

# Love Sex And Awakening An Erotic Journey From Tantra To Spiritual Ecstasy

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*Seeking the God of Ecstasy* - Melina Costello  
2010-11

In this modern vision quest, readers discover that the capacity to live joyfully and creatively is intimately wed to the erotic life of the soul. Melina Costello gives a gripping firsthand account of the ecstatic flights and dark impulses that accompany a woman's inner journey of self-awakening. Progressing through dreamscape encounters with Dionysus, the Greek god of ecstasy, Costello boldly addresses sexual repressions and spiritual assumptions as she seeks to liberate her inner and secular life. Half-mortal and half-god, Dionysus personifies humanity's instinctual sense of unity with the natural world. To receive the ecstatic light of divine truth which is granted to those who enter his realm, she must also embrace the deity's shadowy impulses of erotic desire. Her seduction by Dionysus compels her to re-imagine sexual love as a creative participation in the soul's boundless fertility, not as a demoralization of

spiritual values.

*Carnal Alchemy* - Stephen E. Flowers 2013-09-20  
BDSM sexuality as a powerful tool for self-transformation and the realization of magical and spiritual aims • Details how to combine the 6 major types of S&M stimulation with sexual stimulation for magical and transformative purposes • Explores sado-magical workings from both submissive and dominant perspectives • Traces the roots of the BDSM tradition from ancient pagan and shamanic rituals to historical figures such as the Marquis de Sade, Aleister Crowley, and Anton LaVey Sex magic allows us to tap in to the most abundant power source available: sexual energy. Magicians, shamans, and fakirs throughout history have used physical stimulation and ritual to harness sexual energy, unlock inner states of consciousness, and activate the ability to influence their surroundings. While pleasure is often the focus of this stimulation, pain is just as effective, if not more so. Combining both pleasure and pain, the

sadomasochistic practice of Carnal Alchemy offers a powerful tool for self-transformation and the realization of magical and spiritual aims. Authors Stephen and Crystal Dawn Flowers explain the sado-magical workings of Carnal Alchemy from both the perspective of the submissive partner as well as the dominant. They detail the 6 major techniques of sadomasochistic stimulation--bondage, flagellation, piercing, penetration, clamping, and heat/cold--and how they can be combined with sexual stimulation for magical purposes. They trace the roots of the BDSM tradition in ancient pagan rites of passage, in indigenous shamanic rituals, and through historical figures who used this form of sexuality in their magic and philosophy, from the Marquis de Sade to more modern exemplars such as Aleister Crowley, Ernst Schertel, and Anton LaVey. This guide also covers specialized furniture and tools and the decor of "the Chamber" to trigger states of consciousness in which the Sado-Magician can

effectively express his or her will.

The Art of Everyday Ecstasy - Margot Anand  
2015-02-18

"Ecstasy is about waking up and finding that you are in love with life." Most people think of ecstasy in terms of sexual ecstasy, which Tantric sex expert Margot Anand wrote about in her bestselling The Art of Sexual Ecstasy. Now, in The Art of Everyday Ecstasy, Anand expands our definition of ecstasy and shows how we can harness its energy to help us live, work, and love more passionately, joyfully, and with true spiritual focus. Our modern, work-obsessed, stress-filled culture--what Anand calls the "anti-ecstatic conspiracy"--has dulled our spirits, thrown us off balance, and alienated us from meaningful everyday experiences. In this inspirational journey toward finding the healing nature of ecstasy, Anand explains how the two types of ecstatic experiences--the moments of epiphany called Ecstatic Awakenings, and Everyday Ecstasy, or the Ecstasy of Flow, a

connection to our power and inner wisdom--can help us move beyond pain and doubt to reach our highest potential. Based on the spiritual path of Tantra, Anand shows how to use the natural energy system of our bodies--the seven chakras--as a map to ecstasy. As she guides us through the chakras, she explains how each one plays an important role in transforming energy into erotic passion, healing, empowerment, compassion, creativity, insight, and gratitude. Blocked chakras manifest themselves in surprising ways; wholeness can be achieved only when all of the chakras are open with energy flowing freely. By transforming negative behavioral patterns into positive ones and strengthening ourselves physically, emotionally, and spiritually, we can improve our health, sex life, career, relationships, and find profound meaning in everyday moments. With personal anecdotes, exercises, meditations, and rituals, *The Art of Everyday Ecstasy* shows us how to bring ecstatic energy into the body, mind, heart, and spirit--"to

embrace every moment in our totality, to respond bodily, feel from the heart, perceive with clarity, and be fully present to others and to life."

### **Upending Tad, a Journey of Erotic Discovery**

- Kora Knight 2016-03-29

One straight college senior chilling at a frat party. One unlucky round of high-stakes poker. Now, to pay his dues, Tad must spend an hour in the basement of his victors' physical trainer, Scott, who happens to be a part-time Dom as well. Playful and sexy, he introduces Tad to his flogger. Despite Tad's efforts to remain unaffected, Scott wrenches his dark pleasure higher. Raw, kinky lust. Forbidden need. Then mind-blowing, out-of-this-world sex. When Tad finally touches down from his scandalous high, his world looks completely different. Because now he can't get Scott out of his system, and Scott seems to feel the same way. Unfortunately, his hesitancy wears heavy on Scott's heart and now Tad risks losing him forever. Experience

Tad's journey of erotic self-discovery as, time and again, he seeks out the man who's upended his world... and his heart. Warning: Erotic romance, containing graphic gay sex. Intended for mature audiences only.

Finding God Through Sex - David Deida 2005  
No matter how much people pray or meditate, it is not always easy to integrate sexual pleasure and spiritual surrender. This bestselling author helps single men and women and couples of every orientation live up to the challenge of loving in unbearable rapture.

Tantra - Osho 2017-06-06

“Tantra is freedom; freedom from all mind-constructs, from all mind-games; freedom from all structures; freedom from the other. Tantra is space to be. Tantra is liberation, a total orgasm of the whole being.” —Osho  
The tradition of Tantra or Tantric Buddhism is known to have existed in India as early as the 5th century AD. In this all-time bestseller, using the contemporary idiom and his own unique blend of

wisdom and humor, Osho talks about the mystical insights found in the ancient Tantric writings. He also explores many significant Tantric meditation techniques, demonstrating how they are as relevant to the modern-day seeker as they were to those in earlier times. No matter how complex, obscure, or mystical the subject, Osho always brings his uniquely refreshing perspective—introducing the most difficult concepts to the widest possible audience with irreverent wit and thought-provoking inspiration.

**Sex That Works** - Wendy Strgar 2017-06-01  
Awaken Your Erotic Life “Making sex work—embracing your erotic soul and deepening the intimacy in your life—is both a consequence of deep presence and its gift. Healing our selves in our deepest erotic space can only be a deliberate act, and the doing of it miraculously seems to heal everything else. Tapping into the courage to know your own deepest sexual thoughts and feelings, and offering them with

your whole being, is both a life work and lasting gift that will be long remembered.” —Wendy Strgar, *Sex That Works* If you and your partner have lost that special spark, here is a book with the power to save your sex life—and your relationship. *Sex That Works* invites you to experience a new level of feeling and a new level of freedom in your sexuality. Wendy Strgar offers healing insights, potent practices (for you alone and with your partner), and guidance drawn from her marriage of over 30 years and her work with thousands of people to encourage the full awakening and expression of your erotic life. Nine core topics include: Freedom Taking responsibility for your sexual evolution • Healing our harmful behaviors • Claiming erotic freedom • Overcoming silence • Giving yourself permission • Finding forgiveness Pleasure Pleasure as a medium of communication • Restoring our humanity • Orgasm • Relaxing our judgments about sexuality • The many benefits of self-pleasure • Owning the pleasure response

- Calling pleasure by its true name • Transcendent orgasms • Broadening our sexual vocabulary • Pleasure as a fountain of youth Finding your normal The universal uncertainty • Bridging the erotic with the rational • Putting sexual health in context • The Sexual Identity Grid • The malady of sexual dysfunction • Trusting our erotic nature • Beyond right and wrong Courage The gift of choice • Growing up sexually • Living well with risks • Befriending our fear • The four attributes of courage • Desire as courage • Daily practice • Becoming who you really are • Healing erotic wounds • Letting our erotic self teach us Curiosity Overcoming sexual boredom • Filling in the gaps of our sexual education • Exploration as the leader • Sensory intrigue • Opening as a creative act • Awakening to life, sexual and otherwise Sensation Awakening the senses • Out of the head and into the body • Trusting erotic impulses • Building a vocabulary of scent and taste • The healing language of touch • Erotic

connections • Making noise • Negotiating shared sensations • Mindfulness • Falling into the body Fantasy Eliciting arousal through stories • Witnessing your fantasies • Fantasies as charged erotic fuel • The space between witnessing and enacting • Inner erotic landscapes • Uncovering the subconscious source of pleasure • Expressing desire • Submission and domination Attention Listening • Making the time • A radical leap • Creating a love container • Sustaining an atmosphere conducive to intimacy • Showing up vs. coexisting • Compassion as a way to connect • Sourcing from our center • Committing to something bigger than our selves Gratitude Letting go and receiving • Grateful sex • Healing through kindness • Receiving abundance • The importance of sexual freedom, revisited • A simple gratitude practice • A passionate love affair with your fleeting life

**Sex Education: A Woman's Awakening, Book 1** - Alexis Adaire 2015-04-07

The temptation to sin and lure of the forbidden can be impossible to ignore. Sex Education, A Woman's Awakening: The Series: Rebecca Bieler's recent sexual urges are at odds with her strict religious upbringing. Married at 17 to a sexually repressed man who left her a widow, at age 26 she now finds herself yearning to be taken hard by hot men with chiseled bodies. When an indiscretion with a neighbor leads to a six-month expulsion from her community, Rebecca attempts to purge herself of her wanton desires by giving into them, in full. Unfortunately, each new intoxicating encounter only intensifies her lustful cravings — wild, intense urges for physical ecstasy that lead Rebecca to dark recesses of the sexual underground and compel her to do things the likes of which she never imagined herself capable. In Book 1, Rebecca inadvertently sees a pornographic image that spurs in her a dormant desire for sex. One thing leads to another until she's forced to embark on the adventure of a

lifetime, one that will lead her to question her former life and spark a fierce hunger for erotic pleasure. This book was formerly published under the name "Shunned: An Amish Awakening, Book 1."

Tantra - Charles Muir 1989

Shares tantric secrets for deepening relationships, intimacy, and passion, and discusses harmony, communication, and healing

Sexual Awakenings - Kate Stewart 2017-04-05

MadHatter: Why so blue Alice?Blue\_Alice: I want to explore a part of me I've kept hidden.MadHatter: Why?Blue\_Alice: Because I don't have anything to lose.MadHatter: That's dangerous.VioletAfter sacrificing years of my life on a cheating husband, I'd had enough. I set out to quench a thirst I had ignored for years. I gave myself one year to explore my sexuality-to delve into my deepest, darkest desires. With nothing to lose and everything to gain, I would have my sexual revolution. I would have my...awakening.Diving into the world of both

pleasure and pain, I was sure with Rhys I had found what I'd been missing...until he took it away.\_\_\_\_\_RhysI was on my way out of the life when she came barging in with her new appetite and unrealistic expectations of what a Dom should be. All I had left to do to break free was sell the club and walk away. Now I found I had something to walk toward. And for the first time in my life, I hoped I'd be enough for a woman.Caring for a woman was easy for me. I had always cared for different women for different reasons. Loving a woman had always been quite a bit harder.Doms don't have to say I love you.

**Love, Sex, and Awakening** - Margot Anand 2017-01-08

A true virtuoso of Tantra and a brilliant star in the universe of erotic delights, bestselling author Margot Anand has led a life of sexual ecstasy and spiritual bliss. This book recounts her fascinating adventures and provides techniques and exercises to help you connect to

the spiritual potential of sex and cultivate a deeper, more fulfilling love life. One of the first teachers to bring Tantra to the West, Margot has explored the connection between sex, body, mind, and spirit with gurus around the world, including Timothy Leary, Alan Watts, Osho, and many more. Love, Sex, and Awakening shares her amazing stories and explores the answers to profound questions: What is Tantra? What does a woman need to realize her multi-orgasmic nature? What does it mean for a man to be a Tantric lover? What is awakening?

**The New Art of Sexual Ecstasy** - Margot Anand 2009-11-27

New edition of the best-selling guide to transforming sexuality and orgasm through sacred ritual and ancient techniques. The New Art of Sexual Ecstasy opens the way to a new stage of fulfillment and bliss, making the sacred lovemaking techniques of the East available to Western readers and extending sensual experience for everyone. This landmark book on

human sexuality provides simple techniques that help readers to discover new sexual experiences, combining physical pleasure with intense emotional and spiritual joy. Includes a wide range of practical ways to enhance sexual pleasure and deepen intimacy, including massage, visualisation, breathing, ritual, movement and fantasy. The sexual secrets outlined in this book include: \* how to prolong pleasure \* how to extend orgasms so it becomes a whole body experience \* how to recover sexual sensation \* how to have a multiple orgasm - for men and women \* how to increase arousal and extend the sexual experience. Also included are many innovative sexual positions for versatility and compatibility. The emphasis in the book is on transforming sexuality beyond the merely physical, making it a truly spiritual experience. This book is ideal for anyone looking to bring spirituality back into sex, using it to bring the body and soul into union to discover a whole new experience.

## **Spring Awakening** - Frank Wedekind

2013-12-16

Wedekind's play about adolescent sexuality is as disturbing today as when it was first produced. Wedekind's notorious play *Spring Awakening* was written in 1891 but had to wait the greater part of a century before it received its first complete performance in Britain, at the National Theatre in 1974. The production was highly praised, much of its strength deriving from this translation by Edward Bond and Elisabeth Bond. 'scrupulously faithful both to Wedekind's irony and his poetry.' *The Times* This translation of *Spring Awakening* was first performed at the National Theatre, London on 24 May 1974. For this edition the translator, Edward Bond, has written a note on the play and a factual introduction to Wedekind's life and work.

*The Chakra Book* - Osho 2015-06-09

A comprehensive and in-depth discussion of the human energy centers known as chakras. The

book offers a unique understanding of how these centers, also referred to as "subtle bodies" can be identified and experienced, along with how they are related to personal transformation and health. In this volume, Osho gives an overview of the Eastern science of the subtle energy centers in the human body that are sometimes known as "chakras." It is a science that underlies traditional Chinese medicine, Indian Ayurveda, and the practice of kundalini yoga, among other disciplines that recognize the deep connection between mind and body. Osho also shows how these same principles apply to human psychological growth and maturation, and the evolution of consciousness. Self-help, Spirituality, Psychology, Meditation, Esoteric, New Age, Health, Yoga. The title will especially of interest to the large group of people involved with Yoga, as the book describes in simple terms, using everyday experiences as examples, what underlies the Kundalini Yoga approach to the human energy system. *The Chakra Book*

delivers the 'esoteric science' and understanding in the context of personal growth and transformation.

**Urban Tantra, Second Edition** - Barbara Carrellas 2017-11-21

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. Celebrating the 10th anniversary of Urban Tantra, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers. With a juicy mix of erotic how-to and heart-centered spiritual wisdom, this updated edition includes a brand-new introduction, up-to-date references and resources, a new take on the possibilities and responsibilities of Tantra in today's world, plus new and cutting-edge information to reach an expanded community—added information on multi-partner play, more intersections for Tantra and BDSM, practices for asexuals and aromantics, expanded

practices for trans and gender nonconforming people, and more. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, no matter one's gender, sexual preference, or erotic tastes. Urban Tantra expands the notions of pleasure and opens new heights of intimacy and sexual fulfillment.

Sex Yoga - S. F. Howe 2018-06-16

PRAISE FOR "SEX YOGA!" "This book is life changing!...It skipped the fluff and succinctly told me that which I needed to know...It will take you to a height of ecstasy that you never imagined possible...Worth every penny. I'll be enjoying this technique time and time again." (MariaKaterina) "This ebook changed our lives. My husband and I...have been working with the technique taught in this material and are having...amazing kundalini orgasms and a more beautiful and loving relationship." (Laura Peters,

Amazon reviewer) "It took me on a blissful, mind-expanding journey! I have read many books on kundalini, tantra and related sacred sex topics, but find Sex Yoga by S. F. Howe to be the most helpful material of all...Don't let anything stop you from experiencing this liberating technique for yourself." (Max Wolf) "The information in this ebook is the most powerful I have ever encountered in the arena of sex and spirituality. I had the most incredible orgasm of my life applying this technique!...give it a try, and you will never be the same, I guarantee it." (Jeff Michaels) "I can't remember the last time I read anything this spiritually promising for people like myself who are interested in using their sexual energy to expand their consciousness. This technique appears to be much easier than tantra. I can't wait to try it!" (Emma Garcia) "Take your time with this material as a quick perusal of the seven steps is unlikely to reveal the power of what is being presented. This is sex for the strong and the

brave. I'm truly blown away." (Leon Mayer)  
PRODUCT DESCRIPTION Author's Note: 6/2018  
- Release of Expanded Second Edition by S. F. Howe2013 - Release of First Edition by S. F. Howe writing as Keira Brighton. Sacred Sex At Its Best... What you will receive in Sex Yoga is the little-known, yet simple and complete technique for experiencing the ultimate orgasm. I call it the kundalini orgasm - a prolonged, ecstatic sexual build-up that culminates in an orgasmic explosion of Light/energy out through the top of your head and into the farthest reaches of the cosmos as you blissfully merge with the All That Is. This priceless experience is accomplished naturally and easily when you learn how to flow your own sexual energy through the seven chakras or power centers of your body. You may practice this technique alone or with a partner, although I recommend that you begin alone if only to familiarize yourself with the steps and the incredible rapture of this mind-blowing sexual/spiritual

adventure. This is life-changing knowledge that I am sharing with you. I not only reveal everything you need to know to begin exploring and mastering this extraordinary technique, but you will also learn: \* How the spiritual transformation you have been yearning for is literally at your fingertips\* What kundalini really is and why you need a kundalini awakening\* How to harness your own sexual energy to awaken your highest spirituality\* What your chakras are and why they are your fast track to enlightenment\* How the 7 Step Sex Yoga Technique eliminates pressure and stress from lovemaking\* Why the kundalini orgasm results in incomparable love and bonding with your partner\* How you can experience the heights of sexual ecstasy and spiritual bliss at any time, even without a partner in your life! Do be patient with yourself and/or your partner as you practice the steps and increase your awareness and sensitivity to this process. Your efforts will be richly rewarded! Scroll up ... and click on "Add

to cart" to purchase Sex Yoga right now. *The Art of Sexual Magic* - Margot Anand 1995 Shows couples how to increase their physical and spiritual energy during sex and channel it into their professional lives, using a series of exercises based on ancient rituals. By the author of *The Art of Sexual Ecstasy*.

[Sex Shamans](#) - KamalaDevi McClure 2020-02-04 20 transformative stories and sexual healing practices from international pioneers in the sexual shamanism movement • Reveals intimate details about how each sex shaman overcame personal struggles with heartache, jealousy, mental illness, or social shame to realize their calling as a sacred sexual healer • Includes 20 in-depth embodiment exercises such as soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling • Includes contributions from 20 diverse voices in the sexual shamanism community, all part of the mystery school ISTA: International School of

Temple Arts Drawing on traditional and modern practices, a sex shaman uses the power of erotic energy as a healing medicine. They channel divine love and embrace sexuality freely, practicing polyamory, sexual healing, and even sex magic. They teach tantra, trance dance, kundalini yoga, and other techniques for healing shame, guilt, fear, and sexual trauma. Designed to guide the reader on a journey into their own sacred sexual awakening, this book shares true stories from 20 visionary pioneers in the sexual shamanism movement, all of them associated with the International School of Temple Arts (ISTA), a mystery school that works to illuminate the path of sexual shamanism and heal the split between sex and spirit, release the shame surrounding sexual awakening, and inspire more sexual liberation around the world. The teachers reveal intimate details of their life stories and sexual awakening journeys, showing how, by surrendering to the wisdom of the erotic current of the universe, transformation occurs. Each

story is accompanied by an in-depth embodiment exercise with step-by-step instructions, including soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling. Underlying these exercises is the belief that the body is a temple that opens with pleasurable worship so spirit may dwell more fully within. The 20 contributors include Baba Dez Nichols, Bruce Lyon, Crystal Dawn Morris, Dawn Cherie, Deborah Taj Anapol, Ellie Wilde, Janine Ma-Ree, KamalaDevi McClure, Komala Lyra, Laurie Handlers, Lin Holmquist, Matooka Moonbear, Mia Mor, Ohad Pele Ezrahi, Patrik Olterman, Raffaello Manacorda, Ria Bloom, Sean O'Faolain, Stephanie Phillips, and Stephen SouLove.

*Tantra* - Shivoham 2019-08-10

Tantra: Exploring Sexuality for Spiritual Awakening is authored by Prof. (Dr.) Shivoham. The book teaches ancient, powerful and secret tantric spiritual technique from India. Sexuality

is projected as a tool for enhancing awareness and consciousness. The book includes techniques for merging yoga and sex together, to reach a new dimension. The book aims at removing all inner blockages anticipated by delusive mind. The power of sex in its true sacred form is revealed in the book. Journey of human energy from base to infinite is disclosed in the book. Mastering the process from duality to unity, so to ascend towards omnipresent spirit is discussed. The book intends to make a person reach a point of spiritual evolution where everyone looks the same. Process of self-discovery where "You will meet You" i.e. you will get to know your real self is discoursed. The book talks about "Sex" the beautiful expression of love, joy, intimacy, sharing and unity. Confusion about whether to choose spirituality or sexuality is debated. Embracing sexuality for spiritual living is conversed. Art of Lovemaking, Erotic Temples of India, Opening Chakras, Kundalini Shakti, Samadhi, Union of Energy and

Consciousness are a few core topics that are a part of this book. You are here on earth to enjoy each and every aspect of yourself. Cherish your sexuality and spirituality both at the same time. Make yourself alive, full of energy, glowing and have high spirits. Author hopes that the book will remove all the hindrances of delusive mind and will let each soul follow the true path of festival of life.

**Heart in Gear** - Christopher J Hoffmann  
2017-06-23

HEART IN GEAR chronicles how erotic awakening is the most liberating act of rebellion. Through vulnerable experiential enactments, find how our erotic expression is tied directly to our instinctual creative innovation.

Living an Orgasmic Life - Xanet Paillet  
2018-08-15

For every woman who struggles with sexuality and intimacy. Nationally-known sex therapist Xanet Paillet offers practical tools and encouragement for reclaiming passion and

pleasure in their sex life.

The Heart of Tantric Sex - Diana Richardson

2010-05-11

After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex can transform your experience into a more sensual, loving and fulfilling one.

*Yoni Massage* - Michaela Riedl 2009-03-02

A tantric massage practice for awakening and enhancing women's innate sensual, emotional, and spiritual energies • Provides emotional healing by releasing traumatic memories stored in the yoni • Includes exercises that use sexual energy to cleanse and stimulate the chakras • Empowers women to draw strength and radiant vitality from the restored connection to their innermost core "Yoni" is the Sanskrit word for

the female genitalia, describing not only the anatomy but also encompassing the energetic and spiritual dimensions. While a yoni massage offers women the opportunity to enhance their sexuality, Michaela Riedl shows that the effects of this practice are much more profound and have ramifications affecting every area of life. Long held inhibitions in the West about sexuality and the shame and guilt associated with the sexual zones of the body have created deep-seated barriers that prevent individuals from fully expressing themselves. The practices provided in Yoni Massage are designed to allow women to overcome these barriers and reconnect to their innermost core and deepest feminine nature. Yoni massage is not simply a hands-on technique but involves the conscious direction of energy throughout the body through deep breathing and visualization. It provides women the ability to cleanse and energetically stimulate the chakras as well as achieve emotional healing by releasing the traumatic

pain that often becomes seated in the yoni. The author explains that the relegation of this important spiritual and energetic center to a “private part” hinders the process of enlightenment. Once women are able to be in touch with their yoni energy, their connection to the entire web of life is restored to its rightful place.

**The Awakening** - Kate Chopin 2016-04-02

The Awakening by Kate Chopin from Coterie Classics All Coterie Classics have been formatted for ereaders and devices and include a bonus link to the free audio book. “She was becoming herself and daily casting aside that fictitious self which we assume like a garment with which to appear before the world.” — Kate Chopin, *The Awakening* *The Awakening* by Kate Chopin is a masterpiece of early feminist fiction telling the story of a woman who finally decides to decide her own fate.

[Immortal Self](#) - Aaravindha Himadra 2018-04-01

In the summer of 2006, Aaravindha Himadra

traveled deep into the interior of the Himalayan Mountains to a secret valley where he lived among the Amartya Masters—the reclusive keepers of an ancient lineage of spiritual mysticism. To answer their invitation, he endured a daunting trek across rugged, remote mountains, where he eventually came to their protected valley home, a place where our world’s most profound spiritual truths still exist in wholeness. *Immortal Self* is a riveting account of Aaravindha’s remarkable journey and his visit to this sacred land. Divulged here for the first time are the teachings of a legendary and secluded spiritual tradition—truths that transcend the illusion of our accepted reality and offer a beacon of hope for all seekers. Here is a transformative story that will invite you to challenge your preconceptions, open your heart, and receive the wisdom that your soul has always known: “When the last obstruction to the truth of our existence falls, but one power remains—the power of Supreme Love.”

**Love, Sex, and Awakening** - Margot Anand  
2017-01-08

Famed tantric practitioner and teacher Margot Anand has led a life of spiritual bliss and erotic ecstasy. This book recounts the fascinating adventures, turning points, and breakthroughs on her path from sex to awakening, and it includes techniques and exercises to help you connect to the powerful energy of the erotic spirit.

Passion and Presence - Maci Daye 2020-10-20  
Awaken your mindful sensuality and reconnect with your partner with Passion and Presence. Most romantic relationships follow a predictable pattern of initial enchantment followed by inevitable disenchantment. But relationships don't have to stay in disenchantment or end! Passion and Presence offers readers a proven path back to connection and intimacy--often in deeper ways than before. Sex therapist Maci Daye draws on her popular international Passion and Presence workshops to show couples how

their erotic difficulties can be a portal to creativity, compassion, and unparalleled growth. Exercises and reflections guide readers down what Daye calls the "naked path" of awakened intimacy. On this path, we courageously examine ourselves, our barriers, and our relationship patterns, ultimately finding fresh ways to heal and connect, and revitalize eros. With gentle clarity, Daye addresses the everyday challenges of "real life" sex, such as sex that has become routine, differences in preferences or desire, power struggles, a history of trauma, changes ranging from childbirth to aging, infidelity, communication challenges, and more. Engaging stories depicting couples of diverse ages, backgrounds, genders, and orientations illustrate how the practice of Passion and Presence can help any couple establish a more intimate and wakeful erotic life.

**The Awakening Life of Tessa James** - Flick Bayliss 2021-09-30

Having been with men for most of her life, and

having suspected something was wrong, Tessa James realises she is gay at the age of 28. Years later, she is still waiting to fall in love. She opts out of the dating game after a shocking encounter with her doctor. It was unexpected, and it is the final straw. She decides to forget about love and focus on her artwork and her new career at the art college, where she meets Kit. As she realises she has finally met the right woman, Tess reflects back over her sexual exploits and what she has learned about herself along the way. The Awakening Life of Tessa James is a series of playful, heartfelt, funny and erotic short stories highlighting Tess's journey toward love.

Chronicles of the Nubian Underworld - Shakir Rashaan 2010-02-04

Chronicles of the Nubian Underworld: The Awakening is a journey inside the BDSM POC (people of color) community, its ups and downs, and the ties that bind, literally and figuratively, between the principle players of this new series.

With its twists and turns, and surprises along the way, it is sure to become an "awakening" for any who dare to journey to the "Dark Side."

The Sexual Ecstasy Workbook - Margot Anand 2005-02-03

A concise, illustrated workbook to Tantric lovemaking by the bestselling author of Sexual Ecstasy and The Art of Sexual Ecstasy. The Sexual Ecstasy Workbook is the perfect practical guide for the countless lovers who complain that sexual harmony is so easily broken and that love, rather than being pure bliss, is more like walking through a minefield-where at any moment a false move can turn off enthusiasm and snuff out all chances for orgasmic satisfaction. Problematic situations readers will learn how to successfully maneuver include: - She is turned on and wants to make love, but doesn't dare express it. - He wants her, but she seems so busy that he doesn't dare interrupt and ask. - The world-in the form of ringing cell phones, paging beepers, droning television, and

domestic duties-prevents the focused intimacy that is the core of bliss. - Awkwardness-not knowing how to caress-turns lovemaking into a burdensome chore. The Sexual Ecstasy Workbook presents a user-friendly, step-by-step method for connecting more deeply with one's ecstatic potential, erotic goals, and ability to appreciate one's self and one's partner.

**Tantric Sex for Couples** - Zoe Loxley

2020-09-04

Are you ready to Embark on a Seven Night Journey to Awaken Your Sexuality and Unlock Pure Erotic Energy? Discover How by reading on... Would you like to: Awaken your ancestral instincts? Uncover all the pleasures that tantric sex provides? Find out the spiritual side of sex? Be able to reach valley orgasm and enjoy sexual ecstasy? If so, then you've come to the right place. In this guide, the author takes you by the hand on a seven-night journey to awaken your sexuality, empower your intimacy and wake up the tantric being inside of you. Try to think of

the typical sex, without romance: that's what you do quickly, with him who often comes before her, few looks and many worries...We are light years away from the concept of tantric sex, of slow and overwhelming spiritual and physical union that we all dreamed of at least once in our lives. Tantric sex will literally transform what you know about pleasure with new techniques, positions and massages. Here's what this incredible book can offer you: Tantric sex concepts: Discover the true story of tantra and how to recognize the tantric being in each of us. Three golden rules for tantric sex: Find out what things exactly you have to do to evolve your sex life. Four key principles for sexual ecstasy: Learn how to easily reach sexual ecstasy and discover the joy of valley orgasm. Tantric sex positions: Uncover how to have sex for hours, prolong the pleasure to infinity and experience an extreme orgasm Tantric sex massage: Find out the benefits of tantric sex massage and how to use it to awaken your senses. Guide to

awakening: Follow the detailed seven-night journey that will take you from scratch to practice tantric sex Guide to enhancing intercourse: Combine valuable tips with tantric exercises and techniques to enhance your new dimension of sex. And much, much more... If you are looking for a way to turn your sexual experiences as a couple into something supernatural, then look no further. In this guide we will explain everything you need to know about tantra for two. The seven-night journey is waiting for you, are you ready? Scroll up, click on "Buy Now with 1-Click" and Get Your Copy Now!

**Sexual Synergy** - S. L. Butta 2015-09-24

In, Sexual Synergy, S.L. Butta invites you to take an erotic journey awakening your sense of sexuality and romance. It contains a collection of 10 erotic shorts stories and 11 love poems. It's provocative, sensual and full of sexual games. The poems are heartfelt and sexy. The stories allow you to throw out your inhibitions and have

total sexual freedom. From the young boy who grows up to conquer his childhood crush, a superhero charged foursome, a night of unexpected surprises initiated by a mysterious invitation, or the thrill of completing an elevator fantasy; the excitement of the ever changing floors and the sense of adventure knowing you can get caught at any moment; there's something for everyone. This book can be used to put the spark back into a relationship, keep the fire going or turn up the heat in a new one. These stories can be part of your foreplay; illustrating the build up to the main event, seductively showing how romance should be savored before getting down to business.

**The Love Spell** - Phyllis Currott 2006-01-05

The sequel to the acclaimed memoir Book of Shadows, ready to enchant readers in paperback This is the true story of a love spell that worked. Ivy League lawyer and Wiccan priestess Phyllis Currott has a super-charged career in law and filmmaking, but one thing is missing: love. She

casts a sexy spell and her dream lover soon arrives. But he's not who he appears to be and there are unforeseen consequences. In this hip, compelling tale of spiritual and sexual awakening, she must seek the aid of an otherworldly suitor, a daemon, to discover how modern relationships and their problems are paths to the greatest magic of all—true love. This wise and erotic memoir is also rich with spells, potions, techniques of sexual magic, and rituals for love. It is a story that will speak to every woman who has dreamed of her Prince Charming, revealing how our longing for love can lead to the discovery of our innate divinity and an authentic and empowered life. Praise for *The Love Spell*: "Irresistible, *The Love Spell* offers up the erotic details of the author's search for a kind of modern woman's happily-ever-after." —BODY AND SOUL "Those curious about contemporary Wiccan beliefs and practices will find this an engrossing introduction." —PUBLISHERS WEEKLY

Love and The Turning Seasons - Andrew Schelling 2014-02-11

For thousands of years, India has excelled at erotic love poetry, and the genius of its devotional poetry often harnesses great energy and mystical insight. It is in fact often hard to tell whether the poets are offering poems of spiritual longing using the garment of love poetry, or writing erotic poems in the guise of devotion. Perhaps, in a country where erotic sculpture routinely ornaments its many temples and the gods are known for their explosive sexuality, this question has little meaning to these remarkable writers. In their devotional traditions, eroticism and mysticism seem inseparable. This wonderful selection spans 2,500 years, and includes work originally sung or recited by their well-known bards: Kabir, Mirabai, Lal Ded, Vidyapati and Tagore. There are also poems from the Upanishad, from ancient Sanskrit poetry and Punjab folk lyrics. The poets have largely emerged from the ranks

of the dispossessed: leather workers, refuse collectors, maidservants, women, & orphans. Their vision is of a democratic society in which all voices count, much like American gospel and blues, Shaker songs, or the grand vision of Walt Whitman. Often they faced persecution for speaking candidly, or daring to speak of spiritual matters at all. The notes include profiles of these legendary lives. Several of these poets simply vanished, absorbed into a deity, or disappeared in a flash of purple lightening. A few produced miracles—most of them have clouds of mystery around them. Andrew Schelling has drawn on the work of 24 other translators, including Ezra Pound, Robert Bly, W. S. Merwin, Jane Hirschfield and Denise Levertov, to build what will be the finest anthology of India's erotic and spiritual poetry for the general read ever assembled.

**Tantric Sex** - Avaya Alorveda 2020-07-26

Do you want to discover the ancient secrets to experience mind-blowing Tantric Sex and

Improve Your Relationship? Then Keep Reading. Gratifying sex requires both parties to feel deeply connected to each other. Without even a semblance of connection, sex just isn't as good. In the whole history, nothing more than Tantric secrets can give you the keys for the real pleasure of body and soul. Tantra, derived from ancient Sanskrit language, means "to weave energy". Practicing Tantra is about transcending the sexual and spiritual planes. This is done by engaging in spontaneous, deeply meditative, and intimate sex. In order for your sex life to improve, you must be willing to learn and practice Tantra. Once you do, you will be able to flow with your body's rhythm, find out what gives it pleasure and figure out the way it feels pleasure. So, how can you apply ancient Hinduism and Buddhism principles to achieve mind-blowing Tantric sex? Get yourself your very own copy of the "Tantra" and "Tantric Sex", a 2 in 1 books bundle by Avaya Alorveda that will guide you in a life-changing journey! What

makes this guide unique is that readers can start their journey towards physical and spiritual sex. Here is where you will learn principles that can help reach a deep, intimate connection with your partner! Over the course of this life-changing 2-in-1 guide, you will discover Awaken and worship the God or Goddess within you so you can have better sex and deeper, more intimate relationships Achieve multiple orgasms using centuries-old Tantric sex teachings that are still relevant in the modern world Improve your Tantric sex experiences using proven, expert-approved tips that will change your life and relationships for the better Master the art of sacred sex to reach your soul's ecstasy! you will be able to awaken your sexual energy with the teachings of Tantra illuminated. The best sex positions for couples, massage and meditation techniques. And so much more! What's inside this bundle of two books: Book 1: Tantra Introduction Guide to Tantra Philosophy, Traditions and Practices Samsara (The Cyclic

Existence) and Nirvana (The Other World Time, Bondage And The Goddess Kali Divine Play Of Shakti And Shiva Discipleship and The Tantric Path The Subtle Body And Its Environment Awakening The Serpent Power Book 2: Tantric Sex A Guide in the Tantric Philosophy to discover Tantric Sex Positions, Tantric Massage and Tantric Meditation Tantra, Tantric Sex and its Benefits Communication Essentials and How to Breathe To Ecstasy Distinguish And Worship The God Or Goddess Within You How to Prepare Your Body and the Purification Path Positions And Techniques Multiple Orgasm, Female Orgasm and Tantric Sex Teachings Tips to Improve Tantric Sex Pleasure This life-changing guide provides proven ancient knowledge that focuses not only on erotic aspects but also on the importance of history, practices, and traditions behind the Tantra philosophy. In simple words, after getting this book, the secrets Tantric techniques that you will discover will improve your sex life thanks to a new and deeply spiritual

vision. Are You Ready To Mastery All The Ancient Secrets Of Pleasure? Let's discover all of them: Scroll up, Click to Get This Book, and let Tantra Secrets become part of your life.

*The Scientific American Book of Love, Sex and the Brain* - Judith Horstman 2011-11-15

Who do we love? Who loves us? And why? Is love really a mystery, or can neuroscience offer some answers to these age-old questions? In her third enthralling book about the brain, Judith Horstman takes us on a lively tour of our most important sex and love organ and the whole smorgasbord of our many kinds of love—from the bonding of parent and child to the passion of erotic love, the affectionate love of companionship, the role of animals in our lives, and the love of God. Drawing on the latest neuroscience, she explores why and how we are born to love—how we're hardwired to crave the companionship of others, and how very badly things can go without love. Among the findings: parental love makes our brain bigger, sex and

orgasm make it healthier, social isolation makes it miserable—and although the craving for romantic love can be described as an addiction, friendship may actually be the most important loving relationship of your life. Based on recent studies and articles culled from the prestigious *Scientific American* and *Scientific American Mind* magazines, *The Scientific American Book of Love, Sex, and the Brain* offers a fascinating look at how the brain controls our loving relationships, most intimate moments, and our deep and basic need for connection.

[Sacred Sexuality](#) - Michael Mirdad 2004-08  
*Sacred Sexuality: A Manual for Living Bliss*  
Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens

your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sex...expanding one's consciousness through sexuality...and combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love ...an excellent overview of the tantric sexual practices...the first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics. He has worked as a Healer and Counselor to individuals & couples for over 20 years. Michael has also conducted thousands of classes, lectures & workshops throughout the world on Mastery, Spirituality, Relationships, and Healing. Dr.

Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.

**The Art Of Seduction** - Robert Greene  
2010-09-03

Which sort of seducer could you be? Siren? Rake? Cold Coquette? Star? Comedian? Charismatic? Or Saint? This book will show you which. Charm, persuasion, the ability to create illusions: these are some of the many dazzling gifts of the Seducer, the compelling figure who is able to manipulate, mislead and give pleasure all at once. When raised to the level of art, seduction, an indirect and subtle form of power, has toppled empires, won elections and enslaved great minds. In this beautiful, sensually designed book, Greene unearths the two sides of seduction: the characters and the process. Discover who you, or your pursuer, most resembles. Learn, too, the pitfalls of the anti-Seducer. Immerse yourself in the twenty-four manoeuvres and strategies of the seductive

process, the ritual by which a seducer gains mastery over their target. Understand how to 'Choose the Right Victim', 'Appear to Be an Object of Desire' and 'Confuse Desire and Reality'. In addition, Greene provides instruction on how to identify victims by type. Each fascinating character and each cunning tactic demonstrates a fundamental truth about who we are, and the targets we've become - or hope to win over. The Art of Seduction is an indispensable primer on the essence of one of history's greatest weapons and the ultimate power trip. From the internationally bestselling author of The 48 Laws of Power, Mastery, and The 33 Strategies Of War.

Aphrodite's Daughters - Jalaja Bonheim  
1997-06-04

An intimate look at the transformative power of women's sexual experiences. Based on the stories of ordinary American women, Aphrodite's Daughters explores the central role of sexuality

in women's spiritual journey. Witty, wise, entertaining, and compassionate, Aphrodite's Daughters quickly became an underground classic, and has changed the lives of thousands of women.

**The Almond** - Nedjma 2006

'My ambition is to give back to the women of my blood the power of speech confiscated by their men.' Badra is a young Berber girl from a North African village who is married off to an old man, and brutally raped on her wedding night. She thinks sexual pleasure exists only for men, until she escapes from her cruel husband to the city. Then she meets a handsome doctor who introduces her to a new world of sexual passion. L'AMANDE, written under a pseudonym by a North African woman living in France, reads like an erotic manifesto for modern women who want to break free from the repressive bonds of cultural tradition to unashamedly demand their right to pleasure.