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Winnicott's Babies and Winnicott's Patients - Margaret Boyle Spelman 2018-05-11

Winnicott's thinking continues to grow in importance in psychoanalysis today. This book can be described as a clinical primer: by presenting her own personal responses to Winnicott and her initial understanding of his thinking, the author tries to help others develop their own 'Winnicott' to assist with their clinical thinking. This book makes explicit the parallel in Winnicott's thinking between the situation of the baby and the 'nursing couple', and the patient and the 'analytic couple'. There are two helpful baby observation pieces which are aimed at first giving something of the experience of completing a baby observation and then of the reporting of it. In addition to these, there are chapters that treat Winnicott's thinking and the comparison of the original baby with the one who appears in the course of an adult therapy. Winnicott's thinking is first situated historically. Then each of his three stages of dependence are explored in detail: absolute dependence, relative dependence, and going towards independence. These are looked at from the viewpoint of the patient/baby and the mother/therapist in both developmental and clinical situations.

Holding and Interpretation - Donald Woods Winnicott 1989

D.W. Winnicott, a psychoanalyst of extraordinary grace and originality, left a body of work distinguished by fierce independence of mind, profound playfulness and technique, and passionate intelligence. *Holding and Interpretation*, a verbatim record of his sessions with a psychotic patient, vividly illustrates his enormous contribution to psychoanalytic theory and technique, his skill at "holding" the patient in the analytic session and providing guidance through sensitive interpretation. It is a rare working portrait of one of the true giants of psychoanalysis—"a very vast subject," as he said, "which has the great charm of being really useful."

Human Nature - Donald Woods Winnicott 1988

Winnicott's ideas are scattered through numerous clinical papers and popular expositions. He made only one attempt to write an overview of his ideas, and this is it.

The Language of Winnicott - Jan Abram 2007

The author's lexicon - *The Language of Winnicott* - has proved to be the definitive comprehensive guide to Winnicott's thought since it was first published in 1996, Winnicott's centenary Year. The twenty-two entries represent the major conceptualisations in Winnicott's theories and take the reader on a journey through his writings that span from 1931 to 1971. Thus the volume is an anthology of Winnicott's writings. This new edition expands on each original entry predicated on the author's research discoveries, including archival material, over the past decade.

Winnicott On The Child - D. W. Winnicott 2009-07-21

This delightful book presents a selection of D. W. Winnicott's best writing about children. The remarkable, enduring essays from *Babies and Their Mothers* and *Talking to Parents* are here combined with several hard-to-find gems of insight into the world of the child. Each piece was written for a wide audience of parents, childcare professionals, and teachers. In his empathic and witty way, Winnicott ranges over such timeless topics as the mother/infant relationship, trust, instilling a sense of security, negativism, jealousy and moral development. Now, in one volume, anyone who cares about children can enjoy the wisdom of a man many consider to be the most important psychoanalyst since Freud. A Merloyd Lawrence Book

Home is where We Start from - Donald Woods Winnicott 1990

One of the most gifted and creative psychoanalysts of his generation, D. W. Winnicott made lasting contributions to our understanding of the minds of children. His ideas have influenced the diverse psychoanalytic schools of Anna Freud, Melanie Klein, and Hans Kohut. But his reach extends far beyond professional circles: his talks to general audiences over the years won him enormous numbers of followers among parents and teachers who have found his observations rich in penetrating insight. This collection brings together many of Winnicott's most important

pieces, including previously unpublished talks and several essays from books and journals now difficult to obtain. They range widely in topic--from "The Concept of a Healthy Individual" and "The Value of Depression" to "Delinquency as a Sign of Hope"--and elucidate some of Winnicott's seminal ideas, such as the "transitional object" and the concept of false self. All convey Winnicott's vision of the ways in which the developing self interacts with the family and the larger society.

Psycho-analytic Explorations - Donald Woods Winnicott 1989

A collection of writings by one of the leading figures in psychoanalysis in the twentieth century addresses such topics as psychosomatic disorder, interpretation in analysis, and psychotherapy with children and adolescents

Twelve Essays on Winnicott - Amal Treacher Kabesh 2019

One of Britain's leading psychoanalysts and pediatricians, Donald Woods Winnicott (1896 - 1971) was the creative mind behind some of the most enduring theories of the child and of child, adolescent and adult analysis. Winnicott's work is still relevant today for child and adult therapists, psychoanalysts, social workers, teachers, and psychologists, and his papers and clinical observations are routinely studied by trainees in psychoanalysis, psychiatry, and clinical psychology. Brought together into a single volume for the first time, the writings that compose *Twelve Essays on Winnicott* originally appeared as part of the landmark publication *The Collected Works of DW Winnicott* (winner in the Historical category of the American Board & Academy of Psychoanalysis Book Prize for best books published in 2016). These twelve works of original scholarship provide a distinctive chronological map to Winnicott's theoretical developments and clinical innovations. The result is a substantial contribution to psychoanalytic theory and practice that will be of interest to clinicians, scholars, and new and lifelong students of the work of Donald W. Winnicott.

Accessing the Clinical Genius of Winnicott - Teri Quatman 2020-04-02

Donald Winnicott, psychoanalyst and pediatrician, is viewed by many in the psychodynamic field as the "other genius" in the history of psychodynamic theory and practice, along with Freud. This book selects and explores twelve of his most influential clinical papers. Winnicott's works have been highly valued in the decades since they were first published, and are still relevant today. Winnicott's writings on the goals and techniques of psychodynamic psychotherapy have been foundational, in that he recast Freudian- and Kleinian-influenced thinking in the direction of the more relational schools of psychotherapy that define current 21st-century psychodynamic practice. Winnicott's writings help us to understand the maturational processes of children, certainly. But more than that, they help us to understand how best to intervene when the enterprise of childhood leads to compromises of psychological health in later years. Yet, despite Winnicott's influence and continuing relevance, his writings, while at some level simple, are elusive to modern readers. For one thing, he writes in the psychoanalytic genre of the 1930s-1960s, whose underlying theoretical assumptions and vocabulary are obscure in the present day and, for another, his writing often reflects primary process thinking, which is suggestive, but not declarative. In this work, Teri Quatman provides explanations and insight, in an interlocution with Winnicott's most significant papers, exploring both his language and concepts, and enabling the clinician to emerge with a deep and reflective understanding of his thoughts, perspectives, and techniques. Engaging and accessible, *Accessing the Clinical Genius of Winnicott* will be of great use to anyone encountering Winnicott for the first time, particularly in psychodynamic psychotherapeutic training, and in the teaching of relational psychotherapies.

Psychotic Anxieties and Containment - Margaret I. Little 1990

The author, herself an analyst, gives an intimate picture of how Winnicott conducted her treatment, how he interpreted, how he offered her a holding environment, how he dealt with anger (his and hers), and how he helped her recover from a deep, cataclysmic depression.

The Child, The Family And The Outside World - D. W. Winnicott

1992-12-21

Dr. Winnicott explores the basic relationships of childhood starting with the bond of love between mother and infant, which he views as the key to personality. Speaking directly and informally, he explains everyday issues such as feeding, crying, playing, independence, and shyness as well as serious problems such as stealing and lying. Throughout each discussion, Dr. Winnicott emphasizes the inborn abilities of parents and carefully distinguishes these from the skill that must be learned. Fascinating chapters on the roots of aggression, on the fear of dependence and its unfortunate consequences in adulthood, and on the innate morality of the baby reveal Dr. Winnicott's characteristic wit and insight.

Playing and Reality - D. W. Winnicott 2012-12-06

What are the origins of creativity and how can we develop it - whether within ourselves or in others? Not only does *Playing and Reality* address these questions, it also tackles many more that surround the fundamental issue of the individual self and its relationship with the outside world. In this landmark book of twentieth-century psychology, Winnicott shows the reader how, through the attentive nurturing of creativity from the earliest years, every individual has the opportunity to enjoy a rich and rewarding cultural life. Today, as the 'hothousing' and testing of children begins at an ever-younger age, Winnicott's classic text is a more urgent and topical read than ever before.

Reading Winnicott - Lesley Caldwell 2011

Reading Winnicott brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well being of mothers, babies, children and families. With individual introductions summarising the key features of each of Winnicott's papers this book not only offers an overview of Winnicott's work but also links it with Freud and later theorists. Areas of discussion include: the relational environment and the place of infantile sexuality aggression and destructiveness illusion and transitional phenomena theory and practice of psychoanalysis of adults and children. As such *Reading Winnicott* will be essential reading for all students wanting to learn more about Winnicott's theories and their impact on psychoanalysis and the wider field of mental health.

The Maturation Processes and the Facilitating Environment - Donald Woods Winnicott 1965

This book brings together Dr Winnicott's work on psychoanalysis and child development during the period 1957-1963 and explores the idea that mental hospital disorders relate to failures of development in infancy. It focuses on the application of Freud's theories to infancy.

The Piggle - Donald Woods Winnicott 1977

In Search of the Real - Dodi Goldman 1993

This book explores the way in which a search for an experiencing that feels real is evident in both Winnicott's life and work. He believed deeply that individuals possess a unique, innate authenticity. One feels most alive and free when in touch with this core sense of real self. Winnicott's work with patients focused on the experience of what is real in living. He observed that many of his more disturbed patients suffered from a sense of futility. He aimed to facilitate the creation of an internal space in which the patient could learn to play so that life would begin to feel real. For him, this modest yet substantial goal raised questions about the singular role of interpretations as a curative factor. His psychotherapy was not about making clever or apt interpretations. It was essentially a complex derivative of mother's face, affording the opportunity to experience oneself as alive, real, able to relate to objects as oneself, and to have a self into which to retreat for relaxation. Winnicott's theory mirrors the pattern of his own subjectivity and speaks to his own condition. This is not to say that the truth of Winnicott's ideas cannot be evaluated on its own merits. The argument here is that the objective face of theory is not its only face. The method employed is to demonstrate what that theory has to do with Winnicott. Chapter 1 demonstrates how the originality of Winnicott's thought and his originality as a person are inseparable. Winnicott's narcissism, his desire to playfully transform classical concepts, the pride he took in his inventiveness, his reticence toward closure and dogma and need to maintain ambiguity and fluidity all impacted on the content of his theory. Chapter 2 traces the association between Winnicott's theory and his biography. Nevertheless, this is not a search for motivations behind his ideas. Its purpose is to demonstrate the centrality of themes that are present in both his upbringing and his work. Chapter 3 demonstrates how Winnicott sustained a counterpoint between pediatrics and psychoanalysis. Chapter 4 focuses on Winnicott's dialogue with his non-psychoanalytic intellectual

precursors. He was influenced by those whose writings resonated with his own aesthetic sensibilities. Chapter 5 shows how Winnicott's radical developmental theory was constructed. It demonstrates what aspects of Freudian thought Winnicott internalized and how he made Freud's theory real for himself. Freud was the theoretical luminary around whom Winnicott orbited and the founding father against whom he struggled to authentically differentiate himself. The epilogue deals with both Winnicott's final paper and the last year of his life. Once again, his subjectivity and theoretical ideas converged. The "Use of an Object" paper was Winnicott's attempt to make public his obscure sense of what enabled him to survive as both a scientist and a dreamer.

The Family and Individual Development - Donald Woods Winnicott 2006
Winnicott chronicles the complex inner lives of human beings, from the first encounter between mother and newborn, through the 'doldrums' of adolescence, to maturity.

Babies And Their Mothers - D. W. Winnicott 1992-12-21

The Spontaneous Gesture - Donald W. Winnicott 1999-06

This volume consists of the collected letters of D. W. Winnicott, a central figure in British psychoanalysis in the generation following Freud. Suspicious of dogma and deeply committed to the value of his own observations, he maintained a highly personal therapeutic and theoretical style. His common sense, humour, warmth, and individualism made him resemble an old-fashioned family doctor, while at the same time his soaring intellect addressed the most fundamental matters of the mind. Winnicott was a skilled writer with a gift for making his ideas accessible to general readers as well as professionals. He was also a prolific correspondent. This selection of his letters - to colleagues, to the press, and to people who wrote to him about their problems - displays his lively style as well as his characteristic outspokenness and spontaneity. A pediatrician before he became a psychoanalyst, Winnicott was much concerned with the nature of relationships, beginning with that of mother and infant. His terms "good enough mother" and "ordinary devoted mother" express his convictions that parents do not have to meet standards of perfection to raise psychologically healthy children. His most famous concept is that of "transitional object", the toy or blanket to which a baby becomes deeply attached; he considered such objects important to the development of play, creativity, and cultural life in general. Winnicott's writings have become more and more influential over the years. His letters, published here, command immediate attention. Together with an insightful introduction by F. Robert Rodman, who sketches Winnicott's life and traces the development of his ideas, they provide a vivid picture of the thought and personality of a man who has taught us much about our deepest selves.

D W Winnicott - Michael Jacobs 1995-12-29

'The importance of Michael Jacobs' book lies in his attempt to convey... Winnicott's profound influence... Jacobs rightly delights in the creativity and imagination of his subject and illustrates these with numerous quotations and descriptions from Winnicott's writings... What is conveyed throughout the book is the essence of Winnicott... [whose] gift was to make psychoanalytic language, methods and concepts more widely available, accepted and appreciated to a non-psychoanalytic world' - British Psychological Society Counselling Psychology Review One of the best-known British psychoanalysts, D W Winnicott attracts the interest of counsellors and psychotherapists far beyond the strict psychoanalytic tradition i

Talking To Parents - D. W. Winnicott 1994-04-21

D.W. Winnicott - Brett Kahr 2018-05-08

A distillation of painstaking research into the life of Donald Winnicott, tracing his life from his childhood in Plymouth, through his career in paediatrics, to his election as President of the British Psycho-Analytic Society. The author makes many interesting links between Winnicott's life and the development of his theories.

Tea with Winnicott - Brett Kahr 2016-02-19

Donald Winnicott is currently the most popular author in contemporary psychoanalysis. His writings are cited in bibliographies even more frequently than those of Sigmund Freud. And yet how many mental health professionals have actually managed to read and digest the nearly twenty published volumes of Winnicott's books, chapters, essays, reviews, and letters? The author, an award-winning biographer and scholar of long-standing, has resurrected Donald Woods Winnicott from the dead and has invited him for a memorable cup of tea at 87 Chester Square - Winnicott's London residence - in which the two men discuss Winnicott's life and work in compelling detail. After digesting the

author's highly accessible "posthumous interview" with Winnicott, readers will have come to acquire a thorough overview of Winnicott's corpus of writings, and will appreciate the historical context in which he scripted his pioneering psychoanalytical contributions. A highly creative exercise in "imaginative non-fiction", this book - the first in a new series entitled Interviews with Icons - will delight novices and experienced professionals alike.

Playing and Reality - Donald Woods Winnicott 1991

Winnicott is concerned with the springs of imaginative living and of cultural experience in every sense, with whatever determines an individual's capacity to live creatively and to find life worth living.

D.W. Winnicott and Political Theory - Matthew H. Bowker 2018-07-14

In this volume, the work of British psychoanalyst D.W. Winnicott is set in conversation with some of today's most talented psychodynamically-sensitive political thinkers. The editors and contributors demonstrate that Winnicott's thought contains underappreciated political insights, discoverable in his reflections on the nature of the maturational process, and useful in working through difficult impasses confronting contemporary political theorists. Specifically, Winnicott's psychoanalytic theory and practice offer a framework by which the political subject, destabilized and disrupted in much postmodern and contemporary thinking, may be recentered. Each chapter in this volume, in its own way, grapples with this central theme: the potential for authentic subjectivity and inter-subjectivity to arise within a nexus of autonomy and dependence, aggression and civility, destructiveness and care. This volume is unique in its contribution to the growing field of object-relations-oriented political and social theory. It will be of interest to political scientists, psychologists, and scholars of related subjects in the humanities and social sciences.

Attachment, Play, and Authenticity - Steven Tuber 2008-02-08

D.W. Winnicott is likely the most influential and evocative child therapist and theoretician who ever lived. His work provides the underpinning for much of the empirical and clinical enterprises regarding the developmental process over the past half-century. Using over 25 of his most thought-provoking—indeed provocative—conceptual and clinical writing as its base, Attachment, Play and Authenticity provides a systematic construction of his theorizing and then integrates it with his clinical work. The book begins with a description of Winnicott's unique ability to link Freudian drive theory with what we now call object relations theory by describing the newborn as a being with "predatory ideas" and the new mother as adaptively "preoccupied" with her baby. It then discusses the infant's innate need to "create" its mother; the dangers of a false compliance to an unreliable mother in order to survive; the dynamic dialectic between the baby's essential isolation and its need for others; and the capacity for hate as intrinsic to the humanization process. The role of play as the medium and hallmark of human potential, the creation of transitional phenomena to weather the aloneness of existence and the antisocial qualities inherent in the human condition are then all brought into play as pillars of his conceptual constructions. These themes are constantly interwoven throughout the book with an analysis of his clinical work, so that Winnicott as preeminent clinician sits alongside Winnicott as generative theorist.

Tea with Winnicott - Brett Kahr 2018-05-08

In a work of startling originality, Professor Brett Kahr has resurrected Donald Winnicott from the dead and has invited him for a memorable cup of tea at 87 Chester Square - his former London residence - where the two men discuss Winnicott's life and work in compelling detail. With original drawings by Alison Bechdel, best-selling author and illustrator of *Fun Home* and *Are You My Mother?*, this 'posthumous interview' will be the perfect guide for students and the ideal present for colleagues.

Donald Winnicott Today - Jan Abram 2012

This book provides an in-depth analysis of Winnicott's original work and highlights the specifics of his contribution to the concept of early psychic development, which revolutionised the theory and practice of psychoanalysis.

Boundary And Space - Madeleine Davis 2014-06-23

First published in 1991. Routledge is an imprint of Taylor & Francis, an informa company.

The Collected Works of D.W. Winnicott - Donald Woods Winnicott 2017

Transitional Objects and Potential Spaces - Peter L. Rudnytsky 1993

D. W. Winnicott is increasingly recognized as one of the most important psychoanalysts since Freud, but the relevance of his Independent version of object relations theory to psychoanalytic literary criticism has not been sufficiently appreciated. As Peter L. Rudnytsky notes, "There must

be ten literary critics conversant with Lacan's ecrits for every one who has read Winnicott's *Playing and Reality*." *Transitional Objects and Potential Spaces* begins to redress this imbalance. The title and subtitle of this collection highlight three of Winnicott's key concepts: transitional objects, potential space, and the use of an object. Because Winnicott is unique in respecting the integrity of art as an autonomous human activity while continuing to insist on its infantile origins, he may be said to offer the first adequate psychoanalytic account of aesthetics. This volume is organized into three sections: The Analytic Frame, Literary Objects, and Cultural Fields. Beginning with Winnicott's "The Location of Cultural Experience," it features essays by a distinguished group of contributors, including Marion Milner and two current leading members of the British Psycho-Analytical Society, Christopher Bollas and Patrick J. Casement, as well as such eminent critics as Richard Poirier, Murray M. Schwartz, Ellen Handler Spitz, and Madelon Sprengnether. *Transitional Objects and Potential Spaces* makes a timely and persuasive case for the power of Winnicott's ideas. In defining for the first time an independent tradition of psychoanalytic criticism, it will reorient future work in literary and cultural studies.

Home is where We Start from - Donald Woods Winnicott 1990

This collection brings together some of psychoanalyst D.W. Winnicott's most important work contributing to our understanding of the minds of children. The essays range in topic from 'The Concept of a Healthy Individual' and 'The Value of Depression' to 'Delinquency as a sign of Hope'. All reveal Winnicott's vision of the ways in which the developing self interacts with the family and the larger society.

The Clinic of Donald W. Winnicott - Laura Dethiville 2019-01-15

Paediatric psychoanalyst Donald W. Winnicott is widely recognized as a remarkable clinician. Deprivation, regression, play, antisocial tendencies and "the use of the object" are part of the many clinical conceptions he conceived, and here Laura Dethiville explains each in a clear and precise way, highlighting Winnicott's originality and enduring relevance. *The Clinic of Donald W. Winnicott* offers all readers a glimpse of what Winnicott brings to the understanding of the human being, and will appeal to students new to his work, as well as practitioners looking for a concise overview of his work.

Winnicott's Children - Ann Horne 2013-03-05

Winnicott's Children focuses on the use we make of the thinking and writing of DW Winnicott; how this has enhanced our understanding of children and the settings where we work, and how it has influenced the way in which we do that work. It is a volume by clinicians, concerned about how, as well as why, we engage with particular children in particular ways. The book begins with a scholarly and accessible exposition of the place of Winnicott in his time, in relation to his contemporaries - Melanie Klein, Anna Freud, John Bowlby - and the development of his thinking. The dual focus on the earliest experience of the infant and its consequences plus the 'how' of engaging with children - as good-enough mothers or good enough therapists - is picked up in the chapters that follow. The role of play is central to a chapter on supervision; struggling through the doldrums can be part of the adolescent's experience and that of those who engage with him; the role of psychotherapy in a Winnicottian therapeutic community and an inner city secondary school is explored; and a chapter on radio work links us personally with Winnicott and his desire to talk plainly and helpfully to parents. There is a richness in the collection of subjects in this book, and in the experience of the writers. It will appeal to those who work with children - in child and family mental health settings, schools, hospitals, colleges and social care settings.

Winnicott - Adam Phillips 1989

Describes Winnicott's theories of child development, the mother-child relationship, and human sexuality.

Finding Space - Ann Belford Ulanov 2001-01-01

In *Finding Space*, Ann Belford Ulanov argues that depth psychology in general and the work of D. W. Winnicott in particular offer vital new ways in which to apprehend religious life, especially Christian religious life. Her inspiration is rooted in Winnicott's influence on her work as an analyst and how his ideas have enriched her own Christian faith and religious understanding. In addition, Ulanov feels Winnicott's focus on the intensity of aliveness is an antidote to the plight of contemporary religion - that it can be passionless or rote, and thereby irrelevant to so many people. She expands Winnicott's concept of transitional space between self and other to apply to the space between the human and divine. She explores the importance of the "illusionist element" of God images in creative approaches to the divine. Other topics include the paradox transitional reality holds with subjective and objective notions

Christians have of God; the inclusion of the body - specifically sexuality and aggression and the struggle for integration within the self - in the search for relationship with God; and the importance of the feminine. In an especially helpful appendix, Ulanov includes Winnicott's thoughts on matters pertinent to religious life and thought.

Ruthless Winnicott - Sally Swartz 2018-10-12

Ruthless Winnicott is an extended exploration of the role of ruthlessness in psychic development. That survival is of no use unless it is preceded by a ruthless attack is one of D. W. Winnicott's most resonant paradoxes. The book links this with the search for subjective freedom for those traumatized by colonialism, and in doing so draws on the work of Algerian psychiatrist and revolutionary psychoanalytic thinker Frantz Fanon. Sally Swartz examines essential pieces of Winnicott's work on ruthlessness as central to the emergence of concern for the Other. She illustrates, with clinical examples, ways in which the ruthless use of the psychoanalytic psychotherapeutic space allows the patient either to enter fully into a process that allows growth, or to defend ruthlessly against the anxieties provoked by psychic change. Ruthless Winnicott also maps decolonial challenges to psychoanalytic theory, and the role of ruthlessness in protest movements demanding radical subjective change. Swartz's exploration of ruthlessness as both zest and defense in individual development and in protest movements illuminates processes of psychological collision and change. It traces links between individual trauma and collective turbulence, and maps ways in which ruthlessness is essential to subjective change. Ruthless Winnicott will be of great interest to psychoanalysts and psychoanalytic psychotherapists, as well as scholars of colonialism, decolonization and post-colonialism.

The Evolution of Winnicott's Thinking - Margaret Boyle Spelman 2018-05-08

What happens to the thinking of a thinker who refuses a discipleship?

This book attempts to answer this question in relation to D. W. Winnicott and the evolution of his thinking. He eschewed a following, privileging the independence of his thinking and fostering the same in others. However Winnicott's thinking exerts a growing influence in areas including psychoanalysis, psychology, and human development. This book looks at the nature of Winnicott's thought and its influence. It first examines the development of Winnicott's thinking through his own life time (first generation) and then continues this exploration by viewing the thinking in members of the group with a strong likelihood of influence from him; his analysands (second generation) and their analysands (third generation).

Boundary and Space - Madeleine Davis 1990

This book provides a systematic presentation of D.W. Winnicott's developmental and clinical methodology. It includes a comprehensive bibliography of the works from which the book draws and an enlightening article that links Winnicott's evolving ideas to various stages of his life.

Winnicott - F. Robert Rodman 2004-09-22

This bold and witty, yet scholarly biography is the first to trace the full life and work of this highly influential and brilliant pediatrician-turned-analyst. This insightful story probes the roots in Winnicott's personal life of his influential concepts, such as the "holding environment" so crucial to psychotherapy and the "transitional object" known to every parent as the "security blanket." His astonishing career involved many of the great figures in psychoanalysis and psychology, not just Melanie Klein and Anna Freud, but the whole eccentric Bloomsbury scene including the Stracheys, R. D. Laing, and the controversial Pakistani prince and analyst, Masud Khan. For anyone interested not only in psychology and psychoanalysis but also in human nature and the great figures who have explored it, this book will be passionately absorbing.