

The Big Shift Navigating The New Stage Beyond Midlife

Eventually, you will utterly discover a supplementary experience and endowment by spending more cash. yet when? get you agree to that you require to get those every needs past having significantly cash? Why dont you try to acquire something basic in the beginning? Thats something that will guide you to understand even more as regards the globe, experience, some places, gone history, amusement, and a lot more?

It is your unquestionably own time to doing reviewing habit. in the midst of guides you could enjoy now is **The Big Shift Navigating The New Stage Beyond Midlife** below.

The Big Shift in IT Leadership - Hunter Muller 2015-06-08

Learn the unique leadership strategies of the effective, essential CIO Beyond the Cloud provides a blueprint for leadership in an era of high volatility, rapid transformation, and amazing growth. An effective CIO is essential to the successful navigation of turbulent and uncertain times, and this insightful guide gives you the actionable framework you need to execute the leadership strategies that work. Focused on the major factors that are critical to modern global enterprise, this book delves into communication, collaboration, relationships, technology, innovation, talent management, and more to provide well-rounded guidance toward principled leadership. Simple, straightforward language explains the basics of each area, and is expanded upon by real-world stories and revealing anecdotes gathered from the author's exclusive interviews with visionary thought leaders from major organizations worldwide. You get perspective from the top on established and emerging leadership strategies, helping you put these ideas to work right away. CIOs are perfectly positioned to provide the leadership required to stay ahead of the competition in complex, rapidly shifting markets. They break down walls, align resources, and facilitate collaboration to drive business value and spur growth amidst an atmosphere of hyper-competition. This guide is your practical handbook for becoming the leader that you need to be. Establish trust and cooperation across the enterprise Recruit and retain the top talent in your field Leverage new technology for continuous business growth Inspire loyalty and optimal performance from everyone on the team The CIO has never been more crucial to the enterprise than right now. With clear guidance toward the unique leadership skills the role requires, Beyond the Cloud is the foundational executive guide for transformational leaders in the new business era.

The Kindness of Strangers - Marc Freedman 1999-01-13

Interviews with over three hundred volunteers offer an overview of the mentoring movement, assess its shortcomings and accomplishments, and explain how adults can effectively help individual urban youth

The Age of Surveillance Capitalism - Shoshana Zuboff 2019-01-15

The challenges to humanity posed by the digital future, the first detailed examination of the unprecedented form of power called "surveillance capitalism," and the quest by powerful corporations to predict and control our behavior. In this masterwork of original thinking and research, Shoshana Zuboff provides startling insights into the phenomenon that she has named surveillance capitalism. The stakes could not be higher: a global architecture of behavior modification threatens human nature in the twenty-first century just as industrial capitalism disfigured the natural world in the twentieth. Zuboff vividly brings to life the consequences as surveillance capitalism advances from Silicon Valley into every economic sector. Vast wealth and power are accumulated in ominous new "behavioral futures markets," where predictions about our behavior are bought and sold, and the production of goods and services is subordinated to a new "means of behavioral modification." The threat has shifted from a totalitarian Big Brother state to a ubiquitous digital architecture: a "Big Other" operating in the interests of surveillance capital. Here is the crucible of an unprecedented form of power marked by extreme concentrations of knowledge and free from democratic oversight. Zuboff's comprehensive and moving analysis lays bare the threats to twenty-first century society: a controlled "hive" of total connection that seduces with promises of total certainty for maximum profit -- at the expense of democracy, freedom, and our human future. With little resistance from law or society, surveillance capitalism is on the verge of dominating the social order and shaping the digital future -- if we let it.

Talent, Transformation, and the Triple Bottom Line - Andrew Savitz 2013-03-11

HR Professional's guide to creating a strategically sustainable organization Employees are central to creating sustainable organizations, yet they are left on the sidelines in most sustainability

initiatives along with the HR professionals who should be helping to engage and energize them. This book shows business leaders and HR professionals how to: motivate employees to create economic, environmental and social value; facilitate necessary culture, strategic and organizational change; embed sustainability into the employee lifecycle; and strengthen existing capabilities and develop new ones necessary to support the transformation to sustainability. Talent, Transformation, and the Triple Bottom Line also demonstrates how leading companies are using sustainability to strengthen core HR functions: to win the war for talent, to motivate and empower employees, to increase productivity, and to live traditional HR-related efforts such as diversity, health and wellness, community involvement and volunteerism. In combination, these powerful benefits can help drive business growth, performance, and results. The book offers strategies, policies, tools and specific action steps that business leaders and HR professionals can use to get into the sustainability game or enhance their efforts dramatically Andrew Savitz is an expert in sustainability and has worked extensively with many organizations on sustainability strategy and implementation; he and Karl Weber wrote The Triple Bottom Line, one of the most successful books in the field Published in partnership with SHRM and with the cooperation of the World Business Council for Sustainable Development Forward by Edward Lawler III This book fills a gaping hole in both the HR and sustainability literature by educating HR professionals about sustainability, sustainability professionals about HR, and business leaders about how to marry the two to accelerate progress on both fronts.

The Big Shift - Marc Freedman 2012-04-10

Marc Freedman, hailed by the New York Times as "the voice of aging baby boomers [seeking] meaningful and sustaining work later in life," offers a recipe for how we can transform America's coming midlife crisis into a midlife opportunity. Millions of people in their fifties, sixties, and seventies are searching for answers to the question "What's next?" and are navigating their way to an entirely new stage of life and work, one that could last as long as midlife. Shifting to a much longer lifespan isn't as easy as it may seem. Unlike the transition from adolescence to adulthood, managing this process for many is a do-it-yourself project. Drawing on powerful personal stories, The Big Shift provides not only direction but a vision of what it would take to help millions find their footing in a new map of life.

This Chair Rocks - Ashton Applewhite 2019-03-05

"Wow. This book totally rocks. It arrived on a day when I was in deep confusion and sadness about my age. Everything about it, from my invisibility to my neck. Within four or five wise, passionate pages, I had found insight, illumination, and inspiration. I never use the word empower, but this book has empowered me." —Anne Lamott, New York Times bestselling author Author, activist, and TED speaker Ashton Applewhite has written a rousing manifesto calling for an end to discrimination and prejudice on the basis of age. In our youth obsessed culture, we're bombarded by media images and messages about the despairs and declines of our later years. Beauty and pharmaceutical companies work overtime to convince people to purchase products that will retain their youthful appearance and vitality. Wrinkles are embarrassing. Gray hair should be colored and bald heads covered with implants. Older minds and bodies are too frail to keep up with the pace of the modern working world and olders should just step aside for the new generation. Ashton Applewhite once held these beliefs too until she realized where this prejudice comes from and the damage it does. Lively, funny, and deeply researched, This Chair Rocks traces her journey from apprehensive boomer to pro-aging radical, and in the process debunks myth after myth about late life. Explaining the roots of ageism in history and how it divides and debases, Applewhite examines how ageist stereotypes cripple the way our brains and bodies function, looks at ageism in the workplace and the bedroom, exposes the cost of the all-

American myth of independence, critiques the portrayal of elders as burdens to society, describes what an all-age-friendly world would look like, and offers a rousing call to action. It's time to create a world of age equality by making discrimination on the basis of age as unacceptable as any other kind of bias. Whether you're older or hoping to get there, this book will shake you by the shoulders, cheer you up, make you mad, and change the way you see the rest of your life. Age pride!

Designing Interfaces - Jenifer Tidwell 2005-11-21

Provides information on designing easy-to-use interfaces.

Transitioning from the Top - Stephanie Brun de Pontet 2017-11-28

How can you move most effectively from the pinnacle of business and leadership success into "post-work" life that energizes you, and leverages your experience and your interests? This book draws on the experience of several past CEOs to address the important topic of 'personal continuity' for family business leaders transitioning from the day-to-day leadership of their enterprise. Making this transition remains challenging for most leaders. Lack of clarity or options for meaningful post-CEO roles is a major factor in succession struggles, resulting in wide-reaching consequences for all stakeholders in the enterprise. Here, family business consultant Brun de Pontet takes an in-depth look at the dynamics and challenges for leaders in transition and the systems around them, to deliver insights on sources of difficulty and tips and tools for effective planning. The book draws extensively on the experiences of more than a dozen former family business leader interviewees. These highly driven and accomplished business leaders share stories and lessons from their own personal continuity journey as they transitioned from the top of their companies. Combining these real examples with knowledge from years of consulting and research, Brun de Pontet helps leaders broaden their sense of self as they look forward to a rich, purpose-filled next chapter in life.

Big Bang Disruption - Larry Downes 2014-01-07

It used to take years or even decades for disruptive innovations to dethrone dominant products and services. But now any business can be devastated virtually overnight by something better and cheaper. How can executives protect themselves and harness the power of Big Bang Disruption? Just a few years ago, drivers happily spent more than \$200 for a GPS unit. But as smartphones exploded in popularity, free navigation apps exceeded the performance of stand-alone devices. Eighteen months after the debut of the navigation apps, leading GPS manufacturers had lost 85 percent of their market value. Consumer electronics and computer makers have long struggled in a world of exponential technology improvements and short product life spans. But until recently, hotels, taxi services, doctors, and energy companies had little to fear from the information revolution. Those days are gone forever. Software-based products are replacing physical goods. And every service provider must compete with cloud-based tools that offer customers a better way to interact. Today, start-ups with minimal experience and no capital can unravel your strategy before you even begin to grasp what's happening. Never mind the "innovator's dilemma"—this is the innovator's disaster. And it's happening in nearly every industry. Worse, Big Bang Disruptors may not even see you as competition. They don't share your approach to customer service, and they're not sizing up your product line to offer better prices. You may simply be collateral damage in their efforts to win completely different markets. The good news is that any business can master the strategy of the start-ups. Larry Downes and Paul Nunes analyze the origins, economics, and anatomy of Big Bang Disruption. They identify four key stages of the new innovation life cycle, helping you spot potential disruptors in time. And they offer twelve rules for defending your markets, launching disruptors of your own, and getting out while there's still time. Based on extensive research by the Accenture Institute for High Performance and in-depth interviews with entrepreneurs, investors, and executives from more than thirty industries, Big Bang Disruption will arm you with strategies and insights to thrive in this brave new world.

The Big Shift - Marc Freedman 2011

With personal stories, visionary thinking, and practical advice, Shift offers a new perspective to all the people entering their 40s, 50s, and 60s asking the question: What's next?

The Big Shift - Jake Beniflah 2020-10-15

Future growth will require that all corporations undergo... The Big Shift. This book proposes the unpopular: right size the traditional cultural silo and place multicultural consumers front and center of mainstream marketing to drive growth. The convergence of a changing demography, new technologies and a fragmented media ecosystem has transformed marketing as we know it, yet marketing to Latinos continues to lag

significantly, bound by an outdated paradigm and a total market strategy that has failed to address an increasingly diverse marketplace. This book takes a critical look at the past, present and future of marketing to Latinos and advances a strategic framework of how marketers can take their business to new heights in the 21st century.

How to Live Forever - Marc Freedman 2018-11-20

Using this helpful book, learn how the secret to happiness and longevity can be found through mentoring the next generation. In How to Live Forever, Encore.org founder and CEO Marc Freedman tells the story of his thirty-year quest to answer some of contemporary life's most urgent questions: With so many living so much longer, what is the meaning of the increasing years beyond 50? How can a society with more older people than younger ones thrive? How do we find happiness when we know life is long and time is short? In a poignant book that defies categorization, Freedman finds insights by exploring purpose and generativity, digging into the drive for longevity and the perils of age segregation, and talking to social innovators across the globe bringing the generations together for mutual benefit. He finds wisdom in stories from young and old, featuring ordinary people and icons like jazz great Clark Terry and basketball legend Kareem Abdul-Jabbar. But the answers also come from stories of Freedman's own mentors—a sawmill worker turned surrogate grandparent, a university administrator who served as Einstein's driver, a cabinet secretary who won the Presidential Medal of Freedom, and the gym teacher who was Freedman's father. How to Live Forever is a deeply personal call to find fulfillment and happiness in our longer lives by connecting with the next generation and forging a legacy of love that lives beyond us.

Encore Adulthood - Phyllis Moen 2016-04-06

The Baby Boomer generation is facing a time of heightened uncertainty. Blessed with unprecedented levels of education, health, and life expectancy, many hope to contribute to society after their retirement. Yet they must also navigate ambiguous career exits and retirement paths, as established scripts for schooling, parenting, and careers continue to unravel. In Encore Adulthood, Phyllis Moen presents the realities of the "encore" life stage - the years between traditional careers and childraising and old age. Drawing on large-scale data sets and interviews with Boomers, HR personnel, and policymakers, this book illuminates the challenges that Boomers encounter as they transition from traditional careers into retirement. Beyond data analysis, Moen discusses the personal impact for Boomers' wellbeing, happiness, and health when they are unable to engage in meaningful work during their encore years, as well as the potential economic loss that would occur when a large, qualified group of people prematurely exit the workforce. Moen concludes with proposals for a range of encore jobs that could galvanize Boomers to take on desirable and sought-after second acts, emphasizing meaningful work over high-paying jobs and flexibility over long hours. An important analysis of an understudied and new life stage, Encore Adulthood makes an important contribution to the existing scholarship on careers, work, and retirement.

The Midnight Library - Matt Haig 2020-09-29

The #1 New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year "A feel-good book guaranteed to lift your spirits."—The Washington Post The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of How To Stop Time and The Comfort Book. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In The Midnight Library, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

The Big Shift - Marc Freedman 2012-04-10

Marc Freedman, hailed by the New York Times as "the voice of aging baby boomers [seeking] meaningful and sustaining work later in life," offers a recipe for how we can transform America's coming midlife crisis into a midlife opportunity. Millions of people in their fifties, sixties, and seventies are searching for answers to the question "What's next?" and

are navigating their way to an entirely new stage of life and work, one that could last as long as midlife. Shifting to a much longer lifespan isn't as easy as it may seem. Unlike the transition from adolescence to adulthood, managing this process for many is a do-it-yourself project. Drawing on powerful personal stories, *The Big Shift* provides not only direction but a vision of what it would take to help millions find their footing in a new map of life.

Encore - Marc Freedman 2008-08-26

In one of the most significant social trends of the new century, and the biggest transformation of the American workforce since the women's movement, members of the baby boom generation are inventing a new phase of work. *Encore* tells the stories of encore career pioneers who are not content, or affluent enough, to spend their next thirty years on a golf course. These men and women are moving beyond midlife careers yet refusing to phase out or fade away. As they search for a calling in the second half of life and focus on what matters most, these individuals stand to transform the nature of work in America. They also hold the potential to create a society that balances the joys and responsibilities of contribution across the generations -- in other words, one that works better for all of us.

A Shift in Being - Leon Vanderpol 2019-05-22

As visionary and illuminating as it is instructive and practical, *A Shift in Being* is a guide for all those who desire to support others to explore and transform their inner world, and to embody new levels of personal reality. This book takes you on an inspiring journey that reveals how transformational coaching is perfectly positioned to enable people to experience and express their true selves. Not by using an intellect-driven, 'figure it out' approach, but by shifting their attention to what is emanating from deep within. Their paradigm then shifts, radically changing how they experience themselves and the world around them. In clear, relaxed prose, Leon VanderPol takes you through the process of facilitating soul-deep transformation, masterfully weaving together coaching, healing, psychology, and spirituality with an in-depth knowledge of what it takes to open people to their highest truths.*The first part explores the stages, patterns, and dynamics of human transformation--essential knowledge for all those who do transformative work. *The second part introduces the Deep Coaching approach and nine transformative practices that will forever change the potentials of your work. In fact, *A Shift in Being* will change your life - and through you, the lives of others.

The Next Shift - Gabriel Winant 2021-03-23

Men in hardhats were once the heart of America's working class; now it is women in scrubs. What does this shift portend for our future? Pittsburgh was once synonymous with steel. But today most of its mills are gone. Like so many places across the United States, a city that was a center of blue-collar manufacturing is now dominated by the service economy--particularly health care, which employs more Americans than any other industry. Gabriel Winant takes us inside the Rust Belt to show how America's cities have weathered new economic realities. In Pittsburgh's neighborhoods, he finds that a new working class has emerged in the wake of deindustrialization. As steelworkers and their families grew older, they required more health care. Even as the industrial economy contracted sharply, the care economy thrived. Hospitals and nursing homes went on hiring sprees. But many care jobs bear little resemblance to the manufacturing work the city lost. Unlike their blue-collar predecessors, home health aides and hospital staff work unpredictable hours for low pay. And the new working class disproportionately comprises women and people of color. Today health care workers are on the front lines of our most pressing crises, yet we have been slow to appreciate that they are the face of our twenty-first-century workforce. *The Next Shift* offers unique insights into how we got here and what could happen next. If health care employees, along with other essential workers, can translate the increasing recognition of their economic value into political power, they may become a major force in the twenty-first century.

The Third Chapter - Sara Lawrence-Lightfoot 2009-01-06

In the twenty-first century, a developmental phase of life is emerging as significant and distinct, capturing our interest, engaging our curiosity, and expanding our understanding of human potential and development. Demographers talk about this new chapter in life as characterized by people--between fifty and seventy-five--who are considered "neither young nor old." In our "third chapters" we are beginning to redefine our views about the casualties and opportunities of aging; we are challenging cultural definitions of strength, maturity, power, and sexiness. This is a chapter in life when the traditional norms, rules, and rituals of our

careers seem less encompassing and restrictive; when many women and men seem to be embracing new challenges and searching for greater meaning in life. In *The Third Chapter*, the renowned sociologist Dr. Sara Lawrence-Lightfoot offers a strong counterpoint to the murky ambivalence that shrouds our clear view of people in their third chapters. She challenges the still prevailing and anachronistic images of aging by documenting and revealing the ways in which the years between fifty and seventy-five may, in fact, be the most transformative and generative time in our lives, tracing the ways in which wisdom, experience, and new learning inspire individual growth and cultural transformation. The women and men whose voices fill the pages of *The Third Chapter* tell passionate and poignant stories of risk and vulnerability, failure and resilience, challenge and mastery, experimentation and improvisation, and insight and new learning.

The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration - Mary Scannell 2010-05-28

Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. *The Big Book of Conflict-Resolution Games* offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas--before they affect your organization's bottom line. Let *The Big Book of Conflict-Resolution Games* help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict--and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in *The Big Book of Conflict-Resolution Games* delivers everything you need to make your workplace more efficient, effective, and engaged.

The Happiness Curve - Jonathan Rauch 2018-05-01

"In this warm, wise, and witty overview, Jonathan Rauch combines evidence and experience to show his fellow adults that the best is yet to come." --Steven Pinker, bestselling author of *Enlightenment Now* This book will change your life by showing you how life changes. Why does happiness get harder in your 40s? Why do you feel in a slump when you're successful? Where does this malaise come from? And, most importantly, will it ever end? Drawing on cutting-edge research, award-winning journalist Jonathan Rauch answers all these questions. He shows that from our 20s into our 40s, happiness follows a U-shaped trajectory, a "happiness curve," declining from the optimism of youth into what's often a long, low slump in middle age, before starting to rise again in our 50s. This isn't a midlife crisis, though. Rauch reveals that this slump is instead a natural stage of life--and an essential one. By shifting priorities away from competition and toward compassion, it equips you with new tools for wisdom and gratitude to win the third period of life. And Rauch can testify to this personally because it was his own slump, despite acclaim as a journalist and commentator that compelled him to investigate the happiness curve. His own story and the stories of many others from all walks of life--from a steelworker and a limo driver to a telecoms executive and a philanthropist--show how the ordeal of midlife malaise reboots our values and even our brains for a rebirth of gratitude. Full of insights and data and featuring many ways to endure the slump and avoid its perils and traps, *The Happiness Curve* doesn't just show you the dark forest of midlife, it helps you find a path through the trees. It also demonstrates how we can--and why we must--do more to help each other through the woods. Midlife is a journey we mustn't walk alone.

Principles - Ray Dalio 2018-08-07

#1 New York Times Bestseller "Significant...The book is both instructive and surprisingly moving." --The New York Times Ray Dalio, one of the world's most successful investors and entrepreneurs, shares the unconventional principles that he's developed, refined, and used over the past forty years to create unique results in both life and business--and which any person or organization can adopt to help achieve their goals. In 1975, Ray Dalio founded an investment firm, Bridgewater Associates, out of his two-bedroom apartment in New York City. Forty years later, Bridgewater has made more money for its clients than any other hedge fund in history and grown into the fifth most important private company in the United States, according to *Fortune* magazine. Dalio himself has

been named to Time magazine's list of the 100 most influential people in the world. Along the way, Dalio discovered a set of unique principles that have led to Bridgewater's exceptionally effective culture, which he describes as "an idea meritocracy that strives to achieve meaningful work and meaningful relationships through radical transparency." It is these principles, and not anything special about Dalio—who grew up an ordinary kid in a middle-class Long Island neighborhood—that he believes are the reason behind his success. In *Principles*, Dalio shares what he's learned over the course of his remarkable career. He argues that life, management, economics, and investing can all be systemized into rules and understood like machines. The book's hundreds of practical lessons, which are built around his cornerstones of "radical truth" and "radical transparency," include Dalio laying out the most effective ways for individuals and organizations to make decisions, approach challenges, and build strong teams. He also describes the innovative tools the firm uses to bring an idea meritocracy to life, such as creating "baseball cards" for all employees that distill their strengths and weaknesses, and employing computerized decision-making systems to make believability-weighted decisions. While the book brims with novel ideas for organizations and institutions, *Principles* also offers a clear, straightforward approach to decision-making that Dalio believes anyone can apply, no matter what they're seeking to achieve. Here, from a man who has been called both "the Steve Jobs of investing" and "the philosopher king of the financial universe" (CIO magazine), is a rare opportunity to gain proven advice unlike anything you'll find in the conventional business press.

Fundamentals of Business (black and white) - Stephen J. Skripak 2016-07-29

(Black & White version) *Fundamentals of Business* was created for Virginia Tech's MGT 1104 Foundations of Business through a collaboration between the Pamplin College of Business and Virginia Tech Libraries. This book is freely available at:

<http://hdl.handle.net/10919/70961> It is licensed with a Creative Commons-NonCommercial ShareAlike 3.0 license.

Navigating the Talent Shift - Lisa Hufford 2016-07-11

By 2020, 40 percent of the workforce won't want to be your employee. That means managers and executives have to forget the old recruit-and-search-for-months methods to acquire talent and revise their perception that "talent" is only full-time employees. The good news is that this talent allows you to achieve the biggest impact on your projects in the fastest time possible. In *Navigating the Talent Shift*, author Lisa Hufford introduces you to SPEED: a fast, and flexible talent strategy that shows companies how to access the 65 million people that make up the on-demand, specialized talent pool. This strategy shows you how to:

- Stop spending months searching for talent
- Have a team of on-demand talent at your fingertips
- Exponentially expand your talent pool
- Test ideas and change direction fast to stay competitive and drive innovation
- Reduce severance and layoffs
- Bring a fresh perspective with strategic doers on your team
- Do more with less

Navigating the Talent Shift will show you and your team how to tap into an on-demand workforce while providing you with the talent you need to be nimble and successful.

The Encore Career Handbook - Marci Alboher 2012-01-01

Provides guidelines to starting a second career during middle age, including tips on how to plan the transition from one career to another, salary and education requirements, and finding a new career that makes an impact on society.

It's Always Personal - Anne Kreamer 2013-01-01

An innovative study of gender, emotion, and power, *It's Always Personal* is an essential companion for everyone navigating the challenges of the contemporary workplace. How often have we heard "It's nothing against you, it's not personal—it's just business"? But in fact, at work it's never just business—it's always personal. In this groundbreaking book, journalist and former corporate executive Anne Kreamer shows us how to get rational about our emotions, and provides the necessary new tools to flourish in an emotionally charged workplace. Combining the latest information on the intricacies of the human brain, candid stories from employees, and the surprising results of two national surveys, *It's Always Personal* offers

- a step-by-step guide for identifying your emotional type: Spouter, Acceptor, Believer, or Solver
- Emotion Management Toolkits that outline strategies to cope with specific emotionally challenging situations
- vital facts that will help you understand—and handle—the six main emotional flashpoints: anger, fear, anxiety, empathy, joy, and crying
- an exploration of how men and women deal with emotions differently

"A stimulating read bolstered by snippets of some of the best recent work on emotional intelligence and the science of happiness."—The Wall

Street Journal "So what should be the rules and boundaries for showing how you feel while you work? That's a question asked and answered in Anne Kreamer's fascinating book . . . [a] look at an issue that rarely gets discussed."—The Washington Post "Finally, someone is willing to unpack the morass of anger, anxiety, sadness, and joy that drives the workday. . . . [Kreamer] has hit the 'It's about time!' button."—Elle "[A] lively, well-researched exploration of emotions on the job."—Oprah.com "Explores how to be true to your 'emotional flashpoints—anger, fear, anxiety, empathy, happiness and crying'—without sabotaging your career."—The New York Times Book Review

The Power of Pull - John Hagel III 2012-12-04

Explains the principle of "pull" and how to effectively apply it to individuals and organizations to increase organizational and social change and develop creative talent.

Designing Web Navigation - James Kalbach 2007-08-28

Thoroughly rewritten for today's web environment, this bestselling book offers a fresh look at a fundamental topic of web site development: navigation design. Amid all the changes to the Web in the past decade, and all the hype about Web 2.0 and various "rich" interactive technologies, the basic problems of creating a good web navigation system remain. *Designing Web Navigation* demonstrates that good navigation is not about technology—it's about the ways people find information, and how you guide them. Ideal for beginning to intermediate web designers, managers, other non-designers, and web development pros looking for another perspective, *Designing Web Navigation* offers basic design principles, development techniques and practical advice, with real-world examples and essential concepts seamlessly folded in. How does your web site serve your business objectives? How does it meet a user's needs? You'll learn that navigation design touches most other aspects of web site development. This book:

- Provides the foundations of web navigation and offers a framework for navigation design
- Paints a broad picture of web navigation and basic human information behavior
- Demonstrates how navigation reflects brand and affects site credibility
- Helps you understand the problem you're trying to solve before you set out to design
- Thoroughly reviews the mechanisms and different types of navigation
- Explores "information scent" and "information shape"
- Explains "persuasive" architecture and other design concepts
- Covers special contexts, such as navigation design for web applications
- Includes an entire chapter on tagging
- While *Designing Web Navigation* focuses on creating navigation systems for large, information-rich sites serving a business purpose, the principles and techniques in the book also apply to small sites.

Well researched and cited, this book serves as an excellent reference on the topic, as well as a superb teaching guide. Each chapter ends with suggested reading and a set of questions that offer exercises for experiencing the concepts in action.

Boundless Potential: Transform Your Brain, Unleash Your Talents, and Reinvent Your Work in Midlife and Beyond - Mark Walton 2012-03-16

There's no better time than now to remake your career and life. Neuroscience research reveals that creativity spikes in our later years—making midlife an ideal time to change professions. This breakthrough career-reinvention guide shows workers in their forties and over how to leverage this newfound potential. *Boundless Potential* empowers you with the knowledge, inspiration, and tools to kick-start anything from a new entrepreneurial venture to a new career. Using case studies, interviews, and revelations from cutting-edge research, it offers a blueprint for personal and work reinvention in midlife and a glimpse of the true lifelong potential of the human mind. Mark S. Walton is a professor of leadership in the U.S. Navy's Advanced Management Program and a distinguished lecturer in management at the Senior Executive Institute and Kenan-Flagler Graduate Business School at the University of North Carolina at Chapel Hill. His book *Generating Buy-In* was selected by Soundview Executive Summaries as one of the Top 30 business books of the year.

The Fourth Industrial Revolution - Klaus Schwab 2017-01-03

World-renowned economist Klaus Schwab, Founder and Executive Chairman of the World Economic Forum, explains that we have an opportunity to shape the fourth industrial revolution, which will fundamentally alter how we live and work. Schwab argues that this revolution is different in scale, scope and complexity from any that have come before. Characterized by a range of new technologies that are fusing the physical, digital and biological worlds, the developments are affecting all disciplines, economies, industries and governments, and even challenging ideas about what it means to be human. Artificial intelligence is already all around us, from supercomputers, drones and

virtual assistants to 3D printing, DNA sequencing, smart thermostats, wearable sensors and microchips smaller than a grain of sand. But this is just the beginning: nanomaterials 200 times stronger than steel and a million times thinner than a strand of hair and the first transplant of a 3D printed liver are already in development. Imagine “smart factories” in which global systems of manufacturing are coordinated virtually, or implantable mobile phones made of biosynthetic materials. The fourth industrial revolution, says Schwab, is more significant, and its ramifications more profound, than in any prior period of human history. He outlines the key technologies driving this revolution and discusses the major impacts expected on government, business, civil society and individuals. Schwab also offers bold ideas on how to harness these changes and shape a better future—one in which technology empowers people rather than replaces them; progress serves society rather than disrupts it; and in which innovators respect moral and ethical boundaries rather than cross them. We all have the opportunity to contribute to developing new frameworks that advance progress.

Retirement by Design - Ida Abbott 2020-03-10

Find out how harnessing the powerful business principles of design thinking can make retirement your best chapter in life. There is no one right time or way to retire. Retirement is a major life transition; but if you spend the time designing a future filled with promise and possibilities, the prospect can be utterly exciting and revitalizing. In *Retirement by Design*, professional mentor and coach Ida Abbott shows you how the innovative business principles behind design thinking can be applied to plan a rich, fulfilling, and more meaningful retirement. Her guided workbook uses a business-like approach to leaving business, making your switch much smoother and less jolting. Whether you're considering a new place to settle down, working through financial planning, strategizing how to unwind a business, or deciding on which organizations you want to stay engaged with, making critical decisions takes a lot of organization, thought, and planning. Abbott shows how the five principles of design thinking will revolutionize your retirement-planning process: Empathy: Get inside the shoes of your future self. What will be important to that version of you? Define: Hone in on what is and will be most critical for you to focus on (whether it's volunteering, family, activities, or skills). Ideate: Draw, scribble, brainstorm, and throw around as many different retirement scenarios as you can come up with. Prototype: If retiring across the country in Arizona sounds perfect—try it out first. Come up with opportunities to test out your scenarios with short trips and trial time off. Test: This is the fun part—get back to the drawing board and try more retirement scenarios (and future versions of yourself) before sitting down to make those life-changing decisions. The new and innovative, self-coaching approach of *Retirement by Design* helps you spearhead and navigate a major next step in life. Whether your retirement is 10 years away or swiftly approaching, this workbook ensures you will create a future that is perfectly tailored to you.

The Great Shift - Michael Drake 2018-09-29

The Great Shift is about the new era of humanity. We have entered the new epoch of humanity's spiritual evolutionary journey into higher consciousness. Our present world is one in which order is arising out of chaos. Everything is changing and seeking equilibrium. The conditions are nothing short of a rebirth. We are quite literally witnesses and participants in the shift from individual to planetary consciousness. We are part of the emerging consciousness, and the signs are everywhere. It is here now, and we all have a part to play in it. This book is a guide to navigating the shift from an old paradigm into a new one. It is deeply rooted in the shamanic and Taoist traditions, which are a fountain of wisdom and knowledge for restoring our relationship with the Earth. Shamanism and Taoism are a way of living in harmony with nature, rather than an adherence to a religious doctrine. By practicing these ways of being, we awaken our soul calling and our connection to nature. They provide a myriad of responses to the spiritual quest of self-discovery. They are ways that embed us in the living web of life, yielding greater awareness and perspective. These practices are easily integrated into contemporary life and provide a means of navigating the turbulent times in which we live.

The Courage to Suffer - Daryl R. Van Tongeren 2020-03-09

Suffering is an inescapable part of life. Some suffering is so profound, so violating, or so dogged that it fundamentally changes people in indelible ways. Many existing therapeutic approaches, from a medical model, treat suffering as mental illness and seek a curative solution. However, such approaches often fail to examine the deep questions that suffering elicits (e.g., existential themes of death, isolation, freedom, identity, and meaninglessness) and the far-reaching ways in which suffering affects

the lived experience of each individual. In *The Courage to Suffer*, Daryl and Sara Van Tongeren introduce a new therapeutic framework that helps people flourish in the midst of suffering by cultivating meaning. Drawing from scientific research, clinical examples, existential and positive psychology, and their own personal stories of loss and sorrow, Daryl and Sara's integrative model blends the rich depth of existential clinical approaches with the growth focus of strengths-based approaches. Through cutting edge-research and clinical case examples, they detail five “phases of suffering” and how to work with a client's existential concerns at each phase to develop meaning. They also discuss how current research suggests to build a flourishing life, especially for those who have endured, and are enduring, suffering. Daryl and Sara show how those afflicted with suffering, while acknowledging the reality of their pain, can still choose to live with hope.

Great Jobs for Everyone 50+ - Kerry E. Hannon 2012-08-30

The how-to guide to finding profitable, fulfilling work after 50 Aimed at workers aged 50+ looking for a new job—whether they have been laid off or taken early retirement, need supplemental income, or want to pursue an encore career—*Great Jobs for Everyone 50+* is the definitive guide to finding lasting financial security and personal and professional fulfillment. Opportunities abound—the trick is knowing where to look and what to expect. Whether readers are interested in trying jobs they've long dreamed of doing, or just want something with flexible hours that brings in a little extra income, this book covers all the options. As Americans live longer and healthier lives, the desire to work longer—for the income, the mental engagement, or the chance to give back—has grown. But there is little guidance for the 50+ crowd looking for work and few role models who've blazed a path. In *Great Jobs for Everyone 50+*, author and personal finance, retirement, and career transitions expert Kerry Hannon shows the way, with compelling stories from people who've been there. Presenting the nitty-gritty details of available job opportunities, wages to expect, typical hours, and the qualifications and savvy needed to get hired, the book is loaded with practical advice on how to prepare both professionally and financially to start out on a new adventure. Shows where the best opportunities for new employment lie Helps readers find profitable and rewarding jobs to save for retirement Understands that different workers want different things from their jobs and shows how to cast a wide net to find an opportunity that fits Provides incredible insights into working after 50 from Kerry Hannon, a nationally renowned expert in personal finance, retirement, and career transitions Motivational, inspirational, and thoroughly practical, *Great Jobs for Everyone 50+* explains how to find part-time, temporary, work-at-home, or seasonal employment in profitable, rewarding jobs.

The Rowman & Littlefield Handbook on Aging and Work - Elizabeth F. Fideler 2021-09-11

This handbook is a comprehensive resource for students, scholars, and practitioners seeking a broad overview of interrelated topics concerning the aging workforce.

How to Navigate Life - Belle Liang, PhD 2022-08-02

An essential guide to tackling what students, families, and educators can do now to cut through stress and performance pressure, and find a path to purpose. Today's college-bound kids are stressed, anxious, and navigating demands in their lives unimaginable to a previous generation. They're performance machines, hitting the benchmarks they're “supposed” to in order to reach the next tier of a relentless ladder. Then, their mental and physical exhaustion carries over right into first jobs. What have traditionally been considered the best years of life have become the beaten-down years of life. Belle Liang and Timothy Klein devote their careers both to counseling individual students and to cutting through the daily pressures to show a better way, a framework, and set of questions to find kids' “true north”: what really turns them on in life, and how to harness the core qualities that reveal, allowing them to choose a course of study, a college, and a career. Even the gentlest parents and teachers tend to play into pervasive societal pressure for students to PERFORM. And when we take the foot off the gas, we beg the kids to just figure out what their PASSION is. Neither is a recipe for mental or physical health, or, ironically, for performance or passion. *How to Navigate Life* shows that successful human beings instead tap into their PURPOSE—the why behind the what and how. Best of all, purpose is a completely translatable quality to every aspect of life, from first jobs to last jobs and everything in between.

Prime Time - Marc Freedman 2008-08-04

Over the next three decades, the number of Americans over fifty will double, swelling to more than a quarter of the population. Already we are living thirty years longer than a century ago, with further gains expected

in the coming years. The end result is a new stage of life, one as long or longer than childhood or middle age in duration, and one spent in unprecedented good health. Yet, as individuals, and as a society, we've shown little imagination or wisdom in using this great gift of a third age. Marc Freedman identifies the new longevity as not a problem to be solved, but an opportunity to be seized—provided we can engage the experience, talent, and idealism of older Americans. At a juncture when the middle-generation faces a time-famine, struggling to simultaneously raise kids and work long hours on the job, the older generation is awash in free time, poised to succeed women as the trustees of civic life in this country. In the process they stand to find new meaning and purpose in their lives, and abandon the limbo-like state unfulfilling for so many older individuals. Freedman argues that the aging phenomenon, the massive transformation that many portray as our downfall, may in fact be our best hope for renewal as a nation.

The Big Shift - Darrell Bricker 2013-02-26

For almost its entire history, Canada has been run by the political, media and business elites of Toronto, Ottawa and Montreal. But in the past few years, these groups have lost their power—and most of them still do not realize it's gone. The Laurentian Consensus, the term John Ibbitson has coined for the dusty liberal elite, has been replaced by a new, powerful coalition based in the West and supported by immigrant voters in Ontario. How did this happen? Most people are unaware that the keystone economic and political drivers of this country are now Western Canada and immigrants from China, India and other Asian countries. Politicians and businesspeople have underestimated how conservative these newcomers are making our country. Canada, with its ever-evolving economy and fluid demographic base, has become divorced from the traditions of its past and is moving in an entirely new direction. In *The Big Shift*, Darrell Bricker and John Ibbitson argue that one of the world's most consensual countries is becoming polarized, exhibiting stark differences between East and West, cities and suburbs, Canadianborn citizens and immigrants. The winners—in both politics and business—will be those who can capitalize on the tremendous changes that the Big Shift will bring.

Great Jobs for Everyone 50 +, Updated Edition - Kerry E. Hannon
2017-11-06

You can find profitable, fulfilling work after 50! Kerry Hannon's national

bestseller, *Great Jobs for Everyone 50+*, has become the job-hunting bible for people in their forties, fifties, and beyond. With her no-nonsense style, Hannon shows where the opportunities are and how to get them. In this completely revised edition, Hannon offers twice as many jobs and brand-new material to market your skills in today's job market, with expert tips on revamping a résumé, networking, interviewing like a pro, building a social media platform to stand out in the crowd, and much more. Whether you took early retirement, were laid off, are seeking a job that you will love, need supplemental income, or want to stay engaged and make a difference by giving back with your talents, Hannon's book is an essential tool. The truth is that many companies are looking for candidates with your experience, expertise, and maturity. The trick is finding those employers—and going into your search with a positive attitude and realistic expectations. This completely updated *Great Jobs* shows you how to avoid common job-seeking mistakes and helps you find your ideal employment in today's landscape.

Unfinished Work - Joseph Coleman 2015-01-02

The era of the aging worker is here. The forces driving the first decades of the 21st century -- globalization, technology, societal aging, and jarring economic instability -- have made later retirement a necessity for many, but those who choose to stay in the workforce are frustrated by a job market that fails to take advantage of their talents. As government's ability to finance retirement and health care declines, making space for older workers in the labor force has emerged as a chief challenge for the coming century. Veteran international correspondent Joseph Coleman spent three years traveling to various places in Japan, France, Sweden, and across the United States to profile this aging global workforce. From the rice paddies of Japan to the heart of the American rust-belt, Coleman takes readers inside the lives of older workers. Clear-eyed portraits of individuals illuminate the aging of the world labor force and introduce readers to the factories, offices, and fields where older workers toil and the societies in which they live. *Unfinished Work* explores a world in the midst of a revolution that will have far-reaching consequences for present and coming generations. Coleman maps out the problems we confront, shows us avenues forward, and illustrates the dangers of inaction. The engaging narrative reveals how accommodating our aging workforce can usher in humane policies that benefit workers across the spectrum of age. Improving conditions for older workers is critical for ensuring success and prosperity for society as a whole for years to come.