

Combat Knife Throwing A New Approach To Knife Throwing And Knife Fighting Revised And Updated Illustrations

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Combat Knife Throwing - Ralph Thorn 2002

Conventional wisdom among knife-fighting experts has it that knife throwing is a pursuit best left to circus performers, hillbilly theme parks, and hobbyists and that it is useless for combat or other survival purposes. In this groundbreaking new book. Ralph Thorn differentiates between "circus" knife throwing and combat knife throwing, and reveals his style of knife throwing suitable for actual combat and knife fights.

New Dark Age - James Bridle 2018-07-17

"New Dark Age is among the most unsettling and illuminating books I've read about the Internet, which is to say that it is among the most unsettling and illuminating books I've read about contemporary life." - New Yorker As the world around us increases in technological complexity, our understanding of it diminishes. Underlying this trend is a single idea: the belief that our existence is understandable through computation, and more data is enough to help us build a better world. In reality, we are lost in a sea of information, increasingly divided by fundamentalism, simplistic narratives, conspiracy theories, and post-factual politics. Meanwhile, those in power use our lack of understanding to further their own interests. Despite the apparent accessibility of information, we're living in a new Dark Age. From rogue financial systems to shopping algorithms, from artificial intelligence to state secrecy, we no longer understand how our world is governed or presented to us. The media is filled with unverifiable speculation, much of it generated by anonymous software, while companies dominate their employees through surveillance and the threat of automation. In his brilliant new work, leading artist and writer James Bridle surveys the history of art, technology, and information systems, and reveals the dark clouds that gather over our dreams of the digital sublime.

Knife Fights - John A. Nagl 2015-10-13

An influential Army officer traces the Gulf War experiences that shaped his perspectives on the changing nature of conventional combat and his then-discounted views about terrorism, citing his role in coauthoring the military's new counterinsurgency field manual. 30,000 first printing.

Military Knife Fighting - Robert K. Spear 1996

During Desert Shield, Saudi Arabian troops laughed at their G.I. counterparts because every American soldier conspicuously carried a big fighting knife, yet none had ever been given formal training on how to use them correctly. Robert Spear has filled this training gap with a manual which goes far beyond the usual techniques. 123 pp., 5.5 X 8.5, photos, softcvr.

The Inflamed Mind - Edward Bullmore 2018-12-31

As seen on "CBS This Morning" Worldwide, depression will be the single biggest cause of disability in the next twenty years. But treatment for it has not changed much in the last three decades. In the world of psychiatry, time has apparently stood still...until now with Edward Bullmore's *The Inflamed Mind: A Radical New Approach to Depression*. A Sunday Times (London) Top Ten Bestseller In this game-changing book, University of Cambridge professor of psychiatry Edward Bullmore reveals the breakthrough new science on the link between depression and inflammation of the body and brain. He explains how and why we now know that mental disorders can have their root cause in the immune system, and outlines a future revolution in which treatments could be specifically targeted to break the vicious cycles of stress, inflammation, and depression. *The Inflamed Mind* goes far beyond the clinic and the lab, representing a whole new way of looking at how mind, brain, and body all work together in a sometimes misguided effort to help us survive in a hostile world. It offers insights into how we could start getting to grips with depression and other mental disorders much more effectively in the future.

Achilles in Vietnam - Jonathan Shay 2010-05-11

An original and groundbreaking book that examines the psychological devastation of war by comparing the soldiers of Homer's Iliad with Vietnam veterans suffering from post-traumatic stress disorder. In this moving, dazzlingly creative book, Dr. Shay examines the psychological devastation of war by comparing the soldiers of Homer's Iliad with Vietnam veterans suffering from post-traumatic stress disorder. A classic of war literature that has as much relevance as ever in the wake of the wars in Iraq and Afghanistan, it is a "transcendent literary adventure" (The New York Times) and "clearly one of the most original and most important scholarly works to have emerged from the Vietnam War" (Tim O'Brien, author of *The Things They Carried*).

Musashi's Book of Five Rings - Stephen F. Kaufman 2012-05-15

This classic interpretation of Miyamoto Musashi's famous Book of Five Rings is intended specifically for the martial artist—as Miyamoto Musashi originally intended. It explains the underlying truths necessary for a full understanding of Musashi's message for warriors. The result is an enthralling book on martial strategy that combines the instincts of the warrior with the philosophies of Zen Buddhism, Shintoism, Confucianism and Taoism. It is a crucial book for every martial artist to read and understand. Like the original, this classic book of strategy is divided into five sections. The Book of Earth lays the groundwork for anyone wishing to understand Musashi's teachings; the Book of Water explains the warrior's approach to strategy; the Book of Fire teaches fundamental fighting techniques based on the Earth and Water principles; the Book of Wind describes differences between Musashi's own martial style and the styles of other fighting schools; while the Book of No-thing describes the "way of nature" as understood through an "unthinking" existing preconception. Famed martial artist and bestselling author Stephen Kaufman has translated this classic without the usual academic or commercial bias, driving straight into the heart of Musashi's martial teachings and interpreting them for his fellow martial artists. The result is an enthralling combination of warrior wisdom and philosophical truths that Musashi offered to other warriors who wished to master the martial way of bushido.

Sophie's World - Jostein Gaarder 2007-03-20

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

The Fighting Tomahawk - Dwight C. Mclemore 2018-01-04

The low-tech, high-impact tomahawk has been carried in every American war, including Vietnam, Afghanistan and Iraq. Here the author traces the origins of the tomahawk and uses his dynamic drawings to show how it can be utilized singly or with the long knife in both offensive and defensive encounters. Includes fighting scenarios, throwing lessons and applications of the war club.

Hadaka-Jime - Moshe Feldenkrais 2009-07-01

Command Of The Air - General Giulio Douhet 2014-08-15

In the pantheon of air power spokesmen, Giulio Douhet holds center stage. His writings, more often cited than perhaps actually read, appear as excerpts and aphorisms in the writings of numerous other air power spokesmen, advocates-and critics. Though a highly controversial figure, the very controversy that surrounds him offers to us a testimonial of the value and depth of his work, and the need for airmen today to become familiar with his thought. The progressive development of air power to

the point where, today, it is more correct to refer to aerospace power has not outdated the notions of Douhet in the slightest. In fact, in many ways, the kinds of technological capabilities that we enjoy as a global air power provider attest to the breadth of his vision. Douhet, together with Hugh "Boom" Trenchard of Great Britain and William "Billy" Mitchell of the United States, is justly recognized as one of the three great spokesmen of the early air power era. This reprint is offered in the spirit of continuing the dialogue that Douhet himself so perceptively began with the first edition of this book, published in 1921. Readers may well find much that they disagree with in this book, but also much that is of enduring value. The vital necessity of Douhet's central vision—that command of the air is all important in modern warfare—has been proven throughout the history of wars in this century, from the fighting over the Somme to the air war over Kuwait and Iraq.

Pankration Resurrection - Jim Arvanitis 2017-04-23

Jim Arvanitis, internationally-renowned as the Father of Modern Pankration and MMA pioneer, presents an in-depth analysis of this ancient fighting art and its contemporary derivative. Pankration is one of the oldest martial arts on record and the first to integrate striking, grappling, and submission techniques. The book examines the tactics and training methodologies traceable to the earliest Olympic Games to their adaptation by the author in the Twentieth Century. Also discussed is pankration's development from its mythological roots to the sport's inclusion in the Panhellenic festivals, and dynamic rebirth after it had vanished for several thousand years. Hundreds of lavish artifacts and photos depict one-on-one combat action throughout the text. Greek pankration is the only fully-documented total fighting system of the Pre-Christian era and the missing link in martial arts evolution.

A Photojournalist's Field Guide - Stacy Pearsall 2013-03-05

In this comprehensive, practical guide, award-winning photojournalist Stacy Pearsall offers the techniques, guidance, and inspiration needed to succeed in the dynamic and exciting field of photojournalism. Starting with an overview of photojournalism and her experience as both a combat and domestic photographer, Stacy covers the basics of preparing for assignments, discussing such key topics as selecting suitable attire for different environments, assembling essential camera gear, developing the right approach for a story, and honing your shooting technique. Beyond the fundamentals, Stacy then dives into the nitty-gritty details of photojournalism work, providing insights into living and working in harsh conditions, maintaining physical and mental health, and managing relationships with subjects. The book interweaves hundreds of Stacy's amazing photographs with stories of her experiences in the field, providing context for advice on everything from navigating unfamiliar locations, to properly exposing your images, to building innovative multimedia projects. Follow her into "the trenches" for the fascinating stories behind the shots, which show by example how to get the best photographs you can, even under the most challenging circumstances. Features stunning full-color images from some of the author's most dramatic moments as a photojournalist. Offers insights on preparing for long-term assignments, working in austere environments, and reintegrating into society after a project. Interweaves photography techniques with advice on interacting with subjects and creating compelling stories.

All-in Fighting - W. E. Fairbairn 2021-05-06

The author of this concise guide to unarmed combat and self-defence is a legend. W. E. Fairbairn (1885-1960) spent over thirty years in the tough environment of the Riot Squads of China's Shanghai Municipal Police. In order to lower levels of Police mortality at the hands of Chinese Tongts, he studied ancient Chinese and Japanese martial arts, including Ju-jitsu, and was the first foreigner to be awarded a black belt in the discipline. He developed his own system which he called 'Defendu'. At the outbreak of the Second World War, he was recruited by Britain's Special Operations Executive as an Instructor in unarmed combat and expounded the deadly mysteries of attack and defence to scores of trainee agents about to be dropped into occupied Europe. His methods were approved and officially adopted throughout the British army. Fairbairn also developed weapons and defence aids such as bullet proof vests. He is best known as the co-inventor of the famous Sykes-Fairbairn knife. In this book he expounds his distilled experience of unarmed combat. Fully illustrated, it shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear- and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. The book also contains a chapter on the use of the rifle in close combat by Captain P. N. Walbridge.

100 Deadly Skills - Clint Emerson 2015-10-13

A hands-on, practical survival guide from retired Navy SEAL Clint Emerson, from eluding pursuers, evading capture, and surviving dangerous situations.

Knife Skills - Bill Collins 2014-08-09

Good knife skills are key to feeling confident and comfortable in the kitchen. Chef Bill Collins teaches you how to wield cooking knives properly, so you can slice, peel, bone, and dice with ease. Illustrated step-by-step instructions show you how to cut and carve seafood, poultry, meats, and produce of all kinds. In addition to profiling the best uses for a variety of knife types, Collins includes tips for using other sharp kitchen tools like graters, vegetable peelers, and mandolins. Get ready to chop away!

The Art of Knife Fighting for Stage and Screen - Erick Vaughn Wolfe 2022-02-08

The Art of Knife Fighting for Stage and Screen: An Actor's and Director's Guide to Staged Violence provides detailed information for the safe use of knives and daggers in a theatrical setting and an in-depth understanding of safe theatrical weapons. The book starts with an extensive safety review, then moves on to the basic techniques of dagger fighting, starting with grip and body postures. Readers will then learn about the basic actions of cuts, parries, blocks, and disarms. During this process, they will explore the connection between body and weapon and start learning the elements of storytelling through choreography. Special attention is given to suicides, threats, and murder and how directors, choreographers, performers, teachers, and students can approach these techniques in a way that is physically and mentally safe. The book also covers the use of throwing knives, knife flips, and other tricks to help add a little flair to your fight. The Art of Knife Fighting for Stage and Screen teaches the safe theatrical use of the knife for directors, performers, educators, and students of stage combat.

Combat Applications Techniques - Andrew Curtiss 2008-04-22

"Death smiles upon us all. All we can do is Smile back" (Russel Crowe Gladiator) Survival is the objective of this book. When faced against an armed adversary we value our life above all else. The sole purpose of existence turns to survival, when life hangs in the balance. The life that we hold so precious becomes fragile when we find ourselves staring death in the face. Often times we don't recognize that it could only take seconds to have our lives bled out from underneath us. It is only in the times of peril, and we realize that our life is hanging by a thread that Survival becomes so important. Make no mistake this book is about SURVIVAL. Every copy sold donates 1 dollar to Save a vet in order to help veterans afflicted with Post Traumatic Stress Disorder (PTSD)

A Little History of the World - E. H. Gombrich 2014-10-01

E. H. Gombrich's Little History of the World, though written in 1935, has become one of the treasures of historical writing since its first publication in English in 2005. The Yale edition alone has now sold over half a million copies, and the book is available worldwide in almost thirty languages. Gombrich was of course the best-known art historian of his time, and his text suggests illustrations on every page. This illustrated edition of the Little History brings together the pellucid humanity of his narrative with the images that may well have been in his mind's eye as he wrote the book. The two hundred illustrations—most of them in full color—are not simple embellishments, though they are beautiful. They emerge from the text, enrich the author's intention, and deepen the pleasure of reading this remarkable work. For this edition the text is reset in a spacious format, flowing around illustrations that range from paintings to line drawings, emblems, motifs, and symbols. The book incorporates freshly drawn maps, a revised preface, and a new index. Blending high-grade design, fine paper, and classic binding, this is both a sumptuous gift book and an enhanced edition of a timeless account of human history.

Wayne Goddard's \$50 Knife Shop - Wayne Goddard 2001-01-01

Following on the heels of Goddard's hot-selling "how to" book, "The Wonder of Knifemaking", this new book expands on the author's popular column in "Blade" magazine to show knifemakers of all skill levels how to create helpful gadgets and supply their shop on a shoestring. 75 photos.

Art of Throwing - Amante P. Marinas, Sr. 2013-12-10

Concise and informative, The Art of Throwing is the ultimate introduction to the exciting world of throwing weapons. It provides thorough explanation and instruction on everything from grips and stances, targets and trajectories, and even how to construct your own weapons. The fundamentals of weapon throwing are easy to learn, but mastering aim—let alone mastering aim with a variety of weapons—involves time, effort and practice. Let The Art of Throwing ease your transition from

novice to expert with its detailed, but easy to follow instructions from an author who has spent years mastering his technique. With a foreword by knife throwing legend Joe "Brokenfeather" Darrah, this edition includes updated information and an hour-long downloadable video to better aid newcomers in learning the basics or help experienced throwers perfect their techniques. The Art of Throwing includes: Basic concepts—Grips, Methods, and Mechanics Throwing implements—The Bagakay, the knife, the ax, and the spear Japanese throwing implements—The Shuriken and the Shaken Chinese throwing implements—The flying dart, the golden coin dart, the flying steel olive, and the flying sticker Other throwing implements—The western dart and the boomerang Sport and defensive throwing Weapon and hand care

Men of Terror - WILLIAM R. SHORT 2021-07-15

An Interdisciplinary Study of Viking Culture that Dispels Myths and Expands Our Understanding of Their World Sometime near the end of the tenth century, a man named Fraði died in Sweden. His kinsmen raised a granite runestone to his memory in Denmark. The carved message appears to tell us that Fraði was "first among all Vikings" and that he was the "terror of men." Known sources about the Vikings revolve around the constant threat of violence: literary and artistic sources from both inside and outside Viking lands, including poetry, myths, stories, and artwork; law codes; burial practices; weapons; even their ship and house architecture. Based on nearly two decades of research, *Men of Terror: A Comprehensive Analysis of Viking Combat* is a heavily illustrated interdisciplinary study of the heart of Viking society: weapons and combat. Relying on a vast array of sources from a wide range of fields, research scientist William R. Short and independent scholar and martial arts instructor Reynir A. Óskarson dig deep into the culture of men like Fraði to better understand the mindset and performance of Viking warriors that led them to venerate and praise acts of violence and aggression. In the process they have painstakingly reverse-engineered Viking combat techniques to account for the archaeology we have. Along the way, they answer questions such as, Were there women warriors? Why did Vikings burn their enemies alive inside their homes? Why were these brutal, horrific acts such as raiding held in such high esteem? Through their comprehensive research, the authors present a holistic picture of this society from what previously had only been disparate and intriguing parts. By the end of the book, the reader will understand the importance of combat to Viking society, the nature of that combat, and the code of these "men of terror."

Fight Like a Physicist - Jason Thalken 2015

An in-depth, sometimes whimsical look into the physics behind effective fighting techniques and examining the core principles that make them work: momentum, energy, center of mass, levers and wedges. It also exposes the illusion of safety provided by gloves and helmets, aiding the reader in reducing traumatic brain injury in martial arts, boxing, and other contact sports.--Publisher.

Cold Steel - John Styers 2013-03-01

Cold Steel (originally published by Leatherneck magazine), was the Marine bible of unarmed combat. Emphasizing the practice aspect of bayonet, knife and stick fighting, this rare volume also provides short courses in unarmed combat and knife throwing. For academic study only

Modern Hand to Hand Combat - Hakim Isler 2014-09-30

Learn the most effective way to neutralize an opponent using ancient samurai techniques applied to modern combat with this illustrated martial arts guide. *Modern Hand to Hand Combat: Ancient Samurai Techniques on the Battlefield and in the Street* recognizes the lawless nature of today's battlefield. Hakim Isler, a veteran of the Iraq War, knows from his own experiences that in an urban combat setting, the players, the equipment, and the stakes are very different from those found in an MMA octagon, the boxing ring, or the martial arts dojo. Based primarily on samurai techniques over a millennium old, Isler's system—Battlefield Proximity Combat—is an effective answer to the unique needs of the modern warfighter and military martial artist. This martial arts training book gives step-by-step self-defense instructions on how to effectively and realistically respond to life and death hand-to-hand combat situations through movements and principles that are as valid today as they were 1000 years ago. With almost three hundred illustrations and a detailed DVD, the philosophy and instructions in *Modern Hand to Hand Combat* can mean the difference between life and death on the battlefield or in a street fight.

Throws for Strikers - Iain Abernethy 2003

Throws For Strikers looks at the basic throws that were once commonly practised in striking systems such as karate, boxing and taekwondo. In addition to providing instructions on the throws themselves, this book

also covers the fundamental principles that apply to all throws, includes practice drills that will enable the reader to develop competence in live situations, and explains what to do should a throw go wrong and you end up on the ground.

Eskrima - Krishna Godhania 2012-10-01

Eskrima, which is also known as Arnis (De Mano) or Kali, is the indigenous martial art of the Philippine Islands. Dynamic and flexible, with a wide range of training methods it can be practised by students of all ages and levels of fitness. Well known and respected as a highly practical weapons-based system, Eskrima is practised worldwide by civilians, law enforcement personnel and special units within the military. Eskrima uses training weapons (rattan sticks and daggers) from the earliest stages, alongside purely unarmed techniques. These training methods have been found particularly effective at increasing co-ordination and reflexes, providing a fast track to developing the qualities needed for practical self-defence. This fascinating book traces the history and evolution of this art form. It highlights Eskrima's essential principles and concepts. The instructional section illustrates how the Eskrimador is able to succeed in a wide range of combat situations involving fighting with both weapons and open-hands. Techniques, two-person flow drills, self-defence applications, training with specialized equipment, the philosophy of the art and 'self-defence and the law' are all covered in depth.

Knife Fighting, Knife Throwing for Combat - Michael D. Echanis 1978

Soldier of Fortune magazine described the late Michael D Echanis as "one of the leading experts of hand-to-hand combat in the world". Before creating one of the most effective knife-defence systems in modern warfare, Echanis studied under the supreme grandmaster of hwa rang do, Joo Bang Lee, and specialised in un shin bup, the Korean counterpart to ninjutsu.

Knife & Tomahawk Throwing - Harry K. McEvoy 2011-12-20

"Knife & Tomahawk Throwing helps keep alive these traditional arts of the old West. In these pages you will learn about the fundamentals of the sport and gain insight into some of the greatest professional knife throwers—the men who paved the way for the modern day thrower." — Bobby Branton, President of the American Knife Thrower's Alliance (AKTA) Harry McEvoy, foremost expert in the field of tomahawk and knife throwing and best-selling author of *Knife Throwing: A Practical Guide*, provides us with an exciting, in-depth look at the popular sport of weapon throwing. Meet the men who throw flaming knives at lovely ladies on a spinning target—and not scorch a hair; learn about the legendary "Skeeter" Vaughan, whose record-breaking throw saved the lives of hundreds of U.S. servicemen during World War II; and witness the courage of Tony Cascarella, who brought down a 275-pound wild boar with only three Bowie-Axe throwing knives. In addition, this book will clearly show you the skills involved in knife and tomahawk throwing—skills all the professionals first mastered before attempting the daring feats required when performing the "impalement arts." Also presented is an interesting history of throwing-knives, from the earliest times, through the development of the European daggers, and up to the knives used during the Vietnam War. Furthermore, you'll learn about many of the other throwing weapons of the world, including the martial arts weapons used by the Japanese ninja, and the deadly boomerangs of the Australian aborigines. Concisely written and illustrated with more than 50 photographs—including many of the "greats" in action—*Knife and Tomahawk Throwing* is a must for anyone interested in these fascinating sports. Chapters include: The Fine Points of Knife Throwing How to Build Targets Evolution of the Throwing Knife The Art of the Professionals The Saga of Skeeter Vaughn Tomahawk Throwing The Hunt of the "Hog Heaven" Boar The Other Throwing Instruments

Knife Throwing - Harry K. McEvoy 2011-12-20

"Knife Throwing is the most authoritative guide on every aspect of the sport. From knives and knife throwing techniques to competition and advice, as well as profiles of pioneers and legends in the field, this book covers it all." — Bobby Branton, President of American Knife Thrower's Alliance (AKTA) Not only is knife throwing fun, it is also a great sport, entertainment, recreation and exercise. It can be a wonderful hobby, pastime, or even a profession, and the fundamentals are easy to learn. Anyone who can throw a stick, stone, or baseball can also learn how to throw a knife with skill and accuracy. All you need is a good knife—designed for the purpose, whether made to throw by the handle or blade, a target, and a small portion of the back yard for the throwing range. Few sports can provide so much recreation at so little cost. Knife throwing is a sport in which individual skills can be developed to a very high degree. Expert knife throwing, like great proficiency in any other

sport, is developed by natural aptitude and instinct combined with that one magic ingredient: practice! In *Knife Throwing* by American Knife Thrower's Alliance founder, Harry McEvoy, demonstrates how to throw a knife successfully in chapters such as: It's Fun to Throw a Knife Choice of Weapons How to Throw a Knife How to Develop "Pin-Point" Accuracy How to Select a Throwing Knife Targets: How and Where Tomahawks and Bowies Safety Measures, Rules, and Care of Knives The Professionals Hunting: A New Twist to an Old Sport Tales, Legends and People

Japanese Throwing Weapons - Daniel Fletcher 2012-08-21

Master the Japanese art of shuriken throwing with this illustrated martial arts guide. *Japanese Throwing Weapons: Mastering Shuriken Throwing Techniques* is a detailed instruction manual for learning authentic shuriken throwing techniques as practiced in Japan, known as shuriken-jutsu. Daniel Fletcher studied under Japan's most notable shuriken sensei, Yasuyuki Otsuka, of the Meifu Shinkage Ryu and in this knife throwing book he reveals the secrets learned in his years of study and training. Fletcher explains the origins and purpose of the shuriken as a weapon and provides information on the various types of shuriken used by the historic samurai and ninjas. Fletcher's expert instructions, along with over 200 photographs and the enclosed DVD can help anyone become proficient with Japanese throwing techniques. Weapons instruction includes: Shaken Shuriken—The most familiar of the shuriken family, this sharp-edged, star-shaped weapon is the one typically seen in martial arts film. Bo Shuriken—Shaped like a spike, easy to manufacture, economical, and convenient to carry, this simple weapon is a staple in the arsenal of the Japanese warrior. Teppan Shuriken—A multi-purpose weapon made from iron plates, it can take a variety of shapes and is used both for throwing or hand-to-hand combat.

Brutal Justice - Mark Sewell 2016-02-19

Crime is rampant; the City cries in pain. The call is made for a protector, a hero are you that hero? Do you feel the burning urge to fight evil but maybe you're not quite sure where to start? Do I need a stick how about a mask? Must I develop 6-pack abs before heading off into the night? What will the neighbours think? Well, you've had your entire life to be normal, and what did that get you? Probably not much or maybe it has; good for you! Its time to get positive, its time to get crazy; its time to impose your glorious, indomitable will upon the world at large. So don't plod through another day at your boring, lame-ass job, surrounded by coworkers that you hate, with a boss you want to shove face-first into a filthy toilet bowl. Put on your ski mask and grab the old baseball bat its time to go bash some scum! Justice! Brutality! Ultra-violence! Heed the call!!!

{Disclaimer: Don't actually heed the call, or you'll end up dead or imprisoned. Reality check sorry.}

The Ultimate Guide to Knife Throwing - Bobby Branton 2015-07-21

If you've ever wanted to learn how to throw knives or tomahawks, look no further than *The Ultimate Guide to Knife Throwing*. This comprehensive guide is perfect for everyone from novices who have never picked up a knife to seasoned knife and tomahawk throwers looking to compete in their first tournament. Bobby Branton has been a foremost expert in the field of knife throwing and handcrafting custom throwing knives for over thirty years and shares his expertise here with easy step-by-step directions. Branton shows readers two methods of throwing knives that are most popular with knife throwers today. He will also share his extensive knife-making experience by showing readers how to make a quality throwing knife on a budget. In addition to improving technical skills, this guide will also give readers a brief history of the sport—covering everyone from the pioneers of the sport to today's modern impalement artists. This book will give you the tools needed to learn everything from the basics of knife and tomahawk throwing to how to start your own knife and tomahawk throwing club. Readers will learn how to construct targets, learn the basic stance, basic knife and tomahawk grips, and the mechanics of throwing knives and tomahawks. Branton's guide gives an in-depth look at this fast-growing sport, with a strong emphasis placed on safety. *The Ultimate Guide to Knife Throwing* is a must for anyone interested in the sport of knife throwing. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes

overlooked by other publishers and to authors whose work might not otherwise find a home.

Knife Self-Defense for Combat - Michael D. Echanis 1977

In the study of unconventional warfare, few names carry as much weight as Michael D. Echanis. The shadowy hand-to-hand combat pioneer died under mysterious circumstances, but before meeting a violent, fiery death in an unexplained plane crash in Nicaragua, he penned *Knife Self-Defence for Combat*, the definitive guide to controlling and disarming a knife attacker and a must-have for any paramilitary operative. Previously unavailable to the general public on the open market, this modern mercenary's favorite contains more than 30 fully illustrated techniques.

Put 'Em Down, Take 'Em Out! - Don Pentecost 2016-10-28

Forget what you've seen in movies and on television--a knife attack is usually fast, furious, and often fatal. When it comes to increasing your chances of surviving, even the best martial arts schools are no match for the hard lessons learned in brutal institutions like Folsom Prison. Folsom alum Don Pentecost's no-nonsense guide cuts through the Hollywood myths and covers valuable information like: *Defending yourself against an attack* Going on the offensive* Training methods to maximize your chances of survival If it's true that, as a poet once said, "prison is like high school with knives," then facilities like Folsom are the Ivy League of violence. Serving a sentence at Folsom is like earning a PhD in staying alive. Don Pentecost has done the time so you don't have to. d

The Complete Michael D. Echanis Collection - Michael D. Echanis 2010

This thorough collection delivers powerful, reality-based self-defense methods from one of the world's best-known weapons experts.

Combining the books *Knife Fighting*, *Knife Throwing for Combat*; *Basic Stick Fighting for Combat*; and *Knife Self-Defense for Combat* in one volume for the first time, this complete edition teaches aspiring martial artists dozens of knife-attack and counterattack techniques, psychological and physical visualization methods of unconventional paramilitary warfare, the use of the stick as a weapon of survival, and more than 30 separate methods for disarming and controlling a knife attacker.

Battlefield Pankration: The Book - Jim Arvanitis 2011-04-01

"MOLON LABE!" "Come and get it," the battlefield cry of the ancient Spartan warriors. When Jim Arvanitis resurrected the ancient Greek martial art of pankration and updated it with the most effective concepts and techniques from other combative systems, he developed what many acknowledge to be one of world's first mixed martial arts (MMA). Now, Arvanitis has delved further into Greek martial history and revived the lost art of pammachon, or "battlefield pankration"—the military predecessor of pankration that takes the art out of the sporting arena and into the streets, where the objective is not competing to win a prize but fighting to save your life. *Battlefield Pankration: The Book* is a complete course in the nasty business of hard-core "conflict resolution." The techniques require no athleticism to perform but are based purely on raw animal instinct. The instruction blends the brutal competitive training of the MMA arena with the intensity of reality-based scenario drills. Its goal is not to show you how to engage in an uncontrolled brawl but to teach you dozens of tactical means to end an altercation quickly. Whether the fight is stand up or on the ground, whether your assailant is armed or unarmed, whether you are facing one or more opponents, *Battlefield Pankration: The Book* will show you how to handle all stages of a violent encounter with streetwise strategies, vicious techniques, and the warrior spirit of the ancient Spartans!

The Guy's Guide to Pocket Knives - Mike Yarbrough 2017-10-15

PACKED WITH OVER 50 POCKET KNIFE TRICKS, IDEAS, AND ACTIVITIES, FROM FUN GAMES AND PROJECTS TO BADASS FIGHTING MOVES AND SURVIVAL TIPS. You should never be without a trusty pocket knife, nor should you lack the skills to wield it properly and with purpose. *The Guy's Guide to Pocket Knives* is sure to sharpen your skills and hone your appreciation for the pocket knife with nostalgic, humorous and informative sections on: • History and Evolution • Blade Types and Uses • Sharpening Guides • Games and Pastimes • Whittling Projects • Outdoor Survival Skills • Throwing Techniques

U.S. Army Hand-to-Hand Combat - Department of the Army 2009-11-03
Presents the official field manual used by the United States Army detailing the techniques of hand-to-hand fighting.

Hank Reinhardt's Book of Knives - Hank Reinhardt 2012-06-01

Definitive and compulsively readable^{3/4} an illustrated guide to the use in knifefighting and beyond of contemporary knives by long-time Blade columnist and master weaponsmith, Hank Reinhardt. Deadlier than the club, more ubiquitous than the sword, the knife is the universal edged weapon of all humankind. As our society has grown more advanced, and

more reliant on technology, there has been an increased interest in the weapons of the past, and this sharp-edged guide to the use of the knife

will whet the appetite of expert and layman alike. At the publisher's request, this title is sold without DRM (Digital Rights Management).