

# Fina Synchronised Swimming Manual For Judges Coaches

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## **Fastest, Highest, Strongest -**

Rob Beamish 2006-09-27

Fastest, Highest, Strongest presents a comprehensive challenge to the dominant orthodoxy concerning the use of performance-enhancing drugs in sport. Examining the political and economic transformation of the Olympic Movement during the twentieth century, the authors argue that

the realities of modern sport require a serious reassessment of current policies, in particular the ban on the use of certain substances and practices. The book includes detailed discussion of: \* The historical importance of World War II and the Cold War in the development of a high-performance culture in sport \* The changing Olympic project:

from amateurism to a fully professionalized approach \* The changing meaning of "sport" \* The role of sport science, technology and drugs in pursuing ever-better performance \* The major ethical and philosophical arguments used to support the ban on performance-enhancing substances in sport. Fastest, Highest, Strongest is a profound critical examination of modern sport. Its straightforward style will appeal to under- and post-graduate students as well as scholars of sports ethics and history, policy makers and all those interested in the changing nature of sport.

### *Managing Olympic Sport Organisations - 2020*

The aim of this book is to present, in a simple and practical way, the current knowledge of management that has been developed by and for Olympic Sport Organisations (OSOs) worldwide. The book is composed of six chapters that cover six key competencies expected of OSO managers: 1/ Organising an OSO by

understanding its environment, internal structure and operations. 2/ Managing an OSO strategically by preparing, carrying out and evaluating a strategic plan. 3/ Managing human resources in an OSO through the development of rules and regulations, recruitment, motivation and training. 4/ Managing an OSO's finances using appropriate and transparent procedures. 5/ Managing marketing in an OSO in line with the global strategy of the organisation, stakeholders' requirements and sponsorship opportunities. 6/ Organising major sport events, when appropriate for the organisation's strategy and when compatible with available human resources and facilities.

### **The IOC Manual of Emergency Sports Medicine**

- David McDonagh 2015-04-01

The Manual focuses on the fieldside diagnosis and treatment of severe injuries and illnesses that can present at a sports event. It concentrates on basic diagnostic skills and treatment modalities as the sports

physician has often limited diagnostic and treatment facilities available. Each chapter concentrates on an illness or anatomical injury and offers a structured diagnostic and therapeutic approach in this difficult pre-hospital environment. The chapters explain what problems are to be expected with specific conditions as well as which treatment plan should be implemented and how to evaluate and reassess those plans.

**Synchro Sisters Forever** - Katie Reveno 2017-11-09  
Children's chapter book geared toward girls ages 5-8 introduces the Olympic sport of synchronized swimming and teaches life lessons including the values of friendship and perseverance. Written and published by a teenaged swimmer (and first time author) to help grow the sport she loves. All profits from book sales go directly to USA Synchro.

*The Sports Rules Book* - Human Kinetics (Organization) 2009

"Essential rules, terms, and procedures for 54 sports"-- Cover.

Managing Major Sports Events

- Milena M. Parent 2020-11-29  
Managing Major Sports Events: Theory and Practice is a complete introduction to the principles and practical skills that underpin the running and hosting of major sports events, from initial bid to post-event legacy and sustainability. Now in a fully revised and updated new edition, the book draws on the latest research from across multiple disciplines, explores real-world situations, and emphasises practical problem-solving skills. It covers every key area in the event management process, including: • Bidding, leadership, and planning; • Marketing and human resource management; • Venues and ceremonies; • Communications and technology (including social media); • Functional area considerations (including sport, protocol, and event services); • Security and risk management; • Games-time considerations; • Event wrap-

up and evaluation; • Legacy and sustainability. This revised edition includes expanded coverage of cutting-edge topics such as digital media, culture, human resources, the volunteer workforce, readiness, security, and managing Games-time. Each chapter combines theory, practical decision-making exercises, and case studies of major sports events from around the world, helping students and practitioners alike to understand and prepare for the reality of executing major events on an international scale. Also new to this edition is an "Outlook, Trends, and Innovations" section in each chapter, plus "tips" from leading events professionals. *Managing Major Sports Events: Theory and Practice* is an essential textbook for any course on sports event management or international sports management, and an invaluable resource for all sport management researchers, practitioners and policymakers. Online resources include PowerPoint slides, multiple choice questions,

essay questions, stories, and decision-making exercises.

*Coaching Synchronized Swimming Effectively* - Margaret Swan Forbes 1989  
*Synchronschwimmen, Coaching, Training. Sport Bibliography* - Ingrid Draayer 1981

*21st Century Sports* - Sascha L. Schmidt 2020-09-12

This book outlines the effects that technology-induced change will have on sport within the next five to ten years, and provides food for thought concerning what lies further ahead. Presented as a collection of essays, the authors are leading academics from renowned institutions such as Massachusetts Institute of Technology, Queensland University of Technology, and the University of Cambridge, and practitioners with extensive technological expertise. In their essays, the authors examine the impacts of emerging technologies like artificial intelligence, the Internet of Things, and robotics

on sports and assess how they will change sport itself, consumer behavior, and existing business models. The book will help athletes, entrepreneurs, and innovators working in the sports industry to spot trendsetting technologies, gain deeper insights into how they will affect their activities, and identify the most effective responses to stay ahead of the competition both on and off the pitch.

*The Allure of Sports in Western Culture* - John Zilcosky

2019-09-10

Whether it is our love of chance and vicarious thrill, our need to release anxiety and aggression, or our appreciation of the arc traced by a ball at a crucial moment – sports draw us in. *The Allure of Sports in Western Culture* contributes to contemporary debates about the attraction of sports in the West by providing a historical grounding, as well as theoretical perspectives and contextualization. Bringing together the work of literary theorists, historians, and

athletes, the volume's dual emphasis allows us to better understand the historical and ideological reasons for the changing nature of sports' allure from Ancient Greece and Rome to the modern Olympics. The findings show that allure is shaped by larger forces such as poverty, wealth, and status; changing moral standards; and political and cultural indoctrination. On the other hand, personal and psychological factors play an equally important, if less tangible role: our love for scandal, the seduction of deception and violence, and the physiological intoxication of watching and participating in sports keep us hooked. At the heart of the volume lies the tension between our love for sport and our knowledge of its only barely hidden cruelty, exploitation, and manipulation.

*6 Solos* -

### **Injuries in Athletics: Causes and Consequences** - Semyon

M. Slobounov 2014-09-12

Over the past decade, the scientific information on

psychology of injury has increased considerably. Despite dramatic advances in physical education of coaches, field of medicine, athletic training, and physical therapy, the sport-related traumatic injuries is our major concern. Athletic injuries, both single and multiple, have a tendency to grow dramatically. Accordingly, prevention of sport-related injuries is a major challenge facing the sport medicine world today. The purpose of this book is to accumulate the latest development in psychological analyses, evaluation, and management of sport-related injuries, including traumatic brain injuries. No two traumatic injuries are alike in mechanism, symptoms, or symptoms resolution. There is still no agreement upon psychological diagnosis and there is no known comprehensive treatment for sport-related injuries for regaining pre-injury status. Physical symptoms resolution is not an indication of "psychological trauma"

resolution.

**Canadian Books in Print - 1998**

**The Parent's Guide to the Proper Psychological Care and Feeding of the Competitive Swimmer** - Keith F. Bell 2001

**Manual of Canadian Synchronized Swimming** - Peggy Seller 1952

Challenges - Patricia Muggleston 2006  
Challenges provides Coursebooks that can be completed in one year, giving students a clear sense of progress Informative and engaging topics that involve teenagers in their learning Unique features on word building and sentence patterns Characters that promote positive values and use real spoken language. Activities for building learner strategies for independent learning Magazine at the back of the Students Book to support mixed ability classes Strong grammar and skills sections give students

confidence in using the language A picture dictionary in Levels 1 and 2 that is easy and fun to use A unique teacher's package gives total support and maximum flexibility

**Knowledge Discovery, Knowledge Engineering and Knowledge Management -**

Ana Fred 2013-01-05

This book constitutes the thoroughly refereed post-conference proceedings of the Second International Joint Conference on Knowledge Discovery, Knowledge Engineering, and Knowledge Management, IC3K 2010, held in Valencia, Spain, in October 2010. This book includes revised and extended versions of a strict selection of the best papers presented at the conference; 26 revised full papers together with 2 invited lectures were carefully reviewed and selected from 369 submissions. According to the three covered conferences KDIR 2010, KEOD 2010, and KMIS 2010, the papers are organized in topical sections on knowledge discovery and

information retrieval, knowledge engineering and ontology development, and on knowledge management and information sharing.

**Philosophical Issues in Sport Science - Emily Ryall**  
2020-02-18

The role and value of science within sport increases with ever greater professionalization and commercialization. Scientific and technological innovations are devised to increase performance, ensure greater accuracy of measurement and officiating, reduce risks of harm, enhance spectatorship, and raise revenues. However, such innovations inevitably come up against epistemological and metaphysical problems related to the nature of sport and physical competition. This Special Issue identifies and explores key and contemporary philosophical issues in relation to the science of sport and exercise. It is divided into three sections: 1. Scientific evidence, causation, and sport; 2. Science technology and sport

officiating; and 3. Scientific influences on the construction of sport. It brings together scholars working on philosophical problems in sport to examine issues related to the values and assumptions behind sport and exercise science and key problems resulting from these and to provide recommendations for improving its practice.

**Air Force Handbook 1** - U. S. Air Force 2018-07-17

This handbook implements AFPD 36-22, Air Force Military Training. Information in this handbook is primarily from Air Force publications and contains a compilation of policies, procedures, and standards that guide Airmen's actions within the Profession of Arms. This handbook applies to the Regular Air Force, Air Force Reserve and Air National Guard. This handbook contains the basic information Airmen need to understand the professionalism required within the Profession of Arms. Attachment 1 contains references and supporting information used in this

publication. This handbook is the sole source reference for the development of study guides to support the enlisted promotion system. Enlisted Airmen will use these study guide to prepare for their Promotion Fitness Examination (PFE) or United States Air Force Supervisory Examination (USAFSE).

### **Sport and Exercise**

**Psychology** - Stewart Cotterill 2016-04-15

Sport and Exercise Psychology: Practitioner Case Studies focuses on the most current issues in the field, integrating research and practice to develop a coherent understanding of current knowledge, future research directions and applied implications within the field. This is the first book to include theory-based case studies for sport performance, exercise and skill acquisition in one publication. This text provides content that is directly applicable to those students wishing to enter the profession via various national accreditation schemes, in

addition to providing chartered psychologists with a text that can directly inform their reflections of their own practice. Sport and Exercise Psychology is supported by an online learning environment that includes 'talking heads' videos for each chapter, further resources, questions and links to relevant external materials. *Sport Bibliography* - 1981

### **Biomechanics and Medicine in Swimming IX** - Jean-Claude Chatard 2003

The IXth International World Symposium on Biomechanics and Medicine in Swimming was held in Saint-Etienne in France from June 21 - 23 2002, under the auspices of the World Commission of Sport Biomechanics and the Steering Group of Biomechanics and Medicine in Swimming. The main conference organisers were the Laboratoire de Physiologie of the Medical Faculty and Service d'Exploration Fonctionnelle Cardio-Respiratoire et Médecine du Sport of Saint-Etienne Hospital. The

conference was a joint effort with several other organisations as well. The Department of Physical Education of the University of Saint-Etienne, the City of Saint-Etienne, the Conseil Général de la Loire, the Conseil régional Rhône-Alpes, the Association des Chercheurs en Activités Physiques et Sportives, the French Swimming Federation, the INSERM, the Ministry of Foreign Affairs, the Société de la Loire de Médecine du Sport and the société française de Médecine du Sport were the main public sponsors of the Symposium.

### **Abordagens pedagógicas do esporte** - Vilma Nista-Piccolo 2018-11-14

Argumentar e propor Abordagens pedagógicas do esporte é missão que propicia a (re)significação do fenômeno esportivo, o qual deve ser ensinado e vivenciado pelos seres humanos na busca do prazer, do exercício da criatividade, da vivência harmoniosa propiciada pelo contato com a leveza, a elegância e a

simplicidade/complexidade dos gestos esportivos. Ensinar o esporte é colaborar para a incorporação de valores como disciplina, respeito às regras do jogo e ao próximo, urbanidade, dependência mútua, convivência – significados estes que parecem estar ausentes da vida contemporânea. É isso que o leitor poderá encontrar nesse livro, além de um entendimento ampliado do fenômeno esportivo que não é apenas sinônimo de prática de modalidades tradicionais de jogos competitivos. Boa leitura e aprendizado a todos! Wagner Wey Moreira

### **Performance Analysis of Sport IX** - Derek M. Peters

2013-10-08

Performance analysis techniques help coaches, athletes and sport science support officers to develop a better understanding of sport performance and therefore to devise more effective methods for improving that performance. Performance Analysis of Sport IX is the latest in a series of volumes

that showcase the very latest scientific research into performance analysis, helping to bridge the gap between theory and practice in sport. Drawing on data from a wide variety of sports, the book covers every key topic and sub-discipline in performance analysis, including: analysis of technique technical effectiveness tactical evaluation studying patterns of play motor learning and feedback work rate and physical demands performance analysis technology analysis of elite athletes and teams effectiveness of performance analysis support observational analysis of injury risk analysis of referees Effective performance analysis is now an essential component of the high performance strategy of any elite sport team or individual athlete. This book is therefore essential reading for any advanced student or researcher working in performance analysis, and invaluable reading for any sport science support officer, coach or athletic trainer

looking for ways to improve their work with athletes  
*The Olympic Games* - Kristine Toohey 2007

The Olympic Games: A Social Science Perspective presents a broad, multi-disciplinary account of all things Olympic from the relationship of the modern to the ancient games, to the possible future of the grandest of athletic spectacles. This extended new edition covers the Olympic phenomenon from political, economical and sociological perspectives, from its history and the media to commercialism and drug use. Its detailed analyses and extensive bibliography make it essential reading for researchers and students in leisure and sports studies.

**Authentic Movement** - Patrizia Pallaro 1999-05-01  
Patrizia Pallaro's second volume of essays on Authentic Movement, eight years after her first, is a tour de force. It is indeed "an extraordinary array of papers", as Pallaro puts it, and an immensely rich, moving and highly readable sweep

through the landscapes of Authentic Movement, "this form of creative expression, meditative discipline and/or psychotherapeutic endeavour". You don't need to practice Authentic Movement to get a lot out of this book, but it certainly helps! I defy anyone to read the first two sections and not be curious to have their own experience.' - Sesame Institute 'Authentic Movement can be seen as a means by which analysts can become more sensitive to unconscious, especially pre-verbal aspects of themselves and their patients.' - Body Psychotherapy Journal Newsletter 'This book is a collection of articles, some of which are interviews, brought together for the first time. It is very valuable to have them all together in one place...It is a wonderful collection of articles on topics you have always wanted to read, such as the role of transference in dance therapy or Jung and dance therapy. The book also includes scripts for exercises.' - Somatics Authentic Movement,

an exploration of the unconscious through movement, was largely defined by the work of Mary Starks Whitehouse, Janet Adler and Joan Chodorow. The basic concepts of Authentic Movement are expressed for the first time in one volume through interviews and conversations with these important figures, and their key papers. They emphasize the importance of movement as a means of communication, particularly unconscious or 'authentic' movement, emerging when the individual has a deep, self-sensing awareness - an attitude of 'inner listening'. Such movement can trigger powerful images, feelings and kinesthetic sensations arising from the depths of our stored childhood memories or connecting our inner selves to the transcendent. In exploring Authentic Movement these questions are asked: - How does authentic movement differ from other forms of dance and movement therapy? - How may 'authentic' movement be

experienced?

Science of Flexibility - Michael J. Alter 1996

"Science of Flexibility has long been considered the leading reference on the topic, and this new edition reaffirms that status. No other book covers these concepts and principles better." "Based on the latest research, this completely revised and updated edition includes five new chapters, nearly doubling the content. These chapters discuss the hypermobility of joints, joint manipulation and chiropractic adjustment, controversial stretches, the relationship of stretching and special populations, and the functionality of stretching and flexibility for specific sports and health conditions." "With more than 1,400 scholarly and professional references and over 200 illustrations, photos, and tables, Science of Flexibility is invaluable for exercise scientists, health/fitness professionals, athletic trainers, sport physical therapists and chiropractors, massage therapists, instructors

and practitioners of dance, yoga, and the martial arts."--  
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The Silence of the Lambs -

Thomas Harris 2009-12-28

A serial murderer known only by a grotesquely apt nickname--Buffalo Bill--is stalking women. He has a purpose, but no one can fathom it, for the bodies are discovered in different states. Clarice Starling, a young trainee at the FBI Academy, is surprised to be summoned by Jack Crawford, chief of the Bureau's Behavioral Science section. Her assignment: to interview Dr. Hannibal Lecter--Hannibal the Cannibal--who is kept under close watch in the Baltimore State Hospital for the Criminally Insane. Dr. Lecter is a former psychiatrist with a grisly history, unusual tastes, and an intense curiosity about the darker corners of the mind. His intimate understanding of the killer and of Clarice herself form the core of Thomas Harris' *The Silence*

of the Lambs--and ingenious, masterfully written book and an unforgettable classic of suspense fiction.

**Epidemiology of Injury in Olympic Sports** - Dennis J.

Caine 2009-09-22

This new volume in the Encyclopaedia of Sports Medicine series, published under the auspices of the International Olympic Committee, provides a state-of-the-art account of the epidemiology of injury across a broad spectrum of Olympic sports. The book uses the public health model in describing the scope of the injury problem, the associated risk factors, and in evaluating the current research on injury prevention strategies described in the literature. *Epidemiology of Injury in Olympic Sports* comprehensively covers what is known about the distribution and determinants of injury and injury rates in each sport. The editors and contributors have taken an evidence-based approach and adopted a uniform methodology to assess the data available. Each

chapter is illustrated with tables which make it easy to examine injury factors between studies within a sport and between sports. With contributions from internationally renowned experts, this is an invaluable reference book for medical doctors, physical therapists and athletic trainers who serve athletes and sports teams, and for sports medicine scientists and healthcare professionals who are interested in the epidemiological study of injury in sports.

### **Routledge Handbook of Sports Performance Analysis**

- Tim McGarry 2013

Sport performance analysis techniques help coaches, athletes and sport scientists develop an objective understanding of actual sport performance, as opposed to self-report, fitness tests or laboratory based experiments. This is a comprehensive guide to this exciting and dynamic branch of sport science.

### **McGraw-Hill's 10 ACT Practice Tests, Second Edition** - Steven W. Dulan

2008-07-01

We want to give you the practice you need on the ACT McGraw-Hill's 10 ACT Practice Tests helps you gauge what the test measures, how it's structured, and how to budget your time in each section. Written by the founder and faculty of Advantage Education, one of America's most respected providers of school-based test-prep classes, this book provides you with the intensive ACT practice that will help your scores improve from each test to the next. You'll be able to sharpen your skills, boost your confidence, reduce your stress-and to do your very best on test day. 10 complete sample ACT exams, with full explanations for every answer 10 sample writing prompts for the optional ACT essay portion Scoring Worksheets to help you calculate your total score for every test Expert guidance in prepping students for the ACT More practice and extra help online ACT is a registered trademark of ACT, Inc., which was not involved in the production of, and does not

endorse, this product.

**Das Schweizer Buch** - 1998

Nutrição esportiva em condições extremas - Luciane Magri-Tomaz 2021-12-10

A Série Universitária foi desenvolvida pelo Senac São Paulo com o intuito de preparar profissionais para o mercado de trabalho. Os títulos abrangem diversas áreas, abordando desde conhecimentos teóricos e práticos adequados às exigências profissionais até a formação ética e sólida.

Nutrição esportiva em condições extremas trata de modalidades esportivas em que as condições vivenciadas por seus atletas, tanto físicas como ambientais, são capazes de provocar respostas fisiológicas que exigem especial atenção para a retomada da homeostase de forma segura, o que envolve uma adequada prescrição dietética e de exercício físico no treinamento e também no planejamento durante as competições. O livro traz à luz aspectos da fisiologia dos exercícios e variáveis do

treinamento específicas das modalidades esportivas apresentadas - como ultramaratona, ciclismo de montanha, corrida de aventura, mergulho e esportes de combate -, e com base na demanda energética imposta pelas provas, pelas condições ambientais e pelas respostas fisiológicas, propõe-se um direcionamento nutricional apropriado. O objetivo é proporcionar ao leitor uma visão geral sobre os aspectos essenciais dos esportes em condições extremas, maior segurança e domínio no planejamento individualizado dos atletas.

Aprendizagem motora e o ensino do esporte - Go Tani 2016-05-12

A habilidade motora modula o envolvimento com o esporte: quanto mais envolvimento, mais habilidade, e vice-versa; quanto mais habilidade e envolvimento, maior a chance de permanência na atividade, ou seja, da prática do esporte ao longo da vida. A aquisição de habilidades motoras constitui o objeto de estudo de

um campo de investigação denominado aprendizagem motora, que procura elucidar os mecanismos e os processos subjacentes a essa aquisição, além dos fatores que a influenciam. Os conhecimentos produzidos, sistematizados e acumulados historicamente por esse campo podem contribuir significativamente para o ensino do esporte, possibilitando ao profissional tomar decisões pedagógicas com mais segurança e propriedade. Este livro procura estabelecer uma ponte entre a aprendizagem motora e o ensino do esporte em diferentes modalidades. Foi escrito com a intenção primária de contribuir para a melhora da qualidade do ensino, mas também com a expectativa de que o profissional, ao reconhecer a potencialidade dos conhecimentos de aprendizagem motora e ao proceder à sua efetiva experimentação no cotidiano da intervenção, possa assumir atitude de pesquisador, reconhecidamente um componente imprescindível

para o constante aperfeiçoamento profissional.

**Medicine and Science in Aquatic Sports** - Mitsumasa Miyashita 1994

Major topics areas include the physiology and biomechanics of swimming, medical aspects of aquatic sports, coaching, doping control, and sport-related injuries.

*Synchronized Swimming* -

Dawn Pawson Bean 2005-03-04

From novelty tricks in swim classes, through the Aquacades and movies, to the highly complex Olympic competitions- this history of synchronized swimming tells how the sport grew, examines the role the United States has played in its worldwide development, and describes the status of synchronized swimming in world sporting events today. Among the topics covered are competition development, development around the United States, rules and technical changes, and leadership (from volunteers to a National Office). Four appendices list major award winners, U.S. National Champions, the

results of major international competitions, and U.S. participation in international events. The work boasts photographs from the first international competition in 1942 to the World Championships of 2003, as well as a full bibliography.

**Biomechanics and Medicine in Swimming** - Per-Ludvik Kjendlie 2010

Encyclopedia of World Sport - David Levinson 1996

A historical and cross-cultural survey of mainstream and lesser-known sports.

Robert's Rules of Order - Henry M. Robert 2018-07-10

Robert's Rules of Order by Henry M. Robert There appears to be much needed a work on parliamentary law, based, in its general principles, upon the rules and practice of Congress, and adapted, in its details, to the use of ordinary societies. Such a work should give, not only the methods of organizing and conducting the meetings, the duties of the officers and the names of the ordinary motions, but in

addition, should state in a systematic manner, in reference to each motion, its object and effect; whether it can be amended or debated; if debatable, the extent to which it opens the main question to debate; the circumstances under which it can be made, and what other motions can be made while it is pending. This Manual has been prepared with a view to supplying the above information in a condensed and systematic manner, each rule being either complete in itself, or giving references to every section that in any way qualifies it, so that a stranger to the work can refer to any special subject with safety. We are delighted to publish this classic book as part of our extensive Classic Library collection. Many of the books in our collection have been out of print for decades, and therefore have not been accessible to the general public. The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature, and our view is that this is a

significant literary work, which deserves to be brought back into print after many decades. The contents of the vast majority of titles in the Classic Library have been scanned from the original works. To ensure a high quality product, each title has been meticulously hand curated by our staff. Our philosophy has

been guided by a desire to provide the reader with a book that is as close as possible to ownership of the original work. We hope that you will enjoy this wonderful classic work, and that for you it becomes an enriching experience.

**Swimming World and Junior Swimmer** - 1981