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The Perception of Music - Robert Frances 2014-03-05

This translation of this classic text contains a balance of cultural and biological considerations. While arguing for the strong influence of exposure and of formal training on the way that music is perceived, Frances draws on the literature concerning the amusias to illustrate his points about the types of cognitive abstraction that are performed by the listener.

Holographic Gua Sha - Witham Clive 2020-01-06

Transform how you use Gua sha with the knowledge of microsystems and holographic imaging. Written for practitioners of any health and wellness discipline, it includes tried and tested approaches to using Gua sha on patients, clients, family members and even yourself.

Molecules of Emotion - Candace B. Pert 1997

Explains the science behind the brain's opiate receptors and other evidence of the intimate connections between mind and body, and their meaning for the future of Western medicine

The Mind-Brain Relationship - Regina Pally 2020-11-24

The recent explosion of knowledge in neuroscience has enormous implications for the practice of psychoanalysis, and *The Mind-Brain Relationship* offers an indispensable introduction to the seemingly unfamiliar, intimidating, and yet exciting and essential field of neuropsychology.

Prana, Pranayama, Prana Vidya - Swami Niranjanananda Saraswati 1994

Chiefly on Prāanayāama Yoga, the art of breath control.

Gua sha - E-Book - Arya Nielsen 2014-09-05

'Sometimes called coining, spooning or scraping, Gua sha is defined as instrument-assisted unidirectional press-stroking of a lubricated area of the body surface that intentionally creates 'transitory therapeutic petechiae' representing extravasation of blood in the subcutis.' Gua sha has been used for centuries in Asia, in Asian immigrant communities and by acupuncturists and practitioners of traditional East Asian medicine worldwide. With the expansion of traditional East Asian medicine, Gua sha has been used over broad geographic areas and by millions of people. It is valuable in the treatment of pain and for functional problems with impaired movement, the prevention and treatment of acute infectious illness, upper respiratory and digestive problems, and many acute or chronic disorders. Research has demonstrated Gua sha radically increases surface microperfusion that stimulates immune and anti-inflammatory responses that persist for days after treatment. The second edition expands on the history of Gua sha and similar techniques used in early Western Medicine, detailing traditional theory, purpose and application and illuminated by science that focuses its relevance to modern clinical practice as well as scholarly inquiry. This book brings the technique alive for practitioners, with clear discussion of how to do it - including correct technique, appropriate application, individualization of treatment - and when to use it, with over 50 case examples, and superb color photographs and line drawings that demonstrate the technique. NEW TO THIS EDITION • New chapter on immediate and significant Tongue changes as a direct result of Gua sha • Research and biomechanisms • Literature review from Chinese language as well as English language medical journal database • New case studies • Over 30 color photographs

Obsolete Objects in the Literary Imagination - Francesco Orlando 2008-10-01

Translated here into English for the first time is a monumental work of literary history and criticism comparable in scope and achievement to Eric Auerbach's *Mimesis*. Italian critic Francesco Orlando

explores Western literature's obsession with outmoded and nonfunctional objects (ruins, obsolete machinery, broken things, trash, etc.). Combining the insights of psychoanalysis and literary-political history, Orlando traces this obsession to a turning point in history, at the end of eighteenth-century industrialization, when the functional becomes the dominant value of Western culture. Roaming through every genre and much of the history of Western literature, the author identifies distinct categories into which obsolete images can be classified and provides myriad examples. The function of literature, he concludes, is to remind us of what we have lost and what we are losing as we rush toward the future.

Health Through Balance - Yeshe Donden 2003-10-15

The fascinating Tibetan medical system has never been so clearly explained as in this collection of outstanding lectures presented at the University of Virginia in 1980. Tibetan medicine restores and maintains balance among the three humors of the body through a variety of treatments_diet and behaviour modification as well as the use of medicine and accessory therapy. The basic system has been enhanced by the practical findings of Tibetan physicians who have used the system for more than a thousand years. Dr. Donden holistically considers factors of personality, season, age, climatic condition, diet, behaviour, and physical surroundings in addressing the means for restoring health. The great strength of tibetan medicine is that it is delicately responsive to patients, complete symptom pattern--no complaint being disregarded--and its wide variety of curative techniques are described in this book.

Infinite Mind - Valerie V. Hunt 1996

Acupuncture - Gabriel Stux 2012-12-06

Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system is presented: the Chinese system of channels and functional organs, the significance of points and point categories, methods of needling and moxibustion. There is a chapter on treatment based on western diagnosis.

Scientific Bases of Acupuncture - Bruce Pomeranz 1988-12-01

Scientific Bases of Acupuncture summarizes the major scientific advances from 1976 - 1988 on the mechanisms of acupuncture. Outstanding researchers from Western countries, Japan and China report their findings in the format of review articles. The individual reviews summarize each author's personal research while also referring to the overall literature in the field of acupuncture and TENS.

Where do we come from - Ernst Muldashev 2012-08-08

The sensational findings of a himalayan expedition.Unlocking the Secrets of the Himalayas.

Rogue Economics - Loretta Napoleoni 2011-01-04

What do Eastern Europe's booming sex trade, America's subprime mortgage lending scandal, China's fake goods industry, and celebrity philanthropy in Africa have in common? With biopirates trolling the blood industry, fish-farming bandits ravaging the high seas, pornography developing virtually in Second Life, and games like World of Warcraft spawning online sweatshops, how are rogue industries transmuting into global empires? And will the entire system be transformed by the advent of sharia economics? With the precision of an economist and the narrative deftness of a storyteller, syndicated journalist Loretta Napoleoni examines how the world is being reshaped by dark economic forces, creating victims out of millions of ordinary people whose lives have become trapped inside a fantasy world of consumerism.

Napoleoni reveals the architecture of our world, and in doing so provides fresh insight into many of the most insoluble problems of our era.

Resilience and Development - Meyer D. Glantz 2006-04-11

Leading experts review the research on resilience and represent the diverse perspectives and opinions found among both scientists and practitioners in the field. Although the chapters are written to the standards expected by researchers, they are equally useful for program developers and others in applied fields seeking science-based information on the topic. This book is a unique resource in keeping with the growing interest in resilience both in research and interventions.

Shamanism As a Spiritual Practice for Daily Life - Tom Cowan 2014-06-11

This inspirational book blends elements of shamanism with inherited traditions and contemporary religious commitments. Drawing on shamanic practices from the world over, SHAMANISM AS A SPIRITUAL PRACTICE FOR DAILY LIFE addresses the needs of contemporary people who yearn to deepen their own innate mystical sensibilities. This inspirational book shows how to develop a personal spiritual practice by blending elements of shamanism with inherited traditions and current religious commitments. Contents include: The central role of power animals and spirit teachers. Visionary techniques for exploring the extraordinary in everyday life. Elements of childhood spirituality including songs, secret hiding places, power spots, and imaginary power figures. A journey to an ancestral shaman to recover lost knowledge.

The Testimony of the Clinic - Eugene Beauharnais Nash 1911

Cancer and the Search for Lost Meaning - Pier Mario Biava 2009

"Presents theories for curing cancer and bringing deeper meaning to peoples lives"--Provided by publisher.

Beyond the Mind - Pier Luigi Lattuada 2012

Myth, Faith, and Hermeneutics - Raimon Panikkar 1979

Acupuncture for Insomnia - Hamid Montakab 2012-04-04

Insomnia and related sleep disorders concern 30-40% of the adult population and even up to 25% of children, affecting alertness and memory, causing emotional and physical fatigue, and putting the individual at increased risk for depression, cardiovascular disease, hypertension and other health hazards. Acupuncture for Insomnia: Sleep and Dreams in Chinese Medicine presents a highly effective treatment for chronic and acute sleeplessness using therapeutic strategies from both, TCM as well as Classical Chinese Medicine. Special Features Provides full background on the physiology, causes, and treatment of sleep disorders, drawing key parallels between concepts of Western and Chinese Medicine Classifies all acupuncture points that affect sleep to help in choosing the most appropriate treatment for your patient Offers a detailed analysis of sleep in Chinese Medicine to give you a full understanding of the energetics of sleep and wakefulness Analyzes the significance of dreams in Chinese Medicine and how dreams can be skillfully integrated into a patients therapy Written from the unique perspective of a physician who is also trained in TCM and classical acupuncture, the book presents numerous case examples, and an up-to-date review of scientific studies on Chinese medicine and sleep. It is an essential reference for all acupuncture practitioners who provide optimal treatment to patients with insomnia, sleep disorders, and other sleep pathologies.

Winter Blues - Norman E. Rosenthal 2012-01-01

Presents information on seasonal affective disorder, describing it causes, symptoms, and such treatment options as light therapy, medication, psychotherapy, exercise, and meditation.

Ashtanga Yoga - John Scott 2018-02-08

John Scott's Ashtanga Yoga is a step-by-step illustrated guide that takes you through the balanced exercise routines and breathing techniques of this dynamic form. Carefully structured, this course starts with a simple sequence for beginners which, once mastered, provides the foundation for moving on to the next level. - Purify your body with dynamic movement and precise postures - Develop physical and mental strength, increased stamina and greater flexibility - Includes a foreword by Shri K Pattabhi Jois, founder of Ashtanga Yoga - This new edition has been fully revised and updated This essential guide is the perfect

introduction to yoga or the ideal gift for those who want to take their yoga practice to the next level. Author John Scott studied with yogi Shri K Pattabhi Jois at the Ashtanga Yoga Research Institute in India, where he qualified to teach Ashtanga Yoga around the world. He has instructed many people in Ashtanga Yoga, including high-profile celebrities Madonna and Sting. John now spends much of his time teaching international workshops and undertaking teacher trainings.

The Revolution from Within - Jiddu Krishnamurti 2013-10-30

"There must be a revolution in our thinking," declares the author, J. Krishnamurti (1895-1986), who remains one of the greatest philosophers and teachers of modern times. In this series of lectures, given in the U.S. and various cities throughout the world in the 1950s, he again confronts the habitual, projection-making mind, which fails to see what is while it absorbs itself in belief and illusion. Topics covered in these essays include: the process of change at all levels; the development of discipline; quieting the mind; self-awareness; and freedom from slavery to mind. While we humans are constantly making superficial modifications of our circumstances, such gestures never lead to a radical transformation characterized by clarity, lack of prejudice, spontaneity, genuine peace and happiness. People would rather line up behind some leader, or a particular religious teaching, following the dictates of some outside authority, than to think for themselves, Krishnamurti explains. Sadly, "most of our existence is spent in that way—trying to live up to something, trying to bring about a change in our attitude, to change according to the pattern which we have projected as an ideal, as a belief." Only by rigorous self-observation and self-questioning is there any hope that humankind will overcome its blindness and self-obsession enough to bring about an end of violence, war and other misery on this beleaguered planet.

Natural Healing Through Ayurveda - Subhash Ranade 2001-12

FOR SALE IN SOUTH ASIA ONLY

Gaining Health - 2006

Introduction -- Challenges -- potential for health gain -- Guiding principles -- Strategic approach -- Framework for action -- Taking action -- The way forward - taking the next steps -- References -- Annex 1, Annex 2.

Approaches to semiotics - Thomas Albert Sebeok 2015-05-19

Unravelling the Mystery of Salutogenesis - Monica Eriksson 2007

Sammanfattning (s. 7-8).

Benchmarks for Training in Naturopathy - 2010

Clinical Adult Neurology - Jody Corey-Bloom, MD, PhD 2008-12-19

Extensively illustrated and liberally laced with clinically helpful tools, Clinical Adult Neurology is an affordable reference for all clinicians and residents. With emphasis on diagnostic tools and strategies as well as management pearls and perils, Clinical Adult Neurology will meet the needs of all health care practitioners caring for patients with neurologic disorders. The book is organized into three sections, with Section 1 covering all aspects of neurologic evaluation, Section 2 describing common clinical problems in neurology, and Section 3 discussing all aspects of neurologic diseases. All sections and chapters emphasize the clinical approach to the patient with consistently useful pedagogical tools, including Features tables for diagnostic help with all neurologic diseases, Pearls and Perils boxes that represent pithy distillations of clinical wisdom from leading experts, Key Clinical Questions boxes that help clinicians frame patient diagnosis and management; and annotated bibliographies that highlight the most important references for further study. The book's organization, format, and features all stress the efficient and well-rationed use of medical care for patients with neurologic disease. Succinct content presentations make all information easy to locate and digest. The format will also be a helpful tool for those preparing for examinations. Highlights include: An emphasis on diagnosis, management, and all pertinent clinical issues Heavily illustrated Contributions by the foremost experts on all aspects of neurologic diseases Extensive use of clinically helpful tables, charts, and boxes with practical advice on all aspects of diagnosis and management

The Practitioner's Handbook - Stephen Palmer 2008-02-18

I would recommend The Practitioner's Handbook as a useful resource for therapists concerned with their

professional development and the development of others' - Therapy Today, February 2009 The Practitioner's Handbook is an essential guide to professional development in counselling, psychotherapy and counselling psychology. In a friendly and informal style, the Handbook addresses the key concerns and questions most frequently raised by newly qualified practitioners, including: how to avoid complaints and litigation how to write client reports how to interpret medical and psychiatric assessments. The Handbook also outlines different avenues for career development (such as research, supervision, training or management), providing the reader with practical hints and guidance on how to take the next career step and organize continuing professional development. The Practitioner's Handbook is the ideal companion for newly qualified practitioners and those nearing the end of their professional training. Leading contributors share their knowledge and experience on key topics, making the Handbook an indispensable guide for continuing professional development. Professor Stephen Palmer is an Honorary Professor of Psychology at City University in the Department of Psychology and he is Director of the new Coaching Psychology Unit. He is also founder of the Centre for Stress Management. Professor Robert Bor is Consultant Clinical Psychologist at the Royal Free Hospital, London.

Nosographie Philosophique - Philippe Pinel 2014-02

This is a reproduction of a book published before 1923. This book may have occasional imperfections such as missing or blurred pages, poor pictures, errant marks, etc. that were either part of the original artifact, or were introduced by the scanning process. We believe this work is culturally important, and despite the imperfections, have elected to bring it back into print as part of our continuing commitment to the preservation of printed works worldwide. We appreciate your understanding of the imperfections in the preservation process, and hope you enjoy this valuable book.

Gestalt Coaching. From Performance to Talent - Gabriele Baroni 2021

Yoga and Education - Norman C. Dowsett 1977

Contributed articles.

Gemmotherapy, and the Scientific Foundations of a Modern Meristemotherapy - Marcello Nicoletti 2020-08-27

This book reports on the current state of meristemotherapy (also called gemmotherapy or budtherapy) and

its possible future directions. Meristemotherapy focuses on the growth of plants, and is based on analytical studies, pre-clinic research, clinical trials and activity tests. The book investigates the determination of preparation methods, collateral effects, posology, and administration methods.

Obsessions and Phobias - Sigmund Freud 2014-11-11

This early work by Sigmund Freud was originally published in 1895 and we are now republishing it with a brand new introductory biography. 'Obsessions and Phobias' is a psychological essay on the distinction between obsessions and phobias and potential reasons for their occurrence. Sigmund Schlomo Freud was born on 6th May 1856, in the Moravian town of Příbor, now part of the Czech Republic. He studied a variety of subjects, including philosophy, physiology, and zoology, graduating with an MD in 1881. Freud made a huge and lasting contribution to the field of psychology with many of his methods still being used in modern psychoanalysis. He inspired much discussion on the wealth of theories he produced and the reactions to his works began a century of great psychological investigation.

Oncology Acupuncture - Carlo Moiraghi 2019

Tradition, Veda and Law - Federico Squarcini 2011

The essays presented in this volume constitute a progression from general considerations related to the 'ethic' (in the geertzian sense of the word) approach to South Asian cultural productions, to peculiar and detailed investigations of them. Such a sequence is meant to develop a renovated and systemic approach, through which these specific cultural materials should be interpreted: materials not to be read in isolation, nor with an overemphasised concern for cultural relativity. Rather, they should be viewed as meaningful examples of sophisticated intellectual and cultural procedures to be included into a broader comparative discussion, also in order to increase the quality and the depth of such debate.

Ethnography of Fertility and Birth - Carol P. MacCormack 1994

This text combines anthropological & medical insights into the process of human reproduction.

The Birth of the Clinic - Michel Foucault 2002-11-01

Foucault's classic study of the history of medicine.

Meet Benjamin Franklin - Patricia A. Pingry 2001

An introduction to the life of Benjamin Franklin that details his childhood, inventions, and efforts to bring freedom to our country, and highlights his life-long love of reading.