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Psychology in Sports Coaching - Adam R. Nicholls 2017-06-26

Some of the most effective coaches understand the fundamentals of sport psychology, which include interacting effectively with athletes, creating the optimal environment, assessing the psychological needs of their athletes, and even providing them with the mental training required to maximise performance. Fully revised and updated, the second edition of Psychology in Sports Coaching: Theory and Practice clearly and accessibly introduces the principles and practice of sport psychology in the context of the coaching process. Drawing on the very latest research and theory, the book introduces the psychological tools and techniques that coaches can use to get the best performances out of their athletes. Including six new chapters on applying self-determination principles in coaching, creating the optimal motivational climate, increasing motivation, developing anti-doping attitudes, promoting challenge states, and mindfulness-based stress reduction training, the book also offers step-by-step guidance on key topics such as: Assessing the needs of athletes Facilitating awareness through goal-setting and performance profiling Working with special populations, including children and injured athletes Building team cohesion Maximising relationships and socially supporting athletes Teaching mental skills such as imagery and coping Building mental toughness and confidence. Every chapter contains useful features to aid learning and understanding, including in-depth case studies, critical thinking questions, clear and concise summaries, and practice exam questions. Psychology in Sports Coaching: Theory and Practice is essential reading for any student of sports coaching or any practising coach looking to extend and develop their skills, and useful applied reading for students of sport psychology.

Scala Data Analysis Cookbook - Arun Manivannan 2015-10-30

Navigate the world of data analysis, visualization, and machine learning with over 100 hands-on Scala recipes About This Book Implement Scala in your data analysis using features from Spark, Breeze, and Zeppelin Scale up your data analytics infrastructure with practical recipes for Scala machine learning Recipes for every stage of the data analysis process, from reading and collecting data to distributed analytics Who This Book Is For This book shows data scientists and analysts how to leverage their existing knowledge of Scala for quality and scalable data analysis. What You Will Learn Familiarize and set up the Breeze and Spark libraries and use data structures Import data from a host of possible sources and create dataframes from CSV Clean, validate and transform data using Scala to pre-process numerical and string data Integrate quintessential machine learning algorithms using Scala stack Bundle and scale up Spark jobs by deploying them into a variety of cluster managers Run streaming and graph analytics in Spark to visualize data, enabling exploratory analysis In Detail This book will introduce you to the most popular Scala tools, libraries, and frameworks through practical recipes around loading, manipulating, and preparing your data. It will also help you explore and make sense of your data using stunning and insightful visualizations, and machine learning toolkits. Starting with introductory recipes on utilizing the Breeze and Spark libraries, get to grips with how to import data from a host of possible sources and how to pre-process numerical, string, and date data. Next, you'll get an understanding of concepts that will help you visualize data using the Apache Zeppelin and Bokeh bindings in Scala, enabling exploratory data analysis. iscover how to program quintessential machine learning algorithms using Spark ML library. Work

through steps to scale your machine learning models and deploy them into a standalone cluster, EC2, YARN, and Mesos. Finally dip into the powerful options presented by Spark Streaming, and machine learning for streaming data, as well as utilizing Spark GraphX. Style and approach This book contains a rich set of recipes that covers the full spectrum of interesting data analysis tasks and will help you revolutionize your data analysis skills using Scala and Spark.

**Running IT Like a Business** - Robert Kress 2011-10-18

With clear strategies, helpful diagrams and real-life examples, this book will give you the keys to unlocking your IT function's hidden potential.

**SQL Server 2005 DBA Street Smarts** - Joseph L. Jordan 2006-10-30

Develop the skill you need in the real world. Hit the ground running with the street-smart training you'll find in this practical book. Using a "Year in the life" approach, it gives you an inside look at SQL Server 2005 database administration, with key information organized around the actual day-to-day tasks, scenarios, and challenges you'll face in the field. This valuable training tool is loaded with hands-on, step-by-step exercises covering all phases of SQL Server 2005 administration, including: \* Installing and configuring SQL Server \* High availability and disaster recovery \* Maintenance and automation \* Monitoring and troubleshooting An Invaluable study tool This no-nonsense book also maps to the common tasks and objectives for Microsoft's MCTS SQL Server (TM) 2005 Implementation and Maintenance exam (70-431). So whether you're preparing for certification or seeking practical skills to break into the field, you'll find the instruction you need, including: \* Upgrading from a previous version of SQL Server \* Configuring an operating mode \* Restoring a database \* Creating a Transact-SQL user-defined type \* Using Windows(r) System Monitor to Monitor performance THE STREET SMARTS SERIES is designed to help current or aspiring IT professionals put their certification to work for them. Full of practical, real world scenarios, each book features actual tasks from the field and then offers step-by-step exercises that teach the skills necessary to complete those tasks. And because the exercises are based upon exam objectives from leading technology certifications, each Street Smarts book can be used as a lab manual for certification prep.

**Small Engines Service Manual** - Intertec Publishing Corporation 1985-10

Histology and Cell Biology Review Flash Cards - Douglas Paulsen 2011-01-14

A fun, fast, portable way to review histology and cell biology 248 Q&A cards great for board review, course work, and the USMLE LANGE Flash Cards Histology and Cell Biology Review Flash Cards are a quick, concise, and effective way to review the essential concepts and methods of cell biology. Each of the 248 cards feature a high-yield study question that directs you to material that most often appears on exams. Answers appear on the flip side of the card. Flash cards are the perfect way for you to quickly identify gaps in your knowledge, allowing you to concentrate your study on your weakest areas.

The Courtesan's Courtship (Mills & Boon Historical) - Gail Ranstrom 2014-01-27

TO RESTORE HER REPUTATION, SHE MUST FIRST DESTROY IT... When Dianthe Lovejoy is accused of murdering a courtesan who bears an uncanny resemblance to her, she must go into hiding. And the only

man who can protect her is her enemy-notorious rake and gambler Lord Geoffrey Morgan.

[How to Build a Dungeon: Book of the Demon King Vol. 1](#) - Yakan Warau 2016-10-11

How to Build a Dungeon: Book of the Demon King is a mature, dark fantasy series about one man's thirst for power and ambition to create the ultimate dungeon. At the end of his life, after decades of painstaking research, Aur has finally achieved his dream of ascending to the role of Demon King. Using his newfound abilities, he summons an alluring succubus known as Lulu to serve him, and immediately begins the task of creating a dungeon--an underground kingdom in his own vision, filled with all manner of fantastical creatures. As he weaves the intricate and dangerous world of his dungeon, he'll learn what it takes to become a true Demon King, with all the troubles, trials, and titillation that come with it. And his enemies will cower in fear!

**Gay Sex Positions - 60 Illustrated Gay Sex Positions** - Kaleb Cove 2014-04-13

Sixty of the best gay sex positions, including foreplay and beginner's positions through to everyday positions and those deep & difficult anal sex positions that will make for every last bit of the mind blowing sex you've been craving! Complete with sex notes & difficulty/penetration levels to put you in the driver's seat with all the new tricks you're going to have up your sleeve, come date night!

**A Deal with the Devil** - Amelia Wilde 2021-03-30

A man can only have one great love, and mine was the sea. Until I pulled a half-drowned heiress out of the water. Until I kept her as mine. Until I hurt her to prove I didn't love her. Now we're surrounded. Dangerous pirates want to use her for their own purposes. I won't give her up that easy. I have a lifetime of treasure to protect. But with the ship going down, there's only one thing I want to save. Her. A Deal with the Devil is book two in the Devil trilogy by USA Today bestselling author Amelia Wilde. The Devil and the Deep Blue Sea must be read first.

**Psychopathology** - Graham C. Davey 2014-08-08

Psychopathology has been designed to provide students with a comprehensive coverage of both psychopathology and clinical practice, including extensive treatment techniques for a range of mental health issues. The text is designed to be accessible to students at a range of different learning levels, from first year undergraduates to post-graduate researchers and those undergoing clinical training. Psychopathology is primarily evidence and research based, with coverage of relevant research from as recently as 2013, making it useful to researchers as well as clinicians. The emphasis in the book is on providing students with a real insight into the nature and experience of mental health problems, both through the written coverage and by providing a range of video material covering personal accounts of mental health problems. The text is integrated with a wide variety of teaching and learning features that will enable facilitators to teach more effectively, and students to learn more comprehensively. Many of these features have been updated for the new edition and new material has been included to reflect the changes in DSM-5. Features include Focus Points that discuss contentious or topical issues in detail, Research Methods boxes showing how clinical psychologists do research on psychopathology, and Case Histories detailing a range of mental health problems. Online resources An all new student website is available at [www.wiley-psychopathology.com](http://www.wiley-psychopathology.com). The website houses a huge variety of new digital material including more than 50 instructional and supplementary videos covering descriptions of symptoms and aetiologies, examples of diagnosis and diagnostic interviews, recounted personal experiences of people with mental health problems, and discussions and examples of treatment. The site also contains hundreds of new student quizzes, as well as revision flashcards, student learning activities, discussion topics, lists of relevant journal articles (many of which provide free links to relevant articles published in Wiley Blackwell journals), and topics for discussion related to clinical research and clinical practice. A fully updated lecturer test bank has also been developed including over 1,000 questions, as well as suggested essay questions and these can be accessed by instructors on our lecturer book companion site.

**The Luck of the Wolves** - Sophie Stern 2018-03-13

A woman who will risk everything to save her friend... A man who will stop at nothing to protect his pack... A loneliness that haunts them both... Madison is out of hope, out of time, and out of options. Her only chance to save Eva is a long-forgotten myth about the magical properties of forest wolves. Armed with some rope and a couple of traps, she embarks on a journey through the forbidden forest to find the one creature

that might be able to save her friend. Bronx is the Alpha of the Oasis Pack. He saved the wolves when he became the pack leader. He's not about to let some human traipsing through this part of the Forbidden Forest be their downfall. Not this time. The human isn't acting like a hunter, though, and Bronx has a feeling she isn't what she seems to be. He has to find out the truth about Madison before it's too late. Join Madison and Bronx in Westbridge Forest as they fight against the darkness that threatens to devour them both. This story takes place in the same world as The Fablestone Clan books, but can be enjoyed as a standalone story. For more Westbridge Forest stories, please read Dragon's Oath and Dragon's Breath. *SUBVERSIVE GENEALOGY* - Michael Paul Rogin 2013-08-28

In this major reconsideration of Herman Melville's life and work, Michael Paul Rogin shows that Melville's novels are connected both to the important issues of his time and to the exploits of his patrician and politically prominent family—which, three generations after its Revolutionary War heroes, produced an alcoholic, a bankrupt, and a suicide. Rogin argues that a history of Melville's fiction, and of the society represented in it, is also a history of the writer's family. He describes how that family first engaged Melville in and then isolated him from American political and social life. Melville's brother and father-in-law are shown to link Moby-Dick to the crisis over expansion and slavery. White-Jacket and Billy Budd, which concern shipboard conflicts between masters and seamen, are related to an execution at sea in which Melville's cousin played a decisive part. The figure of Melville's father haunts The Confidence Man, whose subject is the triumph of the marketplace and the absence of authority. A provocative study of one of our supreme literary artists.

**Public Investments in Energy Technology** - Michael P. Gallaher 2012-01-01

Escalating energy demand may be the most important issue facing the United States and the world today. There is little disagreement that research and development (R&D) is needed to develop new energy technologies for the future; however, there is less agreement over the specific research agenda to be pursued and how that agenda is funded. This book addresses the social importance of new energy technologies, illustrates policy-relevant applications of evaluation techniques and proposes new perspectives for a US energy investment strategy. Through detailed examples related to solar, geothermal, and vehicle technologies, the authors outline the need for robust evaluation methods to document social returns to taxpayers' R&D investments. They argue that such evaluations are necessary for the public sector to make rational decisions about the allocation of its scarce resources. The evaluation methods considered involve developing alternative technology and market pathways from which the benefits of government research can be measured. Researchers and graduate students, policy makers involved in energy technology, and energy R&D program managers will all find much of value in this important and timely book.

**The Effing List** - Cherise Sinclair 2021-06-15

If you haven't read this series, you're missing out. Sinclair writes the best Doms. Period. ~ Under the Covers Book Blog Let's liven up our marriage. It'll be fun. Then her husband brought two slaves into the house. That was the end of that. Divorce achieved, Valerie is working on her goals. Friends: has a new one. Fitness: little muscles! Finances: in the black. Friskiness? Total. Effing. Fail. So she attends the notorious Shadowlands club's open house. There, a sadistic Dom—a fellow professor--teaches her that she loves pain with her pleasure. He wants to show her more. Despite the razor edges of his hard face and the authority in his every word, he's careful and caring. He listens, and how tempting is that? But she knows better. Her heart is off-limits. Retired Special Forces colonel, Ghost has been a widower for long enough. Although he's ready to love again, the generous, caring woman he desires has scars from her past. However, he has hard-won skills, enough to show Valerie there can be a new F on her list—fulfillment. Life looks good. Until his past surfaces, shattering his new life and the love he'd hoped to win. --- I love that I can dive into a Masters of The Shadowlands book and get lost and come out feeling warm, safe, and floaty. Just like being in "sub space". ~ Marie's Tempting Reads

**Spectrum Reading for Central Message and Details in Literature, Grade 3** - Spectrum 2015-07-29

Reading words is just the first step, help children comprehend the message by determining main ideas, describing characters, asking and answering questions, and more using Spectrum (R) Focus: Reading for Central Message and Details in Literature for grade 3. --Spectrum Focus takes aim at specific areas of

study and helps children gain mastery by honing one skill at a time. With skill-specific instruction, this standards-based workbook elevates critical thinking through extensive explanations, guided and independent practice, comprehensive assessments, and performance tasks— the perfect resource to help children meet, and exceed, expectations.

**Can't Fight This Feeling** - Claire Hastings 2020-05-04

For as long as Kyle Egan can remember, he has wanted only one thing: to run his own boat charter company. Not that he has much to complain about, as the lead charter boat captain at the Indigo Royal Resort in St. Thomas USVI. He gets to spend his days out on the water, never has to wear a tie, and works alongside his best friend, Drea Miller, who happens to be the only other thing he wants. Drea Miller has been crushing on her best friend Kyle since the moment she saw him five years ago. Unfortunately, she is fully aware that he doesn't see her as more than a friend— oh, and the niece of his bosses. Working for the family-owned resort with her three annoyingly overprotective uncles has always been what she wanted, but lately she's started to wonder what else life might hold. If she can't have the guy she wants, maybe it's time that she makes another dream a reality. When an encounter with a guest brings out the truth, Kyle and Drea are left trying to navigate their feelings, but can their new love survive a revelation they never saw coming?

**Good To Be Bad** - Lauren Blakely 2021-05-11

It was only supposed to be one time. But that red-hot one night stand from the party? The sexy man in the suit who gave me more Os in a few hours than I've had in a year? Turns out my charming British stranger is keeping a little secret. He's as much of a whiz in the kitchen as he is in the bedroom and soon we'll be going head-to-head in NYC's biggest bake off. My one-time lover is now my enemy. I vow to loathe him for all eternity, though that would be easier if I wasn't dying to get naked with him again. But the more I learn more about my rival, the more I suspect he just might be everything I've wanted... If only I knew how to let him in... GOOD TO BE BAD is a sexy standalone romance in the Good Love series!

**Segmental and Prosodic Issues in Romance Phonology** - Pilar Prieto 2007-01-01

This volume is a collection of cutting-edge research papers written by well-known researchers in the field of Romance phonetics and phonology. An important goal of this book is to bridge the gap between traditional Romance linguistics — with its long and rich tradition in data collection, cross-language comparison, and phonetic variation — and laboratory phonology work. The book is organized around three main themes: segmental processes, prosody, and the acquisition of segments and prosody. The various articles provide new empirical data on production, perception, sound change, first and second language learning, rhythm and intonation, presenting a state-of-the-art overview of research in laboratory phonology centred on Romance languages. The Romance data are used to test the predictions of a number of theoretical frameworks such as gestural phonology, exemplar models, generative phonology and optimality theory. The book will constitute a useful companion volume for phoneticians, phonologists and researchers investigating sound structure in Romance languages, and will serve to generate further interest in laboratory phonology.

**Simple Guide to Feminization by Mistress Dede** - Mistress Dede 2016-04-09

This book gives you solid, easy-to-follow instructions, ideas, and useful suggestions on how to quickly and easily achieve a feminine look. It goes over various important feminization tips regarding body hair, choosing your female name, how to properly disguise your private parts, how to enhance your figure for a more curvy look, how to apply makeup, and the importance of feminine hands and feet, etc. In this book you will learn about: - How to Choose your Female Name - How to Feminize your Hand and Feet - How to Develop a Female Voice - How to Tuck your Private Parts - How to Achieve a More Feminine Figure - Makeup Tips - Sissy Clothes - How to Use Fragrance "Great feminization tips. I'm a busy executive, so this is really valuable advice that is to the point and easy to apply" -Crystal Sugar "Easy things we can all do. Mistress Dede is right on and her advice is priceless" - Queen Dee "It has definitely helped me to stay on track when going over my feminization routine" -Foxy "Easy read. Right to the point. It also gave me food for thought on several subjects I had not thought about before. So I started implementing those steps and adding them to my daily routine. I can already see a big difference! " - Will Johnson

**Serous Cavity Fluid and Cerebrospinal Fluid Cytopathology** - Syed Z. Ali 2012-03-08

Cytologic diagnosis by examination of exfoliated cells in serous cavity fluids is one of the most challenging

areas in clinical cytopathology. Almost 20% of the effusions examined are directly or indirectly related to the presence of malignant disease, with carcinoma of the lung as the most common underlying culprit. This volume published in the Essentials in Cytopathology book series will fulfill the need for an easy-to-use and authoritative synopsis of site specific topics in cytopathology. These guide books fit into the lab coat pocket, ideal for portability and quick reference. Each volume is heavily illustrated with a full color art program, while the text follows a user-friendly outline format.

**Saint Pierre & Miquelon Investment and Business Guide Volume 1 Strategic and Practical Information** - IBP USA 2013-08

St. Pierre & Miquelon Investment and Business Guide - Strategic and Practical Information

**Shy** - Naomi K. Lewis 2013-11-01

"We're not exactly scene-stealers, so you don't hear much from us shy folk—and that's usually how we like it." -Elizabeth Zotova, "My Dear X" The pages of this anthology are filled with personal essays and poems of thoughtful musings, raw memories, and humorous self-examinations by authors and poets who have been labelled by the world—teachers, parents, and peers—as shy. Here, they proudly own up to their shyness, and their message is clear: they don't need to be "cured"! Why should they, when nearly half of North Americans consider themselves shy? Editors Naomi K. Lewis and Rona Altrows have enlisted writers from across the continent and have created a moving anthology that will appeal to all, either because we are shy or because we know someone who is. Contributors: Rona Altrows, Debbie Bateman, Wade Bell, Alex Boyd, Janis Butler Holm, Brian Campbell, Weyman Chan, Lorna Crozier, Mike Duggan, Ben Gelinas, Elizabeth Greene, Vivian Hansen, Elizabeth Haynes, Steven Heighton, Jennifer Houle, I.B. Iskov, Eve S. Krakow, Shawna Lemay, Naomi K. Lewis, Shirley Limbert, Carol L. MacKay, Micheline Maylor, Don McKay, Stuart Ian McKay, Bruce Meyer, Jeff Miller, Dhana Musil, Lori D. Roadhouse, Kerry Ryan, Sydney Sharpe, Natalie Simpson, Sylvia Stopforth, David Van Buren, Aritha van Herk, Russell Wangersky, Cassy Welburn, Madelaine Wong, Elaine Woo, and Elizabeth Zotova.

**Radiological Imaging of the Kidney** - Emilio Quaia 2014-08-19

This book, now in its second edition, provides a comprehensive analysis of imaging of the kidneys, upper urinary tract, and ureters, covering the normal anatomy and anatomic variants as well as all renal and urinary system pathologies. The relevant imaging modalities are first discussed, with detailed description of their applications. The entire spectrum of kidney pathologies is then presented in a series of detailed chapters with up-to-date references, high-quality images, informative schemes, and figures showing macroscopic and microscopic surgical and pathologic specimens. Chapters relating to the latest innovations in tumor ablation, vascular and nonvascular interventional procedures, and parametric and molecular imaging have been updated to reflect progress in these rapidly evolving fields. This book will be of great interest to all radiologists, oncologists, nephrologists, and urologists who are involved in the management of kidney pathologies.

**When You're Mine** - Layla Hagen 2021-06-06

Take New York by storm and steer clear of serious relationships. That's the plan. That's the goal. It's easy too, now that my software company is making headlines. Nothing is getting in the way of that—not even my sexy personal trainer. I don't care how beautiful and intriguing she is. Mel Dawson keeps talking me into doing things, like watching the sunset and slowing down to enjoy life. When she trains me, and I watch her body, I'm constantly fantasizing about exploring every inch of it all night long, claiming her mouth every time she gives me a sassy reply. I don't even know who I am when I'm with her. I'm suddenly a completely different man. But, I like this version of myself better. Mel's smart, determined, and keeps me guessing. She's everything I need and want, but I've been burned before. I'm used to taking chances in the boardroom, just not in my personal life. How much am I willing to risk for a chance to make her mine?

**Relativity, Gravitation and Cosmology** - Ta-Pei Cheng 2010

An introduction to Einstein's general theory of relativity, this work is structured so that interesting applications, such as gravitational lensing, black holes and cosmology, can be presented without the readers having to first learn the difficult mathematics of tensor calculus.

**Risk Analysis in Stochastic Supply Chains** - Tsan-Ming Choi 2012-06-05

Risk analysis is crucial in stochastic supply chain models. Over the past few years, the pace has quickened

for research attempting to explore risk analysis issues in supply chain management problems, while the majority of recent papers focus on conceptual framework or computational numerical analysis. Pioneered by Nobel laureate Markowitz in the 1950s, the mean-risk (MR) formulation became a fundamental theory for risk management in finance. Despite the significance and popularity of MR-related approaches in finance, their applications in studying multi-echelon supply chain management problems have only been seriously explored in recent years. While the MR approach has already been shown to be useful in conducting risk analysis in stochastic supply chain models, there is no comprehensive reference source that provides the state-of-the-art findings on this important model for supply chain management. Thus it is significant to have a book that reviews and extends the MR related works for supply chain risk analysis. This book is organized into five chapters. Chapter 1 introduces the topic, offers a timely review of various related areas, and explains why the MR approach is important for conducting supply chain risk analysis. Chapter 2 examines the single period inventory model with the mean-variance and mean-semi-deviation approaches. Extensive discussions on the efficient frontiers are also reported. Chapter 3 explores the infinite horizon multi-period inventory model with a mean-variance approach. Chapter 4 investigates the supply chain coordination problem with a versatile target sales rebate contract and a risk averse retailer possessing the mean-variance optimization objective. Chapter 5 concludes the book and discusses various promising future research directions and extensions. Every chapter can be taken as a self-contained article, and the notation within each chapter is consistently employed.

**Chemistry Reference Guide (RES)** - Responsive Education Solutions 2013-08-01

**Natural Satisfaction** - Anna Durand 2021-01-26

Life at the Au Naturel Naturist Resort is about to get wild. Making a fool of myself over a man has become a bad habit, so I'm taking time off from dating while I recuperate at my favorite nudist resort. Where my ex, Ollie, works. With his fiancée. And with his wickedly hot best friend, Damian Petrescu. Damian has made it clear he wants me, but I've made a pledge to stay celibate for at least six months. Yeah, he's hot. Soooo hot. But I've got this pledge to keep. What is it? Something about no men, no dating, no sex... Heidi Mackenzie used to be the sexiest girl on earth, but now she dresses like a frumpy college freshman. But damn, those cargo pants make me want her even more. Ollie says Heidi needs friends right now, not a lover. Well, if sexy little Heidi needs a friend, I volunteer for the job. As long as it comes with benefits... Natural Satisfaction is the third and final book in the Au Naturel Trilogy. But watch for the Au Naturel gang in the upcoming multi-series crossover book Brit vs. Scot!

*Summary and Analysis: Daniel Goleman and Richard J. Davidson's Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body* - Brief Books 2018-01-13

Are you ready to change your life Daniel Goleman and Richard J. Davidson, or Dan and Richie as they are called in the book, have provided an intriguing review of the scientific studies done on meditation over the past fifty years. In their attempts to prove that meditation can and does affect the body physically and mentally, as well as spiritually, Dan and Richie discuss their own experiences as lifelong meditators, their travels to ashrams and retreats all over the globe, and their meetings with yogis and monks, including the Dalai Lama. In this detailed summary and analysis of *Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body*, you'll learn: 1. about the most ancient practices of meditation and how the West tried to replicate them. 2. the beginning steps to becoming an advanced meditator yourself. 3. What deep meditation is. 4. How lifelong meditation can alter traits And much more! Buy your copy today. NOTE TO READERS: This is a summary and analysis companion book, not the original *Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body*. It is meant to enhance your original reading experience, not supplement it. We encourage you to purchase the original book as well.

**Radiology Case Review Series: Spine** - Allison Michele Grayev 2015-05-01

More than 150 spinal radiology cases deliver the best board review possible Part of McGraw-Hill Education's Radiology Case Review Series, this unique resource challenges you to look at a group of images, determine the diagnosis, answer related questions, and gauge your knowledge by reviewing the answer. It all adds up to the best case-based review of spinal imaging available--one that's ideal for certification or recertification, or as an incomparable clinical refresher. Distinguished by a cohesive 2-page

design, each volume in this series is filled with cases, annotated images, questions & answers, pearls, and relevant literature references that will efficiently prepare you for virtually any exam topic. The more than 150 cases cover clinically relevant disorders such as neck and back pain, leg numbness, fibrous dysplasia, Sprengel's deformity, neck mass, spina bifida, and lumbar fusion. Radiology Case Review Series Features More than 150 cases for each volume, which consist of: Precise, state-of-the-art images accompanied by questions and answers, descriptions of the entities, insightful clinical pearls, and reference lists Intensive coverage of fundamental radiology principles, the latest diagnostic imaging techniques, radiology equipment, new technologies, and more Unique 2-page design for each case, which features: Images with 5 questions on the right-hand page Magnifications, annotations, and detailed answers on the verso page--a benefit that you'll only find in this exceptional series! Informative, bulleted comments box that provides important additional context for each case Cases organized and coded by difficulty level allowing you to evaluate your proficiency before progressing to the next level. If you're looking for the most complete, well-organized, and efficient case-based review of radiology available--designed to help you ace the boards and optimize patient outcomes--the Radiology Case Review Series belongs on your reference shelf.

**Tragic Lies** - L A Cotton 2021-06-08

From bestselling author L A Cotton, comes a forbidden age-gap romance. Angst... drama... friendship... and football. Will you survive senior year? Peyton Myers has always been the life of the party. But behind her smile and sass is a girl lost and alone, searching for her place in the world. Xander Chase has always been on the outside looking in. But behind his cool indifference and hard exterior is a guy afraid to open his heart to anyone. When he saves Peyton from a tragic accident, their lives are entwined forever. But Xander's not the hero of her story... no matter how much she wants him to be. She's a girl with her whole life ahead of her. He's a guy who is drifting through life. And although these two lost souls might be able to heal each other, there's one glaring problem. She's still in high school... And completely forbidden.

**Stock-market Psychology** - Karl Erik Wärneryd 2001

'Stock-Market Psychology gives an excellent overview of the state-of-the-art literature on this subject in the fields of economics, psychology and finance. . . a comprehensive overview of the behavior of investors in the stock market. As such, this book is valuable for the classroom. . . Stock-Market Psychology provides researchers with numerous ideas for future research and readers with useful and fun tips without taking away our hopes of ever becoming rich from investing in stocks. What more is there to ask from a book?' - Joost M.E. Pennings, Journal of Economic Psychology 'George Goodman (Adam Smith) once wrote, "you can find out who you are by investing in the stock market, but it will be an expensive lesson". It is far smarter and cheaper to read Wärneryd's book instead. At a time when global stock markets are driven by emotions and passions, and are highly volatile, Chapter Six will tell you why, far better than a hundred analysts' reports.' - Shlomo Maital, TIM-Technion Institute of Management and the Samuel Neaman Institute for Advanced Studies in Science and Technology, Israel the rationale behind how people value and trade stocks is of unparalleled interest to governments, companies and other participants in stock markets. the book focuses on the way in which investors process information and form expectations about future gains. It argues that humans fall short of the perfect information processing required by theory, and that their expectations are based on more than just future company earnings.

**School-age Child Care** - Michelle Seligson 1993

In this new edition of a pioneering work, Seligson and Allenson explore the challenges which child care providers will encounter as the 21st century approaches. The manual guides the reader through the process of designing, implementing, and managing caring programs for children aged 5 to 12. Supported by work done at the School-Age Child Care Project of the Wellesley College Center for Research on Women, the present volume focuses on the needs of children, and provides examples of model programs as well as appropriate responses and recommendations for child care situations. By balancing this practical business operations text with an investigation into the meaning of social obligation, the authors have produced a fascinating blend of how-to and philosophy. This is an authoritative and indispensable resource.

**Her Pregnancy Surprise (Mills & Boon Cherish)** - Susan Meier 2012-10-18

From playboy to parent! Watching her tiny daughter sleeping cradled in her arms, Grace knows she would do anything for her. Even if it means meeting with the man who broke Grace's heart--the man who doesn't

even know he has a child...

Purchasing and Financial Management of Information Technology - Frank Bannister 2012-06-25

Purchasing and Financial Management of Information Technology aims to significantly reduce the amount of money wasted on IT by providing readers with a comprehensive guide to all aspects of planning, managing and controlling IT purchasing and finance. Starting from a recognition that IT purchasing and the financial management often needs to be treated differently from other types of expenditure, the author draws on over 25 years of experience in the field to provide readers with useful mixture of good procedures and common sense rules that have been tried, tested and found to work. Many of these are illustrated by case histories, each with a moral or a lesson. Purchasing and Financial Management of Information Technology provides useful guidelines and advice on whole range of topics including: \* IT acquisitions policy \* Dealing with suppliers \* Budgeting and cost control \* IT cost and risk management \* Specification, selection and evaluation of systems \* IT value for money

Psychoanalysis and Black Novels - Claudia Tate 1998-02-12

Although psychoanalytic theory is one of the most potent and influential tools in contemporary literary criticism, to date it has had very little impact on the study of African American literature. Critical methods from the disciplines of history, sociology, and cultural studies have dominated work in the field. Now, in this

exciting new book by the author of *Domestic Allegories: The Black Heroine's Text at the Turn of the Century*, Claudia Tate demonstrates that psychoanalytic paradigms can produce rich and compelling readings of African American textuality. With clear and accessible summaries of key concepts in Freud, Lacan, and Klein, as well as deft reference to the work of contemporary psychoanalytic critics of literature, Tate explores African- American desire, alienation, and subjectivity in neglected novels by Emma Kelley, W.E.B. Du Bois, Richard Wright, Zora Neale Hurston, and Nella Larsen. Her pioneering approach highlights African American textual realms within and beyond those inscribing racial oppression and modes of black resistance. A superb introduction to psychoanalytic theory and its applications for African American literature and culture, this book creates a sophisticated critical model of black subjectivity and desire for use in the study of African American texts.

*Reinventing Project-Based Learning* - Suzie Boss 2014-07-21

This newly revised book explores proven strategies for overcoming the limitations of the traditional classroom, including a wealth of technology tools for inquiry, collaboration, and global connection to support this new vision of instructional design. The book follows the arc of a project, providing guided opportunities to direct and reflect educators own learning and professional development. In the expanded second edition, educators will find new examples of the latest tools, assessment strategies and promising practices that are poised to shape education in the future.