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[Python for Data Analysis](#) - Wes McKinney
2017-09-25

Get complete instructions for manipulating, processing, cleaning, and crunching datasets in Python. Updated for Python 3.6, the second edition of this hands-on guide is packed with practical case studies that show you how to solve a broad set of data analysis problems effectively. You'll learn the latest versions of pandas, NumPy, IPython, and Jupyter in the process. Written by Wes McKinney, the creator of the Python pandas project, this book is a practical, modern introduction to data science tools in Python. It's ideal for analysts new to Python and for Python programmers new to data science and scientific computing. Data files and related material are available on GitHub. Use the IPython shell and Jupyter notebook for exploratory computing Learn basic and advanced features in NumPy (Numerical Python) Get started with data analysis tools in the pandas library Use flexible tools to load, clean, transform, merge, and reshape data Create informative visualizations with matplotlib Apply the pandas groupby facility to slice, dice, and summarize datasets Analyze and manipulate regular and irregular time series data Learn how to solve real-world data analysis problems with thorough, detailed examples

My iPhone for Seniors - Brad Miser
2014-11-05

Provides step-by-step instructions for seniors on using the iPhone, covering such topics as how to make and receive calls, send text messages, use

email, browse the Web, download and manage applications, and work with photos, videos, and music.

[Rules of Play](#) - Katie Salen Tekinbas 2003-09-25

An impassioned look at games and game design that offers the most ambitious framework for understanding them to date. As pop culture, games are as important as film or television—but game design has yet to develop a theoretical framework or critical vocabulary. In *Rules of Play* Katie Salen and Eric Zimmerman present a much-needed primer for this emerging field. They offer a unified model for looking at all kinds of games, from board games and sports to computer and video games. As active participants in game culture, the authors have written *Rules of Play* as a catalyst for innovation, filled with new concepts, strategies, and methodologies for creating and understanding games. Building an aesthetics of interactive systems, Salen and Zimmerman define core concepts like "play," "design," and "interactivity." They look at games through a series of eighteen "game design schemas," or conceptual frameworks, including games as systems of emergence and information, as contexts for social play, as a storytelling medium, and as sites of cultural resistance. Written for game scholars, game developers, and interactive designers, *Rules of Play* is a textbook, reference book, and theoretical guide. It is the first comprehensive attempt to establish a solid theoretical framework for the emerging discipline of game design.

iPhone: The Missing Manual - David Pogue
2011-12-13

With the iOS5 software and the new iPhone 4S device, Apple has another world-class hit on its hands. This sleek, highly refined pocket computer comes with everything—cellphone, iPod, Internet, camcorder—except a printed manual. Fortunately, David Pogue is back with the latest edition of his witty, crystal-clear, colorful guide: the world's most popular iPhone book. Use it as a phone. Learn the basics as well as time-saving tricks and tips for contact searching by voice, texting, and more. Manage your stuff in the cloud. Sync and back up your contacts and media across all of your devices with iCloud. Get things done. Ask Siri to send reminders, place calls, and more. Master notifications. Use the Notification Center to find missed messages, calendar invitations, friend requests, and more. Connect with other iPhone owners. Send unlimited iMessages to friends, family, and colleagues who are also running iOS5. Treat it as an iPod. Master the ins and outs of iTunes, and listen to music, upload and view photos, and fill the iPhone with TV shows and movies. Take the iPhone online. Make the most of your online experience to browse the Web, read and compose email, use social networks, or send photos and audio files. Go beyond the iPhone. Learn how to use the App Store, and how to multitask between your apps, organize them in folders, and read ebooks in iBooks. Whether you have a brand-new iPhone or want to update an earlier model with the iOS5 software, this beautiful full-color book is the best, most objective resource available.

Talking to Siri - Erica Sadun 2012-03-16
Sweet-talk Siri™ into doing practically anything! Apple's Siri voice technology is even more amazing when you really know how to talk to it. Now, two top Apple tech experts show how to talk Siri into doing more than ever before! Just look up what you want to do, and you'll find tested step-by-step instructions for getting exactly the results you want. From start to finish, this book is packed with quick and easy ways to make Siri even more reliable and useful—and way more fun! • Get more accurate recognition every time you use Siri • Ask questions that avoid “misunderstandings” and lead to precise, accurate answers • Check

weather forecasts, stock prices, and lots more • Help Siri recognize and connect with your spouse, children, and parents • Use Siri to stay in touch with friends, colleagues, and customers • Transform Siri into your personal media DJ • Find the nearest store that's selling whatever you're looking for • Let Siri calculate restaurant tips and “splitting the tab” • Use Siri to organize your life—and never miss another commitment • Answer math and science problems with Siri and Wolfram Alpha • Dictate memos, text and Twitter messages, and even blog posts • Make sure Siri responds only to you, not to an impostor

U. S. Army Board Study Guide - 2006-06

Switching to the Mac: The Missing Manual, El Capitan Edition - David Pogue 2016-01-15

Those who have made the switch from a Windows PC to a Mac have made *Switching to the Mac: The Missing Manual* a runaway bestseller. The latest edition of this guide delivers what Apple doesn't—everything you need to know to successfully and painlessly move your files and adapt to Mac's way of doing things. Written with wit and objectivity by Missing Manual series creator and bestselling author David Pogue, this book will have you up and running on your new Mac in no time.

Management, Information and Educational Engineering - Hsiang-Chuan Liu 2015-06-11

This book contains selected Computer, Management, Information and Educational Engineering related papers from the 2014 International Conference on Management, Information and Educational Engineering (MIEE 2014) which was held in Xiamen, China on November 22-23, 2014. The conference aimed to provide a platform for researchers, engineers and academic

Learning React Native - Bonnie Eisenman
2017-10-23

Get a practical introduction to React Native, the JavaScript framework for writing and deploying fully featured mobile apps that render natively. The second edition of this hands-on guide shows you how to build applications that target iOS, Android, and other mobile platforms instead of browsers—apps that can access platform features such as the camera, user location, and local storage. Through code examples and step-

by-step instructions, web developers and frontend engineers familiar with React will learn how to build and style interfaces, use mobile components, and debug and deploy apps. You'll learn how to extend React Native using third-party libraries or your own Java and Objective-C libraries. Understand how React Native works under the hood with native UI components Examine how React Native's mobile-based components compare to basic HTML elements Create and style your own React Native components and applications Take advantage of platform-specific APIs, as well as modules from the framework's community Incorporate platform-specific components into cross-platform apps Learn common pitfalls of React Native development, and tools for dealing with them Combine a large application's many screens into a cohesive UX Handle state management in a large app with the Redux library
[iPhone 4S Made Simple](#) - Martin Trautschold
2012-01-24

Congratulations—you've purchased the new iPhone 4S, the coolest smartphone on the market. Now it's time to learn how to take advantage of the new iOS 5 and all its features, apps, and secret techniques available. To accomplish this, look no further than *iPhone 4S Made Simple*. More than 1,000 screen visuals and clear-cut instructions guide you through both basic and advanced features of the iPhone 4S, from email and calendar tips to navigating the App Store and understanding Bluetooth and Wi-Fi networks. Written by two successful smartphone trainers and authors, this is the go-to guide for the latest and greatest version of the iPhone. This book should also help those who use the popular iPhone 4 or earlier iPhones, that are now running or can run the new iOS 5 operating system as well.

Beginning iPhone Development with Swift 3 - Molly Maskrey
2016-11-17

Create your very own apps for the latest iOS devices. You'll start with the basics, and then work your way through the process of downloading and installing Xcode and the iOS 10 SDK, and then guides you through the creation of your first simple application. Assuming little or no working knowledge of the Swift programming language, and written in a friendly, easy-to-follow style, *Beginning iPhone Development with*

Swift 3 offers a comprehensive course in iPhone and iPad programming. In this third edition of the best-selling book, you'll learn how to integrate all the interface elements iOS users have come to know and love, such as buttons, switches, pickers, toolbars, and sliders. Every single sample app in the book has been rebuilt from scratch using the latest Xcode and the latest iOS 10-specific project templates, and designed to take advantage of the latest Xcode features. Discover brand-new technologies, as well as significant updates to existing tools. You'll master a variety of design patterns, from the simplest single view to complex hierarchical drill-downs. The art of table building will be demystified, and you'll learn how to save your data using the iOS file system. You'll also learn how to save and retrieve your data using a variety of persistence techniques, including Core Data and SQLite. And there's much more! What You Will Learn Develop your own bestselling iPhone and iPad apps Utilize Swift playgrounds Display data in Table Views Draw to the screen using Core Graphics Use iOS sensor capabilities to map your world Get your app to work with iCloud and more Who This Book is For Anyone who wants to start developing for iPhone and iPad.

iPhone For Dummies - Edward C. Baig
2009-08-07

A full-color guide to the iPhone, including the new iPhone 3G S With its new 3G S model, the iPhone is definitely the must-have mobile device. This fully updated guide covers all the cool features of the fastest iPhone ever, including the Spotlight search feature, voice control, and video camera capability. *iPhone For Dummies, 3rd Edition* also covers the basics of using the multitouch interface, setting up iTunes, browsing the Internet, sending and receiving e-mail, and more. The iPhone 3G S is the fastest and most powerful iPhone yet, with a host of new features Learn to use landscape mode for e-mail, texting, and shooting widescreen video See how to copy or cut and paste text, video, photos, and Web content from one app to another Find out how to make calls, play music, or create new playlists using voice control Locate anything on your iPhone with Spotlight, whether in your calendar, contacts, e-mail, iPod, apps, or even saved Web clips Discover how to create and

send messages that include text, video, voice memos, map locations, and more Covering all the features of the much-anticipated iPhone 3G S, iPhone For Dummies, 3rd Edition helps you get every bit of functionality your iPhone offers. [Cert](#) - Federal Emergency Management Agency 2011

Instructor Guide for the FEMA course to become a CERT team member. It contains the same information as the pdf which can be downloaded from FEMA.gov at no cost. This book contains additional helpful tabs and pages for notes. *Effective AWK Programming* - Arnold Robbins 1996

Mobile ASP.NET MVC 5 - Eric Sowell
2013-11-29

Mobile ASP.NET MVC 5 will take you step-by-step through the process of developing fluid content that adapts its layout to the client device using HTML, JavaScript and CSS, and responsive web design. This book introduces server-side techniques that allow you to show different content to different devices and make the most of their strengths and capabilities. Mobile ASP.NET MVC 5 includes a wide range of techniques, tips, and guidelines for dealing with some of the challenges of mobile web development, such as browser incompatibilities, varying device performance, and targeting older devices. You'll learn to: Use responsive principles to build apps that display and perform well on a range of mobile devices. Leverage your server-side code to customize what you serve to the client, depending on its capabilities. Build an ASP.NET MVC custom view engine, use display modes effectively, and create reusable mobile components with custom HTML helpers. Make the most of new capabilities offered on some devices by interacting with native APIs. By the end of Mobile ASP.NET MVC 5, you should feel confident building web apps that successfully target anything from an iOS or Android device to a feature phone or an older mobile browser. Along the way, you'll learn about the modern mobile web landscape and how to choose the approaches that are right for you, depending on your target audience. This book is for the ASP.NET developer who knows how ASP.NET MVC works and is eager to learn how to use it for building mobile websites.

iPhone SE 2020 User Guide for Seniors - Nobert Young 2020-10-02

The Perfect User Guide for the Second Generation iPhone SE 2020 to Maximize the Latest iOS 14 Software. iOS 14 is one of Apple's most significant iOS update to date, introducing Siri improvements, Picture in Picture video playback, Home screen design changes, App Library, and several other powerful tweaks. This user manual will show you all the features and settings of the iOS 14 to help you master how to use the iOS 14 on your iPhone SE 2020 with all its newly introduced features. This guide will walk you through all the fantastic features of the new software and expose all the hidden settings. In this guide, you will learn: All the Amazing Features of the iOS 14 you should know about How to Set Up Your iPhone How to Set up and manage Family Sharing Send and Receive Money on iMessage Download iMessage apps Updating your iPhone device to the latest iOS 14 Applying iOS 14 updates to your iPhone device Using Siri Using Find My How to add and manage Widgets to your iPhone Exploring the App Library on iOS 14 How to use app clips on iPhone Using the Translate app on your iPhone Multitasking with the Picture in Picture feature on your iPhone How to use the new Message features on your iPhone Speech and Language Translation Creating your Memoji in iOS 14 Using Memoji as a profile picture Camera feature on iOS 14 Sorting albums FaceTime feature on iOS 14 Headphone and Environmental sound control. How to set up sleep schedules in the Health app on iPhone How to set up and use Face Recognition on your iPhone Organizing apps with the App Library Scanning QR codes And a lot more! Are you ready to get started with the new iOS 14 on your iPhone SE? Then grab a copy of this manual Now!

iPhone: The Missing Manual - David Pogue
2015-12-11

Annotation With the iOS 8.1 software and the new iPhone 6 and 6 Plus, Apple has taken its flagship products into new realms of power and beauty. The modern iPhone comes with everythingcamera, music player, Internet, flashlightexcept a printed manual. Fortunately, David Pogue is back with this expanded edition of his witty, full-color guide: the worlds most

popular iPhone book. The iPhone 6 and 6 Plus. This book unearths all the secrets of the newest iPhones. Bigger screens, faster chips, astonishing cameras, WiFi calling, Apple Pay, crazy thin. The iOS 8.1 software. Older iPhone models gain predictive typing, iCloud Drive, Family Sharing, "Hey Siri," the Health app, and about 195 more new features. Its all here, in these pages. The apps. That catalog of 1.3 million add-on programs makes the iPhones phone features almost secondary. Now you'll know how to find, exploit, and troubleshoot those apps. The iPhone may be the world's coolest computer, but it's still a computer, with all of a computer's complexities. iPhone: The Missing Manual is a funny, gorgeously illustrated guide to the tips, shortcuts, and workarounds that will turn you, too, into an iPhone master.

Control Theory Tutorial - Steven A. Frank
2018-05-29

This open access Brief introduces the basic principles of control theory in a concise self-study guide. It complements the classic texts by emphasizing the simple conceptual unity of the subject. A novice can quickly see how and why the different parts fit together. The concepts build slowly and naturally one after another, until the reader soon has a view of the whole. Each concept is illustrated by detailed examples and graphics. The full software code for each example is available, providing the basis for experimenting with various assumptions, learning how to write programs for control analysis, and setting the stage for future research projects. The topics focus on robustness, design trade-offs, and optimality. Most of the book develops classical linear theory. The last part of the book considers robustness with respect to nonlinearity and explicitly nonlinear extensions, as well as advanced topics such as adaptive control and model predictive control. New students, as well as scientists from other backgrounds who want a concise and easy-to-grasp coverage of control theory, will benefit from the emphasis on concepts and broad understanding of the various approaches.

Rtfm - Ben Clark 2014-02-11

The Red Team Field Manual (RTFM) is a no fluff, but thorough reference guide for serious Red

Team members who routinely find themselves on a mission without Google or the time to scan through a man page. The RTFM contains the basic syntax for commonly used Linux and Windows command line tools, but it also encapsulates unique use cases for powerful tools such as Python and Windows PowerShell. The RTFM will repeatedly save you time looking up the hard to remember Windows nuances such as Windows wmic and dsquery command line tools, key registry values, scheduled tasks syntax, startup locations and Windows scripting. More importantly, it should teach you some new red team techniques.

Oxford Users' Guide to Mathematics - Zeidler Eberhard 2004-08-19

The Oxford Users' Guide to Mathematics is one of the leading handbooks on mathematics available. It presents a comprehensive modern picture of mathematics and emphasises the relations between the different branches of mathematics, and the applications of mathematics in engineering and the natural sciences. The Oxford User's Guide covers a broad spectrum of mathematics starting with the basic material and progressing on to more advanced topics that have come to the fore in the last few decades. The book is organised into mathematical sub-disciplines including analysis, algebra, geometry, foundations of mathematics, calculus of variations and optimisation, theory of probability and mathematical statistics, numerical mathematics and scientific computing, and history of mathematics. The book is supplemented by numerous tables on infinite series, special functions, integrals, integral transformations, mathematical statistics, and fundamental constants in physics. It also includes a comprehensive bibliography of key contemporary literature as well as an extensive glossary and index. The wealth of material, reaching across all levels and numerous sub-disciplines, makes The Oxford User's Guide to Mathematics an invaluable reference source for students of engineering, mathematics, computer science, and the natural sciences, as well as teachers, practitioners, and researchers in industry and academia.

iPhone: The Missing Manual - David Pogue
2017-12-18

iOS 11 for the iPhone includes a host of exciting

new features, including a revamped Control Center and all-new powers for some of your favorite apps—Siri, AirPlay 2, Maps, Photos, and Maps. You can even send payment via iMessages and type with one hand! And the best way to learn all of these features is with iPhone: The Missing Manual—a funny, gorgeously illustrated guide to the tips, shortcuts, and workarounds that will turn you, too, into an iPhone master. This easy-to-use book will help you accomplish everything from web browsing to watching videos so you can get the most out of your iPhone. Written by Missing Manual series creator and former New York Times columnist David Pogue, this updated guide shows you everything you need to know about the new features and user interface of iOS 11 for the iPhone.

iOS Hacker's Handbook - Charlie Miller
2012-04-30

Discover all the security risks and exploits that can threaten iOS-based mobile devices iOS is Apple's mobile operating system for the iPhone and iPad. With the introduction of iOS5, many security issues have come to light. This book explains and discusses them all. The award-winning author team, experts in Mac and iOS security, examines the vulnerabilities and the internals of iOS to show how attacks can be mitigated. The book explains how the operating system works, its overall security architecture, and the security risks associated with it, as well as exploits, rootkits, and other payloads developed for it. Covers iOS security architecture, vulnerability hunting, exploit writing, and how iOS jailbreaks work. Explores iOS enterprise and encryption, code signing and memory protection, sandboxing, iPhone fuzzing, exploitation, ROP payloads, and baseband attacks. Also examines kernel debugging and exploitation. Companion website includes source code and tools to facilitate your efforts. iOS Hacker's Handbook arms you with the tools needed to identify, understand, and foil iOS attacks.

IOS Application Security - David Thiel 2016

Pogue's Basics: Essential Tips and Shortcuts (That No One Bothers to Tell You) for Simplifying the Technology in Your Life - David Pogue 2014-12-09

New York Times Bestseller! Did you know that you can scroll a Web page just by tapping the space bar? How do you recover photos you've deleted by accident? What can you do if your cell phone's battery is dead by dinnertime each day? When it comes to technology, there's no driver's ed class or government-issued pamphlet covering the essentials. Somehow, you're just supposed to know how to use your phone, tablet, computer, camera, Web browser, e-mail, and social networks. Luckily, award-winning tech expert David Pogue comes to the rescue with Pogue's Basics, a book that will change your relationship with all of the technology in your life. With wit and authority, Pogue's Basics collects every essential technique for making your gadgets seem easier, faster, and less of a hassle. Crystal-clear illustrations accompany these 225 easy-to-follow tips. Tips include: Make the type bigger on your screen · Bring a wet phone back from the dead · The fastest way to charge an iPad · The 10 best apps to put on your phone · How to type symbols · Bypass annoyingly long voice mail instructions · Use map apps on your phone without an Internet connection · Sign a contract electronically · See what's in a file without opening it · The 12 best free services on the Web · Turn off automatic bullets, lists, and links in Word · Protect yourself from online scams and viruses · Set up an automatic backup system on your computer · What to do about junk e-mail · Send photos so that they don't bounce back · Print or email articles without ads · How to get money for your used electronics · Rename a bunch of files in one fell swoop · Make YouTube videos sharper · and much more. At last, you can lose that nagging, insecure feeling that you're not the master of your own gadgets. The tech tips in Pogue's Basics are all you need—the shortcuts to a happier technological life.

[My Iphone](#) - Brad Miser 2012

Provides information, tips, tricks, and troubleshooting for the iPhone.

[Linux Basics for Hackers](#) - OccupyTheWeb
2018-12-04

This practical, tutorial-style book uses the Kali Linux distribution to teach Linux basics with a focus on how hackers would use them. Topics include Linux command line basics, filesystems, networking, BASH basics, package management, logging, and the Linux kernel and drivers. If

you're getting started along the exciting path of hacking, cybersecurity, and pentesting, Linux Basics for Hackers is an excellent first step. Using Kali Linux, an advanced penetration testing distribution of Linux, you'll learn the basics of using the Linux operating system and acquire the tools and techniques you'll need to take control of a Linux environment. First, you'll learn how to install Kali on a virtual machine and get an introduction to basic Linux concepts. Next, you'll tackle broader Linux topics like manipulating text, controlling file and directory permissions, and managing user environment variables. You'll then focus in on foundational hacking concepts like security and anonymity and learn scripting skills with bash and Python. Practical tutorials and exercises throughout will reinforce and test your skills as you learn how to:

- Cover your tracks by changing your network information and manipulating the rsyslog logging utility
- Write a tool to scan for network connections, and connect and listen to wireless networks
- Keep your internet activity stealthy using Tor, proxy servers, VPNs, and encrypted email
- Write a bash script to scan open ports for potential targets
- Use and abuse services like MySQL, Apache web server, and OpenSSH
- Build your own hacking tools, such as a remote video spy camera and a password cracker

Hacking is complex, and there is no single way in. Why not start at the beginning with Linux Basics for Hackers?

Aeronautical Engineer's Data Book - Cliff Matthews 2001-10-17

Aeronautical Engineer's Data Book is an essential handy guide containing useful up to date information regularly needed by the student or practising engineer. Covering all aspects of aircraft, both fixed wing and rotary craft, this pocket book provides quick access to useful aeronautical engineering data and sources of information for further in-depth information. Quick reference to essential data Most up to date information available

How to Build a Billion Dollar App - George Berkowski 2014-09-04

THE ULTIMATE GUIDE TO BUILDING AN APP-BASED BUSINESS - NOW REVISED AND UPDATED FOR 2017 'A must read for anyone who wants to start a mobile app business' Riccardo Zacconi, founder and CEO King Digital

(maker of Candy Crush Saga) 'A fascinating deep dive into the world of billion-dollar apps. Essential reading for anyone trying to build the next must-have app' Michael Acton Smith, Founder and CEO, Mind Candy Apps have changed the way we communicate, shop, play, interact and travel and their phenomenal popularity has presented possibly the biggest business opportunity in history. In How to Build a Billion Dollar App, serial tech entrepreneur George Berkowski gives you exclusive access to the secrets behind the success of the select group of apps that have achieved billion-dollar success. Berkowski draws exclusively on the inside stories of the billion-dollar app club members, including Instagram, Whatsapp, Snapchat, Candy Crush and Uber to provide all the information you need to create your own spectacularly successful mobile business. He guides you through each step, from an idea scribbled on the back of an envelope, through to finding a cofounder, building a team, attracting (and keeping) millions of users, all the way through to juggling the pressures of being CEO of a billion-dollar company (and still staying ahead of the competition). If you've ever dreamed of quitting your nine to five job to launch your own company, you're a gifted developer, seasoned entrepreneur or just intrigued by mobile technology, How to Build a Billion Dollar App will show you what it really takes to create your own billion-dollar, mobile business.

iPhone 5 - Lynn Beighley 2012-12-07

New Apple iPhone 5 users will want to start using their devices as soon as they get their hands on them and iPhone: Visual QuickStart Guide shows them how in a stunning full color layout. Lynn Beighley reveals the quickest way to learn iPhone 5 features. Everything is covered including the basics such as making calls and navigating through your music, TV shows, movies, and more. In addition, all the new features are covered including the improved iSight camera, Maps, and Siri. The author rounds out this complete guide with iOS 6 and iCloud coverage and along the way offers insider tips and tricks for making the most of the device's settings and troubleshooting advice.

iPhone 4S All-in-One For Dummies - Joe Hutsko 2012-01-25

Go from smartphone newbie to iPhone rock star with this amazing all-in-one guide! Here's the book for iPhone users who want it all--the basics to get started and the advanced info that puts all the iPhone's power at your fingertips. iPhone All-in-One For Dummies includes five minibooks - more than 600 pages in full color--packed with next-step information for iPhone power users at home, at work, or on the go. Writing in the famous straightforward yet fun For Dummies style, tech experts John Hutsko and Barbara Boyd get you acquainted with your iPhone and take you step by step from simple to advanced: surfing the Web to taking photos and videos; staying in touch via e-mail, video calls, and social media to losing yourself in e-books and magazines to guru-level techniques anyone can learn. Five minibooks include Meet the iPhone, Stocking the iPhone with iTunes Apps and Add-Ons, Communications Central, Making Your iPhone Your Personal Assistant, Letting iPhone Entertain You; each walks you through all aspects of the incredible iPhone's functionality Gets you up to speed with the latest iPhone models plus iOS 5 and all its features Explains how to make phone and video calls, exchange e-mails, text and multimedia messages, surf the Web, and buy apps, music, movies, and more Goes beyond fun to getting work done with pocket-sized office suite and doc apps, contacts and calendars, iBooks and eReaders Gives up-to-date info on Facebook, Twitter, Yelp, FourSquare, and other social networks Shares insider tips and troubleshooting techniques You'll take charge of your iPhone and take your world with you everywhere you go with iPhone All-in-One For Dummies.

Fundamentals of Foods, Nutrition and Diet Therapy - Sumati R. Mudambi 2007

This Book Has Consistently Been Used By Students Studying The First Course In Food Science And Nutrition. In Several Universities, Diet Therapy Topics Have Been Added In The Curricula Of This Course. Therefore, Diet Therapy Has Been Added In This Revision, With A Hope Of Meeting The Changing Needs Of The Readers In This Area. The Revised Edition Incorporates Various Other Subjects, Which Are More Or Less Related To The Useful Subjects, Like Nursing, Education, Art, Social Sciences, Home Science, Medical And Paramedical

Sciences, Agriculture, Community Health, Environmental Health And Pediatrics Etc. The Book Is Intended To Be An Ideal Textbook Encompassing The Following Aspects: * Introduction To The Study Of Nutrition * Nutrients And Energy * Foods * Meal Planning And Management * Diet Therapy Various Modifications Have Been Done Along With Clear Illustrations, Charts and Tables For A Visualised Practical Knowledge. Every Chapter Is Presented In A Beautiful Style With An Understandable Approach. Abbreviations Of All Terms Are Given. Glossary Is Also Available At The End For Clear Understanding. Appendices, Food Exchange Lists, Recommended Dietary Allowances For Indians And Food Composition Tables Have Also Been Included. So Many Other Useful Informations Are Given, Regarding The Food And Dietary Habits According To The Age And Height Of Males/Females. We Hope This Textbook Would Fulfil The Goal Of Serving The Cause In An Appropriate Manner Nutrition For A Disease-Free Society.

Users' Guides to the Medical Literature - Gordon Guyatt 2008-03-01

The #1 guide to the principles and clinical applications of evidence-based medicine has just gotten better! A Doody's Core Title ESSENTIAL PURCHASE for 2011! No other resource helps you to put key evidence-based medicine protocols into daily clinical practice better than *Users' Guides to the Medical Literature*. An instant classic in its first edition, this detailed, yet highly readable reference demystifies the statistical, analytical, and clinical principles of evidence-based medicine, giving you a hands-on, practical resource that no other text can match. Here, you'll learn how to distinguish solid medical evidence from poor medical evidence, devise the best search strategies for each clinical question, critically appraise the medical literature, and optimally tailor evidence-based medicine for each patient. The new second edition of this landmark resource is now completely revised and refreshed throughout, with expanded coverage of both basic and advanced issues in using evidence-based medicine in clinical practice. FEATURES: Completely revised and updated to reflect the enormous expansion in medical research and evidence-based resources since the first edition

Innovative organization guides you from the fundamentals of using the medical literature to the more advanced strategies and skills for use in every day patient care situations Abundant and current real-world examples drawn from the medical literature are woven throughout, and include important related principles and pitfalls in using medical literature in patient care decisions Practical focus on the key issues in evidence-based practice: What are the results? Are the results valid? How to I apply to results to the care of my patients? More than 60 internationally recognized editors and contributors from the U.S., Canada, South America, Europe, and Asia -- the best of the best in the discipline NEW coverage on how to: -- Avoid being misled by biased presentations of research findings --Interpret the significance of clinical trials that are discontinued early -- Influence clinician behavior to improve patient care --Apply key strategies for teaching evidence-based medicine Also look for JAMAevidence.com, a new interactive database for the best practice of evidence based medicine. *Hand Held Hollywood's Filmmaking with the iPad & iPhone* - Taz Goldstein 2012-12-03 Filmmakers love gadgets. We flock to any new technology that demonstrates the slightest potential to help us conceptualize, visualize, and digitize our creative efforts. So why are we neglecting those touch-screen powerhouses hiding in our pockets and backpacks? It's time to make a change! In *Hand Held Hollywood's Filmmaking with the iPad & iPhone*, director Taz Goldstein exposes how these remarkable devices can aid in nearly every aspect of film and video production. Written to empower aspiring filmmakers and reenergize working professionals, this book will help transform your iOS devices into revolutionary filmmaking tools, perfect for brainstorming, screenwriting, pitching, scheduling, storyboarding, camera blocking, shooting, editing, color correcting, mixing, distributing, and more. Time-tested techniques and film theory are woven into an entertaining and informative exploration of nearly 200 mind-blowing apps and accessories. • Get up to speed quickly with clear, thorough, and friendly descriptions. • Discover apps and accessories that can lower budgets by replacing thousands of dollars worth of traditional

filmmaking equipment and software. • Start shooting today with a wide range of video camera apps, including specialty tools for variable speed effects, filtering, stabilization, collaborative shooting, and more. • Whether you're starting a new video or finishing an existing one, this book features the most helpful apps for your iPad and iPhone—including the iPhone 5. This unique and often humorous guide will benefit any mobile media maker who wants to get the most out of the technology they already own. ABOUT THE AUTHOR Taz Goldstein has been directing and producing for well over a decade. His award-winning films, television productions, and corporate projects have been enjoyed by millions of viewers worldwide. His popular website, HandHeldHollywood.com, has inspired and empowered a new generation of storytellers, and helped to launch the mobile filmmaking revolution.

IPv6 Fundamentals - Rick Graziani 2017-06-06 Organizations are increasingly transitioning to IPv6, the next generation protocol for defining how devices of all kinds communicate over networks. Now fully updated, *IPv6 Fundamentals* offers a thorough, friendly, and easy-to-understand introduction to the knowledge and skills you need to deploy and operate IPv6 networks. Leading networking instructor Rick Graziani explains all the basics simply and clearly, step-by-step, providing all the details you'll need to succeed. You'll learn why IPv6 is necessary, how it was created, how it works, and how it has become the protocol of choice in environments ranging from cloud to mobile and IoT. Graziani thoroughly introduces IPv6 addressing, configuration options, and routing protocols, including EIGRP for IPv6, and OSPFv3 (traditional configuration and with address families). Building on this coverage, he then includes more in-depth information involving these protocols and processes. This edition contains a completely revamped discussion of deploying IPv6 in your network, including IPv6/IPv4 integration, dynamic address allocation, and understanding IPv6 from the perspective of the network and host. You'll also find improved coverage of key topics such as Stateless Address Autoconfiguration (SLAAC), DHCPv6, and the advantages of the solicited

node multicast address. Throughout, Graziani presents command syntax for Cisco IOS, Windows, Linux, and Mac OS, as well as many examples, diagrams, configuration tips, and updated links to white papers and official RFCs for even deeper understanding. Learn how IPv6 supports modern networks encompassing the cloud, mobile, IoT, and gaming devices Compare IPv6 with IPv4 to see what has changed and what hasn't Understand and represent IPv6 addresses for unicast, multicast, and anycast environments Master all facets of dynamic IPv6 address allocation with SLAAC, stateless DHCPv6, and stateful DHCPv6 Understand all the features of deploying IPv6 addresses in the network including temporary addresses and the privacy extension Improve operations by leveraging major enhancements built into ICMPv6 and ICMPv6 Neighbor Discovery Protocol Configure IPv6 addressing and Access Control Lists using a common topology Implement routing of IPv6 packets via static routing, EIGRP for IPv6, and OSPFv3 Walk step-by-step through deploying IPv6 in existing networks, and coexisting with or transitioning from IPv4

The Book of CSS3 - Peter Gasston 2011-05-15
CSS3 is behind most of the eye-catching visuals on the Web today, but the official documentation can be dry and hard to follow and browser implementations are scattershot at best. The Book of CSS3 distills the dense technical language of the CSS3 specification into plain English and shows you what CSS3 can do right now, in all major browsers. With real-world examples and a focus on the principles of good design, it extends your CSS skills, helping you transform ordinary markup into stunning, richly-styled web pages. You'll master the latest cutting-edge CSS3 features and learn how to:

- Stylize text with fully customizable outlines, drop shadows, and other effects
- Create, position, and resize background images on the fly
- Spice up static web pages with event-driven transitions and animations
- Apply 2D and 3D transformations to text and images
- Use linear and radial gradients to create smooth color transitions
- Tailor a website's appearance to smartphones and other devices

A companion website includes up-to-date browser compatibility charts and live CSS3 examples for

you to explore. The Web can be an ugly place—add a little style to it with *The Book of CSS3*.

Flutter for Beginners - Alessandro Biessek
2019-09-12

A step-by-step guide to learning Flutter and Dart 2 for creating Android and iOS mobile applications Key Features Get up to speed with the basics of Dart programming and delve into Flutter development Understand native SDK and third-party libraries for building Android and iOS applications using Flutter Package and deploy your Flutter apps to achieve native-like performance Book Description Google Flutter is a cross-platform mobile framework that makes it easy to write high-performance apps for Android and iOS. This book will help you get to grips with the basics of the Flutter framework and the Dart programming language. Starting from setting up your development environment, you'll learn to design the UI and add user input functions. You'll explore the navigator widget to manage app routes and learn to add transitions between screens. The book will even guide you through developing your own plugin and later, you'll discover how to structure good plugin code. Using the Google Places API, you'll also understand how to display a map in the app and add markers and interactions to it. You'll then learn to improve the user experience with features such as map integrations, platform-specific code with native languages, and personalized animation options for designing intuitive UIs. The book follows a practical approach and gives you access to all relevant code files hosted at github.com/PacktPublishing/Flutter-for-Beginners. This will help you access a variety of examples and prepare your own bug-free apps, ready to deploy on the App Store and Google Play Store. By the end of this book, you'll be well-versed with Dart programming and have the skills to develop your own mobile apps or build a career as a Dart and Flutter app developer. What you will learn Understand the fundamentals of the Dart programming language Explore the core concepts of the Flutter UI and how it compiles for multiple platforms Develop Flutter plugins and widgets and understand how to structure plugin code appropriately Style your Android and iOS apps with widgets and learn the

difference between stateful and stateless widgets
Add animation to your UI using Flutter's AnimatedBuilder component
Integrate your native code into your Flutter codebase for native app performance
Who this book is for This book is for developers looking to learn Google's revolutionary framework Flutter from scratch. No prior knowledge of Flutter or Dart is required; however, basic knowledge of any programming language will be helpful.

The Unauthorized Guide to iPhone, iPad, and iPod Repair - Timothy L. Warner 2013

Offers detailed, illustrated instructions for repairing Apple handheld electronic devices, covering the replacement of components, fixing software failures, and making repairs and changes not intended by the manufacturer.

Structural Engineer's Pocket Book British Standards Edition - Fiona Cobb 2020-12-17

The Structural Engineer's Pocket Book British Standards Edition is the only compilation of all tables, data, facts and formulae needed for scheme design to British Standards by structural engineers in a handy-sized format. Bringing together data from many sources into a compact, affordable pocketbook, it saves valuable time spent tracking down information needed regularly. This second edition is a companion to the more recent Eurocode third edition.

Although small in size, this book contains the facts and figures needed for preliminary design whether in the office or on-site. Based on UK conventions, it is split into 14 sections including geotechnics, structural steel, reinforced concrete, masonry and timber, and includes a section on sustainability covering general concepts, materials, actions and targets for structural engineers.

[The Mac Hacker's Handbook](#) - Charlie Miller 2011-03-21

As more and more vulnerabilities are found in the Mac OS X (Leopard) operating system, security researchers are realizing the importance of developing proof-of-concept exploits for those vulnerabilities. This unique

tome is the first book to uncover the flaws in the Mac OS X operating system—and how to deal with them. Written by two white hat hackers, this book is aimed at making vital information known so that you can find ways to secure your Mac OS X systems, and examines the sorts of attacks that are prevented by Leopard's security defenses, what attacks aren't, and how to best handle those weaknesses.

Sams Teach Yourself HTML, CSS, and JavaScript All in One - Julie C. Meloni

2011-11-21

Sams Teach Yourself HTML, CSS and JavaScript All in One The all-in-one HTML, CSS and JavaScript beginner's guide: covering the three most important languages for web development. Covers everything beginners need to know about the HTML and CSS standards and today's JavaScript and Ajax libraries - all in one book, for the first time Integrated, well-organized coverage expertly shows how to use all these key technologies together Short, simple lessons teach hands-on skills readers can apply immediately By best-selling author Julie Meloni Mastering HTML, CSS, and JavaScript is vital for any beginning web developer - and the importance of these technologies is growing as web development moves away from proprietary alternatives such as Flash. Sams Teach Yourself HTML, CSS, and JavaScript All in One brings together everything beginners need to build powerful web applications with the HTML and CSS standards and the latest JavaScript and Ajax libraries. With this book, beginners can get all the modern web development knowledge you need from one expert source. Bestselling author Julie Meloni (Sams Teach Yourself PHP, MySQL and Apache All in One) teaches simply and clearly, through brief, hands-on lessons focused on knowledge you can apply immediately. Meloni covers all the building blocks of practical web design and development, integrating new techniques and features into every chapter. Each lesson builds on what's come before, showing you exactly how to use HTML, CSS, and JavaScript together to create great web sites.