

Happy 40th Birthday Birthday Gifts For Men Birthday Journal Notebook For 40 Year Old For Journaling Doodling 7 X 10 Birthday Keepsake

Thank you for downloading **Happy 40th Birthday Birthday Gifts For Men Birthday Journal Notebook For 40 Year Old For Journaling Doodling 7 X 10 Birthday Keepsake** . Maybe you have knowledge that, people have search numerous times for their favorite readings like this Happy 40th Birthday Birthday Gifts For Men Birthday Journal Notebook For 40 Year Old For Journaling Doodling 7 X 10 Birthday Keepsake , but end up in malicious downloads. Rather than reading a good book with a cup of tea in the afternoon, instead they juggled with some harmful bugs inside their computer.

Happy 40th Birthday Birthday Gifts For Men Birthday Journal Notebook For 40 Year Old For Journaling Doodling 7 X 10 Birthday Keepsake is available in our digital library an online access to it is set as public so you can get it instantly.

Our books collection spans in multiple countries, allowing you to get the most less latency time to download any of our books like this one.

Kindly say, the Happy 40th Birthday Birthday Gifts For Men Birthday Journal Notebook For 40 Year Old For Journaling Doodling 7 X 10 Birthday Keepsake is universally compatible with any devices to read

Happy 40th Birthday Coloring Book - InkWorks Publications 2021-02-16

Stress Relieving and Relaxation Adult Coloring Book for 40 Years Old Men and Women. This is a Cool Birthday Gift for 40th Bday Party. Every Image is Printed on a Single-sided Page and Each Coloring Page is Designed to Provide Hours of Fun, Enjoy, Calm, Relaxation, Stress Relief Through and Creative Expression. This Coloring Book Offers a Broad Variety of Designs Suited for All Skill Levels Beginner to Expert.
□□□ PERFECT GIFT FOR 40TH BIRTHDAY PARTY □□□ FEATURES: □ Premium Matte-Finish Cover Design □ Single-Sided High-Resolution Printing □ Large Format 8.5" X 11.0" (22cm X 28cm) □ Suitable For All Skill Levels Beginner To Expert □ Unique Illustrations With Printed On White Paper □ Stress Relieving Artwork And Designs For Relaxation Scroll to the Top of the Page and Click the Add to Cart Button To Buy and Relaxation!

[52 Things to Do While You Poo](#) - Hugh Jassburn 2015-05-01

Perching on the porcelain can be very boring when you have nothing to do but poo. But fear no more, as excretion expert Hugh Jassburn has put together a compendium of entertaining activities and informative fun that will make you want to stay put, even if you don't need to go. Doing a number two will never be the same again. Filled with clever mazes, trivia, searches, and puzzles all focused on the act, history, and science of pooping, *52 Things to do While You Poo* will keep you entertained for as long as you need.

40 Years Loved - Peony Lane Publishing 2018-10-22

It's All About Sentiment...Imagine opening this book after 5 years... Reading loving messages from people dear to Your heart. Happy memories that jump out from every page... Sounds beautiful, doesn't it? All you need is to pick a guest book to store those memories. Here's What You Get: Large paperback: 8.5" x 11" 108 "Guests" pages - plenty of space for all important people to leave warm wishes and stick a photo.

Designer soft cover with matte finish Get it now and cross out another item on Your party preparation list. Enjoy Your celebration:) Team at Peony Lane Publishing

You Are Only Young Once, But You Stay Immature Indefinitely. Happy 40th Birthday! - Premier Publishing 2019-09-28

This cute 40th Birthday Gift Journal / Diary / Notebook makes for a great birthday card / greeting card present! It is 6 x 9 inches in size with 110 blank lined pages with a white background theme for writing down thoughts, notes, ideas, or even sketching.

Born in 1981, Happy 40th Birthday - Little Pips Press 2021-03-11

Looking for a gift for someone turning 40 this year? This Year You Were Born 1981 book (UK) will take them on a nostalgic trip back to the year they were born. This A4 book is the perfect add on gift or can replace giving a card (the first page is designed as a card to allow you to personalise). This book takes a trip back to Britain in 1981. The book contains the following:

- * World leaders 1981
- * Famous people born in 1981
- * Top Ten Oscar winners of the '80s (and the winners of 1981 categories)
- * Best Films of the '80s
- * 1981 Films
- * 50 Top grossing films of the '80s
- * Average cost of living
- * Did you know? 4 things you may not know about 1981.
- * Music of the '80s
- * Find out the No.1 the day you were born
- * Fashion
- * Transport - top ten cars of the '80s
- * Sports 1981
- * TV news 1981
- * Popular '80s shows
- * Ten most popular boys & girls names 1981
- * Books published 1981
- * '80s Toys
- * Popular childrens TV shows
- * 1981 World events
- * 1981 UK events
- * '80s Inventions

Each section is designed in a bright '80s style with original images and illustrations. It makes a lovely keepsake and an emotional trip down memory lane. Little Pips Press specialise in creating nostalgic books that are well researched and combined with modern design to offer the perfect gift for a special birthday. Our range of books also includes Born 1941, Born 1951, Born 1961 & 1971. Dont hesitate any longer, pop this book in your cart today and delight your loved one with a great gift!

Love Journal - Knock Knock 2013-01-01

I Wrote a Book About You - M. H. Clark 2017-03-01

I wrote a book about you. (No, really. I did. You're holding it.)

You're Still The Best Decision I Ever Made Happy Birthday - Daniel M 2019-09-19

100 pages of high quality paper (50 sheets)It can be used as a journal, notebook or just a composition book6" x 9" Paperback notebook, soft matte cover

Happy 40th Birthday 40 Year Old Coloring Book : May the 40th Be with You - Mounir Press 2021-05-23

Perfect Gift For 40 Year Olds Close your eyes and imagine the emotions of your mom, your father your wife, your husband your close friend, your sister, your brother when they get one of our special 40th birthday gifts . She/He is happy, surprised, encouraged, and so on. This gift will naturally have a special meaning, and will become a sort of lucky charm to start the day.

This selection from our 40th birthday gifts is not just a coloring book, it is a magic memento to fill lives with happiness This coloring book contains funny and humorous Forty_year-old related designs and sayings with intricate details surrounded by beautiful patterns, mandalas, and flowers, etc... What's Inside... 41 hilarious and relatable phrases, puns etc with abstract designs and intricate details Single-sided 8.5" x 11" (22cm x 28cm) coloring pages that allow for the pages to be removed Suitable for markers, felt tips, gel pens, coloring pencils etc It took me 40 to look this good 40 But still a kid inside The first 40 years of childhood are always the hardest Coloring on many sarcastic quotes and pictures make you relax and have fun Humorous adult coloring book that will surely get a big laugh from your beloved birthday celebrant Best birthday gift ideas for your friend, husband, wife, family member's birthday Scroll up and click "Buy Now" button to grab yours!

40 Years Of Being Awesome Happy 40th Birthday - Birthday Gifts Notebook 2020

40th Birthday Gift This 40th Birthday Journal / Diary / Notebook makes an awesome unique birthday card / greeting card idea as a present! This journal is 6 x 9 inches in size with 110 blank lined pages for writing down thoughts, notes, ideas, or even sketching. This book is convenient and the perfect size to carry anywhere for writing, journaling and note taking. PR Lined notebooks Can Be An Ideal Gift For Any

Occasion! Such As: Birthday Gifts Diary Gifts Activities and Hobbies Gifts Birthday Gifts (c) **40th Happy Birthday!** - Memories Are Forever! 2016-01-08

Birthdays: A Special Celebration! This 100 page Celebration Album offers party-goers a meaningful place to write notes, write letters or sign. Photo windows are included for your favorite memories. Party planning and guest list can also be organized in this book. A special section is marked for Gifts/Thank You Notes Sent. The Guest of Honor will enjoy filling with memories! A Keepsake! Beautiful, glossy cover. Available in each and every year under Memories Are Forever! on Amazon.com and at your local bookseller and Barnes and Noble.

Happy 40th Birthday to My Daughter Here's to Laughing at Our Own Jokes and Keeping Each Other Sane - Cinder Publishing 2019-08-12

This 40th Birthday Journal / Diary / Notebook makes an awesome unique birthday card / greeting card idea as a present! This journal is 6 x 9 inches in size with 110 blank lined pages with a white background theme for writing down thoughts, notes, ideas, or even sketching.

It Only Took 40 Years to Be This Fabulous Journal - Wild Wild Cabbage 2018-07-25

Funny birthday gift for a woman turning 40 years old. 6x9 100 pages of blank pages for doodles or sketches and lined paper scattered with a few inspirational life quotes. If you're looking for 40th themed birthday party supplies, put this journal in the cart for a great birthday gift for a 40th birthday party for woman! Best for a: Woman's 40th birthday gift Happy 40th Birthday Gift Funny 40th Birthday Gifts for Women 40th birthday gag gifts for women Funny Happy 40th birthday gift that is also useful!

Our Bucket List - Creative Smart Journals 2018-01-05

Makes a perfect gift! This is a gift that would be useful for your special person, couple or family. This Journal has a summary Bucket list and detail pages for you to fill in your Bucket list with 100 ideas, Target date and space to write your experiences and a Tick box when complete. Beautiful black cover with 110 pages.

Convenient size of 6 x 9 inches.

Lordy, Lordy Look Who's 40 - Backwoods Books 2019-07-19

Turning 40? Know Someone Who Is? Get This Fabulous 40th Birthday Gift For Anyone Turning Forty This Year Birthdays are Special and Should be Celebrated Accordingly Make Sure to Grab This Unique Gift Today Looking for a gift? Great activity journal? Daily diary? This perfect book offers blank, lined white journal paper for men, women, and children. Great for jotting down thoughts, taking notes, reminders, sketches and to-do lists. Great creative gift notebook for home, school or work office Your new journal includes: Matte Finish Cover Blank White Lined Paper 110 pages 6x9 inch format **The Book of Unusual Knowledge** - Ltd Publications International 2012-03

The Book of Unusual Knowledge is a mammoth 704-page hardcover book crammed with a cornucopia of information--some useful, others not so much--but all of it completely captivating. It's perfect for anyone with a curious mind and a passion for learning. With quirky illustrations and a vast array of articles, anecdotes, lists, and games, this book will provide hours of fascinating reading. It will also expand your knowledge on a range of topics, including the animal kingdom, art, sports, technology, history, politics, the universe, and much, much more. Sample topics include: * Are plastic bags killing sacred cows in India? * Does NASCAR have roots in bootlegging moonshine? * Did Ronald Reagan see not one--but two--UFOs during his lifetime? Gorgeous leatherette binding with gilded accents makes The Book of Unusual Knowledge a handsome addition to your library.

What Women Should Know about Men - Herb Goldberg 2003

What Every Woman Should Know About Men This stimulating and provocative book by best selling author Herb Goldberg is about the power women potentially have in their relationships with men, and the way to use that power to bring out the best in men's relationship behaviors, while creating for women the kind of love experience they grew up to believe was possible. The way women have traditionally been socialized to relate to men to men actually brings out many men's worst personal features. The end result is a woman who becomes increasingly bitter toward men who can't figure out what they are doing wrong. What Every Woman Should Know About Men explains

woman's amazing power over men. It explains why men won't open up, how to handle your man top 12 blind spots, what he won't say but wants you to know, and how to change him. Most importantly, this book explains why men need women more than women need men. One of the most valuable books ever written in terms of helping women understand men. Simple, easy to read and understand, and full of priceless tips and suggestions. About The Author Dr. Herb Goldberg is an internationally recognized relationship specialist and best selling author of *The Hazards Of Being Male* and seven other widely selling books. His ground breaking work on the failure of many traditional relationships has simulated a great deal of work and discussion. He is a Professor Emeritus at Southern California State University and lives in Los Angeles.

It Took Me 40 Years To Look This Good -

Cumpleanos Publishing 2019-09-05

Awesome 40 Years Old Journal is the perfect Birthday gift to show your loved one how you appreciate them and care for their birthday. This is a funny birthday gift under 10 dollars and it's really good because this notebook has a Convenient size to take anywhere, and it has 110 blank lined pages, can be used as journal, notebook, planner or doodle book. You can also give it as birthday gift card or birthday card and many more...

Happy 40th Birthday Guest Book - Gliviu Books 2019-01-22

Happy 40th Birthday Guest Book Message Book For Birthday Party Events with space for 330 guests Family and Friends To Write In Comments Best Wishes Memories Thoughts Comments. Product information: - The Happy 40th Birthday Guest Book Message Book features space for 330 entries + 20 Blank Pages to write in or for memorable pictures - Includes Gift Log Pages - Product Dimensions: 8.5 x 8.5 inches = 21.59 x 21.59 cm, - White paper - Durable perfect binding - Matte Cover

.

. big portable Guest Book Happy quarante 40 year old 40th Birthday gifts accessories decor ideas party supplies decorations for queen teenagers women men her him girl boy daughter son presents Message

Keepsake sign in book guestbook congratulations registry house gifts comments for home party supplies visitor books parties photo album craft anniversary accessories scrapbooking keepsake spaces with address name ideas alternative collecting autograph signature hardcover hard cover celebration logbook family and friends to write In cards decorations banner candles outfit balloons dog construction sash cake topper crown wrapping dresses shirts shirt hat candle card assortment favors tiara favor bags funny farm bars box set invitations plates crowns backdrop dress princess booth props ecards awards chart flowers delivery hats prime headband jewelry kit letters mug napkins noise makers necklace pencils wild puppy outfits toddler cars teen bandana baseball best gold decoration cakes bag tiaras stickers bar decor tshirt baskets calendar chair the big theme fishing swimsuit wine glass games horse suit banners magical napkin sets table cloth office how toy balloon watermelon cool camping numbers little summer beach masks truck ice cream envelopes cupcake cookies chocolate moments confetti personalised musical badge vintage charms journal jewellery email ribbon charm helium dogs invites tags wrap beauty voucher sweets streamers socks large humour number game tableware secret beagle fairy fun rosette organiser reminder surprise playset tokens printable flags flower favours animated silver inflatables invitation golden rolls wooden plaque power custom good car cheese magic rustic cd glasses serviettes customize fancy selfie coaster love tshirts flute gaming sheets wish joke stamp unusual huge sashes singing forever sparkle pocket badges hot cheap blaze survival money wallet animal hanging handmade humerous small bike dollar unique sweet retro coloured badger make night garden iron key genuine by naughty bracelet everlasting souvenirs students gifts gift for Birthday queen kids baby girl boy boys girls her men women him adults dad wife girlfriend boyfriend daughter mum niece nephew aunt uncle cousin grandparents grandmother grandfather father mother son brother sister husband cousins grandson granddaughter best friend adult family grandad female male granddaughter me you auntie nanny papa godson granny great goddaughter ladies grandpa lady

mam childrens godfather godmother fiancee
quarante 40 year yrs old 40th Birthday bday
**Happy 40th Birthday Its Gonna Be Big So
Big Huge And Believe Me Noboby Wishes
Happy Birthday Better Then Me Nobody** -
Bendle Publishing 2019-09-19

This funny 40th Birthday Gift Journal / Diary /
Notebook makes for a Great Gag Gift birthday
card / greeting card present! It is 6 x 9 inches in
size with 110 blank lined pages with a white
background theme for writing down thoughts,
notes, ideas, or even sketching.

*An Array of facts (as testimonies of the efficacy
of Kaye's Worsdell's Pills) - 1850*

How Not to Become a Crotchety Old Man -
Mary McHugh 2009-03-17

Good things come in small sizes. That is so true,
especially for How Not to Become a Crotchety
Old Man. Big on fun and filled with hilarious
insights about how not to let our inner crotchety
old man out, this one makes the perfect Father's
Day gift. Men will learn how to age gracefully so
they never rattle off an inappropriate "dirty old
man" joke. They'll learn that reading the obits
first is a cardinal sin and that never reading the
instructions is a close second.

Games for Bored Adults - 2016-09-08

Whether you're on lockdown with your family,
partner, or flatmates: Games for Bored Adults is
packed full of gaming inspiration to liven up any
dull situation. Why not play human Buckaroo
with a sleeping stranger, take on the After Eight
challenge, or laugh in the face of pulled muscles
in the ultimate 'Cereal Killer' game? Challenge
your family, indulge your competitive streak and
prove yourself the undisputed victor in a whole
range of funny and imaginative games for every
occasion.

Quarantined on My 40th Birthday - 40th
Birthday Gift 2020-04-10

Quarantined On My 40th Birthday Notebook 110
pages birthday quarantine notebook journal
College rulled Looking for a way to cheer up that
person who is quarantined during this time? This
personalized Quarantine notebook will be the
perfect gift for someone who is 40 Years Old.
110 pages 6"x9" White pages Matte Finish for an
elegant style and great sensation Birthday
quarantine shirt, Social Distancing Birthday Gift
social distancing shirt Quarantine Birthday Gift,

Birthday in Quarantine Miss You

Bird Bingo - 2012-09-19

This beautifully illustrated bingo game features
64 species of birds from around the world. Spot
all kinds of birds—from the robin to the puffin
and the kookaburra to the splendid
fairywren—mark them off on your card and
bingo! Contains 64 superbly illustrated bird
tokens, one board, 12 bingo cards, and brightly
colored counters for you to mark up your card,
as well as a leaflet containing basic information
and a few quirky traits for all of the birds
featured.

Smile Its Your 40th Birthday - Ela Publishing
2019-07-31

This cute Alpaca 40th Birthday Gift Journal /
Diary / Notebook makes for a funny birthday
card / greeting card present! It is 6 x 9 inches in
size with 110 blank lined pages with a white
background theme for writing down thoughts,
notes, ideas, or even sketching.

Happy 40th Birthday! Relaxed and Rejuvenated
in 10 Minutes Volume Two - Heights Publishing
Heights Publishing Birthday Books 2017-01-31

Discover a perfect way to express your
thoughtfulness by presenting this beautiful
birthday book. Filled with thoughtful meditations
focusing on love, self-care and inspiration. These
lovely meditations are accompanied by
extraordinary art. You will also find lined frames
alongside the meditations for jotting down
thoughts or ideas that come from experiencing
this remarkable book. Truly a lovely birthday
gift!

Aged 40 Years Vintage Dude the Man the Myth
the Legend - Wild Wild Cabbage 2018-01-15

Classic journal for a Vintage Guy. Great birthday
gift for a man turning 40 years old. Funny over
the hill gift for 40 year old men. 6x9 100 pages
(50 sheets) of lined paper scattered with
inspirational life quotes. If you're looking for
40th themed birthday party supplies, put this
journal in the cart for a great birthday gift for a
40th birthday party for men!

Son of a Southern Chef - Lazarus Lynch
2019-06-11

A wildly inventive soul food bible from a two-
time Chopped winner and the host of Snapchat's
first-ever cooking show. Thousands of fans know
Lazarus Lynch for his bold artistic sensibility,
exciting take on soul food, and knockout fashion

sense. Laz has always had Southern and Caribbean food on his mind and running through his veins; his mother is Guyanese, while his father was from Alabama and ran a popular soul food restaurant in Queens known for its Southern comfort favorites. He created "Son of a Southern Chef" on Instagram as a love letter to the family recipes and love of cooking he inherited. In his debut cookbook, Laz offers up more than 100 recipe hits with new takes on classic dishes like Brown Butter Candy Yam Mash with Goat Cheese Brûlée, Shrimp and Crazy Creamy Cheddar Grits, and Dulce de Leche Banana Pudding. Packed with splashy color photography that pops off the page, this cookbook blends fashion, food, and storytelling to get readers into the kitchen. It's a Southern cookbook like you've never seen before.

Dad Jokes - Jimmy Niro 2018-05-01

A USA Today bestseller! Dad Jokes: the good, the bad, and the terrible, a perfect gift for dads and pun-lovers alike! With over 600 knee-slappers, head-shakers, and groan-makers, Dad Jokes is packed with enough witty quips and cheesy-but-grate jokes for even the most embarrassing of dads. Perfect for the father experts, new dads, and all the fathers-to-be, this is the ideal funny gift from any daughter, son, wife, or partner that celebrates how great (terrible) their jokes truly are! But remember—you don't have to be a dad to tell dad jokes! Be prepared for the obvious, silly, and awkward in this massive collection of the best groan-worthy dad jokes around, including clever quips, overly literal dialogue, and punny one-liners. Great for Father's Day, Christmas, white elephant, birthdays, and more! These jokes may be on porpoise, but they whale definitely make you laugh: I used to hate facial hair, but then it started growing on me. "Dad, can you put my shoes on?" "No, I don't think they'll fit me." I'm reading a book about anti-gravity. It's impossible to put down! Q: What's the hardest thing about learning to ride a bicycle? A: The road.

I Am 40 & Fairy! - 40th Birthday Gifts
2019-10-13

This is an excellent birthday present for young girls. Other features of this notebook include: The Cute, Unique, Awesome Notebook is a beautifully produced, matte notebook with a gorgeous look and feel. Complete with 120

pages of lined white paper. It is suitable for anyone and would make a memorable note. It can be used as a notebook, composition book, journal, diary, school-college book, exercise book. This Notebook is #Blank lined journal Notebook #6" x 9" #120 pages #60 Sheet front and back #Uniquely designed a matte cover. Makes a perfect gift idea for: #Teacher Gifts #Christmas Gifts #Birthday Gifts #Co-worker/Boss Gifts #End of the Year Gift #Journal & Planner Lovers #Gift Baskets & Stocking Stuffers

Ulysses -

What You Don't Know About Turning 40 -

Bill Dodds 2006-02-01

This over-the-hill birthday gift is a pop quiz with 101 questions (complete with humorous answers) that is sure to enliven any 40th birthday party. Steve Mark's 18 b/w illustrations make the book fun to read after the party, as well. Here are a few samples: - Q: What can 40-year-olds do to be considered young at age 40? A: Run for U.S. President or die. - Q: What's always Step One in any exercise program designed for 40-year-olds? A: "Get up off the sofa."

You Know You're 40 When... - Ann Hodgman
2005-03-08

Are you almost over the hill? Know someone who is? Getting older is no fun, but it sure can be funny. How do you know when you're approaching the big 4-0? Here are a few clues: * Comb-overs are starting to make a certain kind of sense. * A kid you once babysat for is now your lawyer. * At your checkups, the doctor has begun to ask if you're still sexually active. * Midnight seems awfully late. * You're more interested in websites that will calculate your Body Mass Index than in Internet porn. * You receive two phone calls in a single week from people who want to sell you life insurance. Whether you've just found your first gray hair or you're peering around the corner to your mid-life crisis, *You Know You're 40 When...* will tickle your funny bone (while you can still remember where to find it).

You're Only Old Once! - Dr. Seuss 2013-11-05

Join in on the fun (and funny) journey of getting older with this hilarious Dr. Seuss picture book—it's just what the doctor ordered for new

retirees, old souls, and kids at heart--and makes a perfect gift to celebrate birthdays and other milestones!" The Doctor is in...Dr. Seuss that is! Readers will laugh along with the parade of medical madness as an elderly patient is poked, prodded and ogled during his stay at the "Golden Years Clinic on Century Square for Spleen Readjustment and Muffler Repair." Once again, Dr. Seuss proves that his sharp wit and colorful imagination are a treat for readers of all ages. A perfect gift for retirement, birthdays, graduations, holidays, and anyone needing a little pick-me-up after a doctor's visit!

Look At You Turning 40 And Shit - Birthday Gifts Publishing 2020-01-13

Looking for the perfect gift for your Friend, Husband, Wife, Family Member's birthday? Hand over this well-crafted, quality notebook for school, uni, office, or home! suitable for scribbling notes, lessons, drawings, thoughts, ideas, quotes, prayers, and mantras. Features: 6 x 9 Inches Format 110 Pages Tough Paperback, Book Industry Quality Binding

Aged 40 Years Vintage Dude - Blue Heron Blue Heron Books 2018-03-27

Celebrate a 40th Birthday for Men with this classic and funny Vintage Dude Guest BookThe book has spaces for up to 40 guests to fill in name and comments or advice and wishes Extra

pages in the back for filling in special moments, to list the gifts, and to highlight funny, touching and special memories. Makes a perfect extra gift for a memorable birthday. Great for: 40th Milestone Birthday 40th Birthday Guest Book for Men Men's Vintage Birthday Party Supplies Guest Book A memorable gift to record birthday wishes...

Shit I Can't Remember - Phil D Organizers 2019-04-23

Organizer & Notebook for Passwords and Shit **Are We Celebrating 29... Again? Happy 40th Birthday** - Ela Publishing 2019-07-31

This Funny 30th Birthday Gift / Journal / Diary / Notebook makes an awesome unique birthday card / greeting card idea as a present! This journal is 6 x 9 inches in size with 110 blank lined pages with a black background theme for writing down thoughts, notes, ideas, or even sketching.

Shoot for the Moon, Because Even If You Miss, You'll Land Among the Stars. Happy 40th Birthday! - Premier Publishing 2019-11-21

This Shoot For The Moon 40th Birthday Gift Journal / Diary / Notebook makes for a great birthday card / greeting card present! It is 6 x 9 inches in size with 110 blank lined pages with a white background theme for writing down thoughts, notes, ideas, or even sketching.