo furono infatti due italiani originari della Vlle Vigizzo, terra dura, di spazzacamini, che partirono ragazzi per la Germania e fecero fortuna producendo quella che in origine si chiamava Aqua mirabilis.

If On A Winter's Night A Traveler - Italo

Calvino 2012-12-11

These seemingly disparate characters gradually realize their connections to each other just as they realize that something is not quite right about their world. And it seems as though the answers might lie with Hawthorne Abendsen, a mysterious and reclusive author whose bestselling novel describes a world in which the US won the War... The Man in the High Castle is Dick at his best, giving readers a harrowing vision of the world that almost was. "The single most resonant and carefully imagined book of Dick's career." —New York Times

The Wines of Burgundy - Clive Coates

2008-05-12

Ten years after the publication of the highly acclaimed, award-winning Côte D'Or: A Celebration of the Great Wines of Burgundy, the "Bible of Burgundy," Clive Coates now offers this thoroughly revised and updated sequel. This long-awaited work details all the major vintages from 2006 back to 1959 and includes thousands

of recent tasting notes of the top wines. All-new chapters on Chablis and Côte Chalonnaise replace the previous volume's domaine profiles. Coates, a Master of Wine who has spent much of the last thirty years in Burgundy, considers it to be the most exciting, complex, and intractable wine region in the world, and the one most likely to yield fine wines of elegance and finesse. This book is an indispensable guide for amateur and professional alike by one of the world's leading wine experts, writing with his habitual expertise, lucidity, and unequalled firsthand knowledge.

Twilight - Stephenie Meyer 2007-07-18

Fall in love with the addictive, suspenseful love story between a teenage girl and a vampire with the book that sparked a "literary phenomenon" and redefined romance for a generation (New York Times). Isabella Swan's move to Forks, a small, perpetually rainy town in Washington, could have been the most boring move she ever made. But once she meets the mysterious and alluring Edward Cullen, Isabella's life takes a

thrilling and terrifying turn. Up until now, Edward has managed to keep his vampire identity a secret in the small community he lives in, but now nobody is safe, especially Isabella, the person Edward holds most dear. The lovers find themselves balanced precariously on the point of a knife -- between desire and danger.

Deeply romantic and extraordinarily suspenseful, *Twilight* captures the struggle between defying our instincts and satisfying our desires. This is a love story with bite. It's here! #1 bestselling author Stephenie Meyer makes a triumphant return to the world of *Twilight* with the highly anticipated companion, *Midnight Sun*: the iconic love story of Bella and Edward told from the vampire's point of view. "People do not want to just read Meyer's books; they want to climb inside them and live there." -- *Time* "A literary phenomenon." -- *The New York Times*
Teresa - Neera 1998

A young woman in 1880s Italy is forbidden to marry a dashing young man because he has no

money. Teresa Caccia is put to work by her father, looking after her younger siblings, and only when they grow up is she able to join her love.

The Maidens of the Rocks - Gabriele D'Annunzio 1898

Mari di grano e altre poesie armene - Daniel Varujan 1995

Safe Haven - Nicholas Sparks 2012-12-18

In a small North Carolina town, a mysterious and beautiful woman running from her past slowly falls for a kind-hearted store owner . . . until dark secrets begin to threaten her new life. When a mysterious young woman named Katie appears in the small North Carolina town of Southport, her sudden arrival raises questions about her past. Beautiful yet self-effacing, Katie seems determined to avoid forming personal ties until a series of events draws her into two reluctant relationships: one with Alex, a

widowed store owner with a kind heart and two young children; and another with her plainspoken single neighbor, Jo. Despite her reservations, Katie slowly begins to let down her guard, putting down roots in the close-knit community and becoming increasingly attached to Alex and his family. But even as Katie begins to fall in love, she struggles with the dark secret that still haunts and terrifies her . . . a past that set her on a fearful, shattering journey across the country, to the sheltered oasis of Southport. With Jo's empathetic and stubborn support, Katie eventually realizes that she must choose between a life of transient safety and one of riskier rewards . . . and that in the darkest hour, love is the only true safe haven.

Vini. Conoscere e riconoscere i vini, i vitigni, le uve e le cantine migliori d'Italia - Giulio Somma
2012-09-14

Oltre 150 schede dedicate a più di 250 vini: proprietà organolettiche, storia, abbinamenti gastronomici. 350 fotografie a colori e 30 cartine

delle località di produzione.

Dictionary of Biblical Theology - Xavier Léon-Dufour 2004-01-01

Decadent Genealogies - Barbara Spackman
2018-03-15

Barbara Spackman here examines the ways in which decadent writers adopted the language of physiological illness and alteration as a figure for psychic otherness. By means of an ideological and rhetorical analysis of scientific as well as literary texts, she shows how the rhetoric of sickness provided the male decadent writer with an alibi for the occupation and appropriation of the female body.

Il manuale dell'abbinamento cibo-vino - Luigi Bruni 2015-10-19T00:00:00+02:00

Il vino in cucina - L'abbinamento cibo-vino nel tempo - Abbinamento e cultura - I fattori culturali - Abbinamenti particolari - Elementi di fisiologia sensoriale - La degustazione del cibo - La degustazione del vino - Le schede di

valutazione dell'abbinamento.

Il canto del pane - Daniel Varujan 2018-04-19

L'opera del grande poeta armeno Daniel Varujan potrebbe essere chiamata il «Canto dell'uomo intero», dell'uomo in cui la semplicità terrestre e le potenzialità celesti fanno un tutto armonioso, anzi un tutto di armoniosa reciprocità. È in questa armonia - che ci può forse ricordare Dante, e il suo itinerario a Dio attraverso la creazione - che la poesia si distingue: l'occhio del poeta, infatti, non vede l'eternità distaccata, lontana, o scissa, ma scopre l'eternità come dimensione di ogni singola componente dell'universo, come sangue del misterioso palpitare della vita. Pubblicata postuma nel 1921, per la prima volta in Italia nel 1992, questa straordinaria raccolta di poesie a cura di Antonia Arslan giunge oggi alla settima edizione.

La Lettura, rivista mensile del "Corriere della sera" - 1915

The Holy Land - Alda Merini 2002

Merini, like Dante, represents the story of the Exodus of the Israelites from Egypt, in its literal and allegorical senses. The forty poems of The Holy Land recall Moses at Mount Sinai, the Israelites' forty years in the desert, and Jesus' fast in the wilderness. For Merini, it seems, the Holy Land is not the Promised Land of Canaan, but the forty years spent getting there, coming to terms with the terrifying atrocities of hell, the mystical ecstasies of paradise, and the "intense pain...of plunging back into the banality of daily living." Merini's wandering may be understood as the poet's search for the obscure laws which govern her visions, metamorphoses, and creations.

Slow Food - Carlo Petrini

2012-05-18T06:00:00+02:00

Nessun altro che non fosse Petrini poteva raccontare con altrettanta precisione di dati e documenti avvio e ascesa del fenomeno dello Slow Food, ormai internazionalmente consolidato. Questo libro in realtà è un manuale

di sopravvivenza umana. Folco Portinari, Tuttolibri «Contro la follia universale della Fast Life, bisogna scegliere la difesa del tranquillo piacere materiale. Contro coloro, e sono i più, che confondono l'efficienza con la frenesia, proponiamo il vaccino di un'adeguata porzione di piaceri sensuali assicurati, da praticarsi in lento e prolungato godimento. Iniziamo proprio a tavola con lo Slow Food, contro l'appiattimento del Fast Food riscopriamo la ricchezza e gli aromi delle cucine locali. Se la Fast Life in nome della produttività ha modificato la nostra vita e minaccia l'ambiente e il paesaggio, lo Slow Food è oggi la risposta d'avanguardia.» Dal Documento di fondazione del Movimento Slow Food.

Il respiro del vino. Conoscere il profumo del vino per bere con maggior piacere - Luigi Moio 2018

The Best of Me (Movie Tie-In Enhanced Ebook) - Nicholas Sparks 2015-01-20
WITH FEATURETTES FROM NICHOLAS

SPARKS AND THE MOVIE CAST, DELETED SCENES, MUSIC VIDEO, AND MORE! IN THEATERS OCTOBER 17, 2014! Starring Michelle Monaghan, James Marsden, Luke Bracey, and Liana Liberator "Everyone wanted to believe that endless love was possible. She'd believed in it once, too, back when she was eighteen." In the spring of 1984, high school students Amanda Collier and Dawson Cole fell deeply, irrevocably in love. Though they were from opposite sides of the tracks, their love for one another seemed to defy the realities of life in the small town of Oriental, North Carolina. But as the summer of their senior year came to a close, unforeseen events would tear the young couple apart, setting them on radically divergent paths. Now, twenty-five years later, Amanda and Dawson are summoned back to Oriental for the funeral of Tuck Hostetler, the mentor who once gave shelter to their high school romance. Neither has lived the life they imagined . . . and neither can forget the passionate first love that

forever changed their lives. As Amanda and Dawson carry out the instructions Tuck left behind for them, they realize that everything they thought they knew -- about Tuck, about themselves, and about the dreams they held dear -- was not as it seemed. Forced to confront painful memories, the two former lovers will discover undeniable truths about the choices they have made. And in the course of a single, searing weekend, they will ask of the living, and the dead: Can love truly rewrite the past?

Benedici questa croce di spighe - AA.VV.
2018-03-20

Daniel Varujan - Siamantò - Rupen SevagPadre
Garabed der Sahaghian - Ardashes
HarutiunianKrikor Zohrab - Rupen Zartarian I
Dikran CiögürianTlgadintzi - Hrant - Yerukhan -
Kegham Parseghian «Come una folgore improvvisa che taglia in due un paesaggio, come un terremoto inaspettato che apre voragini e scuote ogni cosa costruita dall'uomo, così siamo abituati a immaginare l'inizio del genocidio degli

armeni, quella notte del 24 aprile 1915, quando furono arrestati uno dopo l'altro nella capitale Costantinopoli i principali esponenti della comunità armena nell'impero ottomano. Le ombre degli scrittori assassinati sono riemerse un poco alla volta: sono diventati personaggi reali, protagonisti del racconto infinito di quella tragedia incombente che venne realizzata giorno dopo giorno, con l'astuzia di tenere i prigionieri all'oscuro del loro destino. In questo libro per la prima volta in Italia sono raccolte le loro voci, assai differenti fra loro, come è giusto che sia: diverse sono le date e i luoghi di nascita, la provenienza familiare, i loro studi, vocazioni e carriere: poeti e scrittori di romanzi e novelle, giornalisti, medici, farmacisti, uomini di chiesa, uomini politici. C'è di tutto, ma unico è l'amore per una patria divisa, drammaticamente minacciata, con forti differenze sociali al suo interno, eppure unita da un maestoso, articolatissimo linguaggio dalle antiche radici indoeuropee, da un alfabeto unico e originale e

da una superba tradizione culturale, che si sviluppa con grande ricchezza a partire dal quarto secolo d.C.»Dall'Invito alla lettura di Antonia Arslan

Il respiro del vino - Luigi Moio 2016-11-08

The Book of Disquiet - Fernando Pessoa

2010-12-09

Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear? Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, *The Book of Disquiet* is a classic of existentialist literature.

Message In A Bottle - Nicholas Sparks

2011-04-07

In a moment of desolation on a windswept beach, Garrett bottles his words of undying love for a lost woman, and throws them to the sea. My dearest Catherine, I miss you my darling, as I always do, but today is particularly hard because the ocean has been singing to me, and the song is that of our life together . . . But the bottle is picked up by Theresa, a mother with a shattered past, who feels unaccountably drawn to this lonely man. Who are this couple? What is their story? Beginning a search that will take her to a sunlit coastal town and an unexpected confrontation, it is a tale that resonates with everlasting love and the enduring promise of redemption.

William Shakespeare's Romeo and Juliet - Bruce Coville 2000-04

This beautifully illustrated retelling brings to life all the romance and tragedy of Shakespeare's original play.

The Curious Incident of the Dog in the Night-

Time - Mark Haddon 2009-02-24

A bestselling modern classic—both poignant and funny—narrated by a fifteen year old autistic savant obsessed with Sherlock Holmes, this dazzling novel weaves together an old-fashioned mystery, a contemporary coming-of-age story, and a fascinating excursion into a mind incapable of processing emotions. Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. Although gifted with a superbly logical brain, Christopher is autistic. Everyday interactions and admonishments have little meaning for him. At fifteen, Christopher's carefully constructed world falls apart when he finds his neighbour's dog Wellington impaled on a garden fork, and he is initially blamed for the killing. Christopher decides that he will track down the real killer, and turns to his favourite fictional character, the impeccably logical Sherlock Holmes, for inspiration. But the investigation leads him down some unexpected

paths and ultimately brings him face to face with the dissolution of his parents' marriage. As Christopher tries to deal with the crisis within his own family, the narrative draws readers into the workings of Christopher's mind. And herein lies the key to the brilliance of Mark Haddon's choice of narrator: The most wrenching of emotional moments are chronicled by a boy who cannot fathom emotions. The effect is dazzling, making for one of the freshest debut in years: a comedy, a tearjerker, a mystery story, a novel of exceptional literary merit that is great fun to read.

Port and the Douro - Benjamin Lewin MW
2016-07-18

This guide discusses the wines of the Douro, including both Ports and table wines. The first part describes the region and the types of wines it produces, how they reflect the area and the grape varieties that are grown, what is traditional and what is modern, and how styles are evolving. Recent vintages are described, and

summarized in vintage charts. The second part has detailed profiles of the leading producers, including both the traditional shippers in Porto and the new independent producers at quintas in the Douro. Each profile describes the producer's aims for his wines, and the personality and philosophy behind them. References wines are suggested for each producer. Maps show the locations of the shippers in Vila Nova de Gaia and the Quintas in the Douro to help plan itineraries. Photographs in this print version are in black and white. This Guide is the indispensable means for understanding Port and the table wines of the Douro, and identifying the top producers.

Ars culinaria - Antonietta Dosi

2015-07-20T00:00:00+02:00

Un viaggio a ritroso nel tempo, tra le mense e le dispense dei nostri antenati, alla ricerca delle origini remote della tradizione culinaria italiana. Un itinerario culturale non meno che gastronomico, per portare alle luce, nelle cucine

regionali, i gusti e i sapori che ci provengono dal mondo italico e greco-romano. Si scopre così, tra queste pagine, che è soprattutto nei piatti della cucina povera e quella dei contadini, degli artigiani, dei bottegai che si rintracciano le radici di una tradizione che si perde nel tempo, e che grazie a massaie inconsapevoli è giunta fino alle nostre tavole, sia pure con le inevitabili varianti dovute al trascorrere dei secoli. Un percorso di lettura e di sapori che passa in rassegna i frutti della terra coltivati dagli antichi e i loro alimenti animali, l'uso del vino, del miele e dei condimenti grassi; come pure i sistemi di cottura, le forme di preparazione e di conservazione dei cibi, gli utensili, le portate. Attingendo alle pagine più vive di Catone, Apicio, Ateneo, Plinio, Columella e ad altri classici, le autrici ci illustrano l'antica arte culinaria e le usanze di un tempo, i leggendari convivii, le rituali libagioni. E attraverso una messe di informazioni, curiosità e aneddoti ci aiutano a guardare nei nostri piatti, per

riconoscere le antiche persistenze,
accompagnandoci al tempo stesso nella

sperimentazione di ricette millenarie, lungo il
filo delle tradizioni gastronomiche regionali.