

A Life Less Throwaway

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Eco-Economy - Lester R. Brown 2013-10-31

In 1543, Polish astronomer Nicolaus Copernicus challenged the view that the sun revolved around the earth, arguing instead that the earth revolved around the sun. His paper led to a revolution in thinking. In Lester Brown's brilliant and invigorating account of the industrial economy, he shows how a rethink of its fossil fuel-based, throwaway ethos is necessary to ensure that it works with, not against, the natural environment. The issue now is whether the environment is part of the economy or the economy is part of the environment. Brown argues the latter, pointing out that treating the environment as part of the economy has produced an economy that is destroying its natural support systems. One of the foremost experts on the new economic opportunities, Brown shows the vast economic potential and environmental gains that exist from eliminating the waste and destruction of current consumption. He describes how the global economy can be restructured to make it compatible with the earth's ecosystem so that economic progress can continue, with high standards of living and secure employment for all, while conserving resources and restoring the environment. In the new economy, wind farms replace coal mines, hydrogen-powered fuel cells replace internal combustion engines, and cities are designed for people, not cars. Eco-Economy is a map of how to get from here to there. It is an essential guide to the economy of the 21st century and will be compelling reading for business readers and environmentalists alike looking for ways to build a better future.

Loving Your Spouse When You Feel Like Walking Away - Gary Chapman 2018-03-06

What to do when you feel like giving up When you said, "I do," you entered marriage with high hopes, dreaming it would be supremely happy. You never intended it to be miserable. Millions of couples are struggling in desperate marriages. But the story doesn't have to end there. Dr. Gary Chapman writes, "I believe that in every troubled marriage, one or both partners can take positive steps that have the potential for changing the emotional climate in their marriage." *Loving Your Spouse When You Feel Like Walking Away*, the revised and updated edition of the award-winning *Desperate Marriages*, teaches you how to: Recognize and reject the myths that hold you captive Better understand your spouse's behavior Take responsibility for your own thoughts, feelings, and actions Make choices that can have a lasting, positive impact on you and your spouse An experienced marriage and family counselor, Gary Chapman speaks to those whose spouse is any of the following: Irresponsible A workaholic Controlling Uncommunicative Verbally abusive Physically abusive Sexually abusive Unfaithful Addicted to alcohol or drugs Depressed Marriage has the same potential to be miserable as it does to be blissful. Read *Loving Your Spouse When You Feel Like Walking Away* to learn how you can turn things around.

Resisting Throwaway Culture - Charles Camosy 2019-05-15

This is a book about hope in the midst of a polarized culture. Camosy begins with a hopeful starting point in the midst of a crumbling US political culture: two of every three Americans constitute an "exhausted majority" who reject right/left polarization and are open to alternative viewpoints. Especially at this time of realignment, we have been given a unique moment to put aside the frothy, angsty political debates and think harder about our deepest values. A Consistent Life Ethic, especially one which embraces Pope Francis' challenge to resist "throwaway culture," has the capacity to unite people who for the last several decades imagined themselves in a polarized culture war.

The Beauty of Everyday Things - Soetsu Yanagi 2019-01-31

The daily lives of ordinary people are replete with objects, common things used in commonplace settings. These objects are our constant companions in life. As such, writes Soetsu Yanagi, they should be made with care and built to last, treated with respect and even affection. They should be natural and simple, sturdy and safe - the aesthetic result of wholeheartedly fulfilling utilitarian needs. They should, in short, be things of beauty. In an age of feeble and ugly machine-made things, these essays call for us to deepen and transform our relationship with the objects that surround us. Inspired by the work of the simple, humble craftsmen Yanagi encountered during his lifelong travels through Japan and Korea, they are an earnest defence of modest, honest, handcrafted things - from traditional teacups to jars to cloth and paper. Objects like these exemplify the enduring appeal of simplicity and function: the beauty of everyday things.

Laudato Si' - Pope Francis 2020-10-06

Laudato Si' is Pope Francis' second encyclical which focuses on the theme of the environment. In fact, the Holy Father in his encyclical urges all men and women of good will, the rulers and all the powerful on earth to reflect deeply on the theme of the environment and the care of our planet. This is our common home, we must take care of it and love it - the Holy Father tells us - because its end is also ours.

To Throw Away Unopened - Viv Albertine 2018-04-03

SHORTLISTED FOR THE COSTA BOOK OF THE YEAR AWARDS 2018 What was I fighting for? Even now I'm not sure. Something so old and so deep, it has no words, no shape, no logic. Every memoir is a battle between reality and invention - but in her follow up to *Clothes, Music, Boys*, Viv Albertine has reinvented the genre with her unflinching honesty. *To Throw Away Unopened* is a fearless dissection of one woman's obsession with the truth - the truth about family, power, and her identity as a rebel and outsider. It is a gaping wound of a book, both an exercise in blood-letting and psychological archaeology, excavating what lies beneath: the fear, the loneliness, the anger. It is a brutal expose of human dysfunctionality, the impossibility of true intimacy, and the damage wrought upon us by secrets and revelations, siblings and parents. Yet it is also a testament to how we can rebuild ourselves and come to face the world again. It is a portrait of the love stories that constitute a life, often bringing as much pain as joy. With the inimitable blend of humour, vulnerability, and intelligence that makes Viv Albertine one of our finest authors working today, *To Throw Away Unopened* smashes through layers of propriety and leads us into a new place of savage self-discovery.

No Throwaway Boy - Abdul Lloyd-Bey 2015-05-14

To look at him now, you might never guess the hell that Abdul Lloyd-Bey was forced to endure as a young man. As a boy he thought death row was his likely future because of where he lived and the color of his skin. Arrested for armed robbery at the age of seventeen, he served nearly thirteen years for his first offense while his white codefendant, a repeat violent offender, got off with just five. While serving his time within New York's most dangerous prisons, Lloyd-Bey survived three near-fatal attacks-one involving an ice pick that left him temporarily paralyzed. But though violence and discrimination have greatly impacted Lloyd-Bey's story, they aren't the final authority on his life. A victim of abused power, he chose to change the criminal justice system by learning how to ensure justice for all. And now, as a criminal defense attorney, he shares his personal insights and experiences from both sides of the bench in the hope of

further transforming how we, as a nation, prosecute crime. No Throwaway Boy is a triumphant story you will never forget.

The Turnaway Study - Diana Greene Foster 2021-06

"Now with a new afterword by the author"--Back cover.

Throwaway Dads - Ross D. Parke 1999

Argues that the largely negative portrayal of fathers in mass media is both inaccurate and harmful, and offer proposals for change

Throwaway - Heather Huffman 2016-06-24

Jessie Jones is living the life--except for the fact that she earns it by working the streets. She's been under pimp Spence's thumb for fourteen years, and she isn't looking for change. That is, until undercover cop Gabe walks into her life and offers her something she's never had before: a love, a future, a home. But even if Jessie could walk away from Spence, there are darker forces of evil who want her to stay put, or worse, dead. In this romantic suspense, author Heather Huffman delivers an adventure from the vibrant streets of St. Louis to the caves of the Ozarks as Jessie discovers whether she can love another, whether she can love herself, and whether any of it is enough. Don't miss Heather Huffman's other books: "Suddenly a Spy," "Jailbird," "Ties That Bind," "Ring of Fire," "Tumbleweed," "Devil in Disguise," "Roses in Ecuador," "Fool's Game," "Waiting for You," "The Vance Davis Dossier," and "Finding Broken Arrow"!

The Honest Truth - Dan Gemeinhart 2015-03-05

Mark has been in and out of hospital his whole life - and he's fed up. So when his cancer returns, he decides he's had enough. Running away with his dog Beau, he sets out to climb a mountain - and it's only when he's left everything behind that Mark realises he has everything to live for.

Tommy the Throwaway Dog - Laura Marlowe 2010-09

Tommy was not loved by his owner who forgot to feed him, didn't play with him, left him alone a lot and then threw him away in the trash. When a city worker found him, he took him to an animal shelter where they made Tommy strong and happy. Soon he was adopted by a loving family.

The Sustainable(ish) Living Guide - Jen Gale 2020-01-09

Easy, do-able, down to earth ideas and suggestions for everyone to help save the planet. If you want to save the planet, but your to-do list is already pretty long and remembering your re-usable coffee cup feels like a Herculean task, then this is the book for you. Covering every aspect of our lives from the stuff we buy and the food we eat, to how we travel, work, and celebrate. This book provides stacks of practical, down to earth ideas to slot into your daily life, alongside a gentle kick up the butt to put your newfound knowledge into action. Practical tips include unsubscribing from all the tempting emails that drop into your inbox with details of the newest clothing range or the latest sale, and keeping a mug next to your kettle to work out how much water you actually need to boil each time, as over filling kettles costs British households £68 million on energy bills each year. Find out how to fit "sustainable living" into your life, in a way that works for you. Change your impact without radically changing your life and figure out the small steps you can make that will add up to make a big difference (halo not included).

Rudy the Throwaway Mutt - Diane Smith 2014-01-07

Rudy The Throwaway Mutt is a true story told through the eyes of a dog. Abandoned on a busy farm road, Rudy's tenacity and character lead him to a new family and a new purpose in life.

Dinner at the Homesick Restaurant - Anne Tyler 2011-02-09

A "funny, heart-hammering, wise" (The New York Times) best-selling portrait of a family that will remind you why "to read a novel by Anne Tyler is to fall in love" (PEOPLE). Abandoned by her wanderlusting husband, stoic Pearl raised her three children on her own. Now grown, the siblings are inextricably linked by their memories—some painful—which hold them together despite their differences. Hardened by life's disappointments, wealthy, charismatic Cody has turned cruel and envious. Thrice-married Jenny is errant and passionate. And Ezra, the flawed saint of the family, who stayed at home to look after his mother, runs a restaurant where he cooks what other people are homesick for, stubbornly yearning for the perfect family he never had. Now gathered during a time of loss, they will reluctantly unlock the shared secrets of their past and discover if what binds them together is stronger than what tears them apart. "[In Dinner at the Homesick Restaurant Tyler] has arrived at a new level of power." —John Updike, The New Yorker

"Marvelous, astringent, hilarious, [and] strewn with the banana peels of love." —Cosmopolitan

Simply Living Well - Julia Watkins 2020

Easy recipes, DIY projects, and other ideas for living a beautiful and low-waste life, from the expert behind @simply.living.well on Instagram.

The Zero-Waste Lifestyle - Amy Korst 2012-12-26

A practical guide to generating less waste, featuring meaningful and achievable strategies from the blogger behind The Green Garbage Project, a yearlong experiment in living garbage-free. Trash is a big, dirty problem. The average American tosses out nearly 2,000 pounds of garbage every year that piles up in landfills and threatens our air and water quality. You do your part to reduce, reuse, and recycle, but is it enough? In The Zero-Waste Lifestyle, Amy Korst shows you how to lead a healthier, happier, and more sustainable life by generating less garbage. Drawing from lessons she learned during a yearlong experiment in zero-waste living, Amy outlines hundreds of easy ideas—from the simple to the radical—for consuming and throwing away less, with low-impact tips on the best ways to:

- Buy eggs from a local farm instead of the grocery store
- Start a worm bin for composting
- Grow your own loofah sponges and mix up eco-friendly cleaning solutions
- Purchase gently used items and donate them when you're finished
- Shop the bulk aisle and keep reusable bags in your purse or car
- Bring your own containers for take-out or restaurant leftovers

By eliminating unnecessary items in every aspect of your life, these meaningful and achievable strategies will help you save time and money, support local businesses, decrease litter, reduce your toxic exposure, eat well, become more self-sufficient, and preserve the planet for future generations.

101 Ways to Go Zero Waste - Kathryn Kellogg 2019-04-02

Minimalism meets DIY in an accessible guide to household waste reduction We all know how important it is to reduce our environmental footprint, but it can be daunting to know where to begin. Enter Kathryn Kellogg, who can fit all her trash from the past two years into a 16-ounce mason jar. How? She starts by saying "no" to straws and grocery bags, and "yes" to a reusable water bottle and compostable dish scrubbers. In 101 Ways to Go Zero Waste, Kellogg shares these tips and more, along with DIY recipes for beauty and home; advice for responsible consumption and making better choices for home goods, fashion, and the office; and even secrets for how to go waste free at the airport. "It's not about perfection," she says. "It's about making better choices." This is a practical, friendly blueprint of realistic lifestyle changes for anyone who wants to reduce their waste.

Americanon - Jess McHugh 2021-06-01

"An elegant, meticulously researched, and eminently readable history of the books that define us as Americans. For history buffs and book-lovers alike, McHugh offers us a precious gift."—Jake Halpern, Pulitzer Prize winner and New York Times bestselling author "With her usual eye for detail and knack for smart storytelling, Jess McHugh takes a savvy and sensitive look at the 'secret origins' of the books that made and defined us. . . . You won't want to miss a one moment of it."—Brian Jay Jones, author of *Becoming Dr. Seuss* and the New York Times bestselling *Jim Henson* The true, fascinating, and remarkable history of thirteen books that defined a nation Surprising and delightfully engrossing, *Americanon* explores the true history of thirteen of the nation's most popular books. Overlooked for centuries, our simple dictionaries, spellers, almanacs, and how-to manuals are the unexamined touchstones for American cultures and customs. These books sold tens of millions of copies and set out specific archetypes for the ideal American, from the self-made entrepreneur to the humble farmer. Benjamin Franklin's *Autobiography*, *How to Win Friends and Influence People*, Webster's *Dictionary*, Emily Post's *Etiquette*: *Americanon* looks at how these ubiquitous books have updated and reemphasized potent American ideals—about meritocracy, patriotism, or individualism—at crucial moments in history. Old favorites like the *Old Farmer's Almanac* and *Betty Crocker's Picture Cook Book* are seen in this new way—not just as popular books but as foundational texts that shaped our understanding of the American story. Taken together, these books help us understand how their authors, most of them part of a powerful minority, attempted to construct meaning for the majority. Their beliefs and quirks—as well as personal interests, prejudices, and often strange personalities—formed the values and habits of millions of Americans, woven into our cultural DNA over generations of reading and dog-eating. Yet their influence remains uninvestigated--until now. What better way to understand a people than to look at the books they consumed most, the ones they returned to

repeatedly, with questions about everything from spelling to social mobility to sex. This fresh and engaging book is American history as you've never encountered it before.

You Are Not Alone - Greer Hendricks 2020-03-03

THE INSTANT NEW YORK TIMES BESTSELLER! One of Newsweek's Most Anticipated Books of 2020 One of SheReads Most Anticipated Books of 2020 One of PopSugar's Most Anticipated Books of 2020 One of HelloGiggles' Most Anticipated Books of 2020 One of Marie Claire's Best Fiction by Women in 2020 One of Woman's Day's Best Fiction Books Coming Out in 2020 The electrifying #1 New York Times bestselling authors of THE WIFE BETWEEN US and AN ANONYMOUS GIRL return with a brand new novel of psychological suspense, YOU ARE NOT ALONE. Shay Miller wants to find love, but it eludes her. She wants to be fulfilled, but her job is a dead end. She wants to belong, but her life is increasingly lonely. Until Shay meets the Moore sisters. Cassandra and Jane live a life of glamorous perfection, and always get what they desire. When they invite Shay into their circle, everything seems to get better. Shay would die for them to like her. She may have to.

Throw Away - Necia Stallworth 2018-07-25

Sharing your pain with others is often a life-changing experience for both the writer, as well as the reader. After reading the first chapter, I knew Necia was on to something special. It takes courage to look into your past, not knowing whether the outcome will be positive. I salute you for moving beyond your pain and helping others do the same. No matter what the outcome, you are a blessing, using your voice for the voiceless. Your work speaks volumes to your character. Continued monumental happiness and success on your road to discovery of your greatest self! Necia Stallworth was born on November 24, 1983, in Chicago, Illinois. At birth, Necia entered the Child Welfare System and never had the opportunity to get to know her birth parents. While growing up on the Southside of Chicago, Necia was shifted from one foster care home to another. Often, she experienced many forms of abuse by those entrusted with her care. Necia says, "No child should ever have to suffer the abuse that she has had to suffer. As a child, she has endured enough trauma to last a lifetime." Necia has had to overcome rejection, neglect, verbal, emotional, psychological, and physical abuse...without any support from other family members, or from the system designed to keep children safe. Because of Necia's ability to be resilient in the face of adversity, she continued to persevere. Necia went on to graduate from Gage Park High School, attended the Shell Youth Training Business Academy, and completed her Nursing Program from Harold Washington College. In 2008, Necia began her journey to complete inner emotional healing by becoming a motivational speaker as well as a mentor to countless of youth by helping others, who have been victims of abuse. She earnestly endeavors to encourage, uplift, and inspire children, youth, and adults who had experienced similar atrocities in their life. As Necia opens up and allows herself to be vulnerable, she speaks candidly, when sharing her stories and revealing extremely tough issues that she has had to overcome. Necia attributes her courage and tenacity to her faith and trust in God. She continues to grow in her faith and allowing it to be her life-compass. Necia Stallwoth is a name you want to remember. She is a budding author, workshop and conference presenter, and speaks at various venues and ministries sharing her testimonies of 'hope and perseverance.

Henry Darger, Throwaway Boy - Jim Elledge 2013

An evaluation of the life, art and psyche of the controversial recluse whose prolific creative achievements were discovered after his death analyzes his existence as a damaged man in hiding from the societal fallout of his gay orientation, in a portrait complemented by full-color art reproductions.

Throwaway Players - Gay Culverhouse 2012

The underbelly of the National Football League: a rare insider's look into the world of arthritis, dementia, and suicide.

Repair Revolution - John Wackman 2020-10-27

Every year, millions of people throw away countless items because they don't know how to fix them. Some products are manufactured in a way that makes it hard, if not impossible, for people to repair them themselves. This throwaway lifestyle depletes Earth's resources and adds to overflowing landfills. Now there's a better way. Repair Revolution chronicles the rise of Repair Cafes, Fixit Clinics, and other volunteer-run organizations devoted to helping consumers repair their beloved but broken items for free.

Repair Revolution explores the philosophy and wisdom of repairing, as well as the Right to Repair movement. It provides inspiration and instructions for starting, staffing, and sustaining your own repair events. "Fixperts" share their favorite online repair resources, as well as tips and step-by-step instructions for how to make your own repairs. Ultimately, Repair Revolution is about more than fixing material objects: in an age of over-consumption and planned obsolescence, do-it-yourself repair is a way of caring for our lives, our communities, and our planet.

The Throwaway Piece - Jo Ann Yolanda Hernández 2006

Even after entering the foster care system, Jewel is the one who takes care of her mother and, shutting herself off from the vulnerability of closeness to others, is unaware of the positive influence she has on those around her.

A Life Less Throwaway - Tara Button 2018-06-19

A revolutionary guide to the art of mindful buying that will teach you how to resist cheaply made goods and make smart, fulfilling purchases that last a lifetime. With the whole world trying to convince us to spend our way to happiness, we've been left cluttered, stressed, and unfulfilled. Tara Button, founder of BuyMeOnce, is at the forefront of the global movement to change the way we shop and live forever. Tara advocates a life of mindful buying that celebrates what lasts, giving you exercises that help you curb impulses, ignore trends, and discover your true style. Once a shopaholic herself, her groundbreaking mindful curation method reveals the amazing benefits of buying for life and will help you: • Spot the tricks that make you overspend • De-clutter your home • Find the products that serve you best • Rediscover the art of keeping and caring for things • Find happiness, success, and self-worth, beyond buying

Destination Simple - Brooke McAlary 2016-12-23

We live life in the fast lane. We race to keep up with the Joneses. We are over-worked, over-connected and over-stressed, and we compete over how busy and important and sleep-deprived we are. But we don't have to. There's an ever-growing group of people opting out of a life lived at 110%. They are choosing to slow down, simplify, say no and focus on the things that are truly important. Brooke McAlary is one of them. Brooke McAlary shows readers that no matter how busy you are, you too can feel in control of your days; minimize stress; find pockets of peace on even the busiest day; empty your mind and sleep better. Destination Simple shows us how a few changes to the flow of daily life can create long-term, lasting change.

Those We Throw Away Are Diamonds - Mondiant Dogon 2021-10-12

A New York Times Book Review Editors' Choice • Named a Best Nonfiction Book of 2021 by Kirkus A stunning and heartbreaking lens on the global refugee crisis, from a man who faced the very worst of humanity and survived to advocate for displaced people around the world One day when Mondiant Dogon, a Bagogwe Tutsi born in the Democratic Republic of Congo, was only three years old, his father's lifelong friend, a Hutu man, came to their home with a machete in his hand and warned the family they were to be killed within hours. Dogon's family fled into the forest, initiating a long and dangerous journey into Rwanda. They made their way to the first of several UN tent cities in which they would spend decades. But their search for a safe haven had just begun. Hideous violence stalked them in the camps. Even though Rwanda famously has a former refugee for a president in Paul Kagame, refugees in that country face enormous prejudice and acute want. For much of his life, Dogon and his family ate barely enough to keep themselves from starving. He fled back to Congo in search of the better life that had been lost, but there he was imprisoned and left without any option but to become a child soldier. For most refugees, the camp starts as an oasis but soon becomes quicksand, impossible to leave. Yet Dogon managed to be one of the few refugees he knew to go to college. Though he hid his status from his fellow students out of shame, eventually he would emerge as an advocate for his people. Rarely do refugees get to tell their own stories. We see them only for a moment, if at all, in flight: Syrians winding through the desert; children searching a Greek shore for their parents; families gathered at the southern border of the United States. But through his writing, Dogon took control of his own narrative and spoke up for forever refugees everywhere. As Dogon once wrote in a poem, "Those we throw away are diamonds."

Wear No Evil - Greta Eagan 2014-03-11

Have you ever wondered, "How can I inherently do good while looking good?" Wear No Evil has the answer,

and is the timely handbook for navigating both fashion and ethics. It is the style guide with sustainability built in that we've all been waiting for. As a consumer, you regain your power with every purchase to support the causes and conditions you already advocate in other areas of your life (such as local or organic food), while upholding your sense of self through the stylish pieces you use to create your wardrobe. Featuring the Integrity Index (a simplified way of identifying the ethics behind any piece of fashion) and an easy to use rating system, you'll learn to shop anywhere while building your personal style and supporting your values- all without sacrifice. Fashion is the last frontier in the shift towards conscious living. Wear No Evil provides a roadmap founded in research and experience, coupled with real life style and everyday inspiration. Part 1 presents the hard-hitting facts on why the fashion industry and our shopping habits need a reboot. Part 2 moves you into a closet-cleansing exercise to assess your current wardrobe for eco-friendliness and how to shop green. Part 3 showcases eco-fashion makeovers and a directory of natural beauty recommendations for face, body, hair, nails, and makeup. Style and sustainability are not mutually exclusive. They can live in harmony. It's time to restart the conversation around fashion—how it is produced, consumed, and discarded—to fit with the world we live in today. Pretty simple, right? It will be, once you've read this book. Wear No Evil gives new meaning—and the best answers—to an age-old question: "What should I wear today?"

Look Inside What We Throw Away - Rose Hall 2022-03-08

A positive book about how producing less rubbish can help save the planet. Lift the flaps to see how lots of things we throw away don't really belong in the bin. Find out how rubbish can damage our planet. Then step into a repair cafe and a zero waste shop to discover inspiring ways to produce much less waste.

The Parents' Guide to Climate Revolution - Mary DeMocker 2018-03-05

"Relax," writes author Mary DeMocker, "this isn't another light bulb list. It's not another overwhelming pile of parental 'to dos'; designed to shrink your family's carbon footprint through eco-superheroism." Instead, DeMocker lays out a lively, empowering, and — doable — blueprint for engaging families in the urgent endeavor of climate revolution. In this book's brief, action-packed chapters, you'll learn hundreds of wide-ranging ideas for being part of the revolution — from embracing simplicity parenting, to freeing yourself from dead-end science debates, to teaching kids about the power of creative protest, to changing your lifestyle in ways that deepen family bonds, improve moods, and reduce your impact on the Earth. Engaging and creative, this vital resource is for everyone who wants to act effectively — and empower children to do the same.

Longer Lasting Products - Tim Cooper 2016-05-06

The present economic system requires us to consume and throw away more and more goods. Yet often it's our desire, and the best interests of the environment, for these goods to last. The contributors to this book, who comprise many of the most significant international thinkers in the field, explore how longer lasting products could offer enhanced value while reducing environmental impacts. If we created fewer but better quality products, looked after them carefully and invested more in repair, renovation and upgrading, would this direct our economy onto a more sustainable course? The solution sounds simple, yet it requires a seismic shift in how we think, whether as producers or consumers, and our voracious appetite for novelty. The complex range of issues associated with product life-spans demands a multidisciplinary approach. The book covers historical context, design, engineering, marketing, law, government policy, consumer behaviour and systems of provision. It addresses the whole range of consumer durables - vehicles, kitchen appliances, audio-visual equipment and other domestic products, furniture and floor coverings, hardware, garden tools, clothing, household textiles, recreational goods and DIY goods - as well as the re-use of packaging. Longer Lasting Products provides policy makers, those involved in product design, manufacturing and marketing, and all of us as consumers, with clear and compelling guidance as to how we can move away from a throwaway culture towards an economy sustained by more durable goods.

The Conscious Closet - Elizabeth L. Cline 2019-08-20

From journalist, fashionista, and clothing resale expert Elizabeth L. Cline, "the Michael Pollan of fashion,"* comes the definitive guide to building an ethical, sustainable wardrobe you'll love. Clothing is one of the most personal expressions of who we are. In her landmark investigation *Overdressed: The Shockingly High Cost of Cheap Fashion*, Elizabeth L. Cline first revealed fast fashion's hidden toll on the environment,

garment workers, and even our own satisfaction with our clothes. The *Conscious Closet* shows exactly what we can do about it. Whether your goal is to build an effortless capsule wardrobe, keep up with trends without harming the environment, buy better quality, seek out ethical brands, or all of the above, The *Conscious Closet* is packed with the vital tools you need. Elizabeth delves into fresh research on fashion's impacts and shows how we can leverage our everyday fashion choices to change the world through style. Inspired by her own revelatory journey getting off the fast-fashion treadmill, Elizabeth shares exactly how to build a more ethical wardrobe, starting with a mindful closet clean-out and donating, swapping, or selling the clothes you don't love to make way for the closet of your dreams. The *Conscious Closet* is not just a style guide. It is a call to action to transform one of the most polluting industries on earth—fashion—into a force for good. Readers will learn where our clothes are made and how they're made, before connecting to a global and impassioned community of stylish fashion revolutionaries. In The *Conscious Closet*, Elizabeth shows us how we can start to truly love and understand our clothes again—without sacrificing the environment, our morals, or our style in the process. *Michelle Goldberg, *Newsweek/The Daily Beast*

Stuff You Should Know - Josh Clark 2020-11-24

From the duo behind the massively successful and award-winning podcast *Stuff You Should Know* comes an unexpected look at things you thought you knew. Josh Clark and Chuck Bryant started the podcast *Stuff You Should Know* back in 2008 because they were curious—curious about the world around them, curious about what they might have missed in their formal educations, and curious to dig deeper on stuff they thought they understood. As it turns out, they aren't the only curious ones. They've since amassed a rabid fan base, making *Stuff You Should Know* one of the most popular podcasts in the world. Armed with their inquisitive natures and a passion for sharing, they uncover the weird, fascinating, delightful, or unexpected elements of a wide variety of topics. The pair have now taken their near-boundless "whys" and "hows" from your earbuds to the pages of a book for the first time—featuring a completely new array of subjects that they've long wondered about and wanted to explore. Each chapter is further embellished with snappy visual material to allow for rabbit-hole tangents and digressions—including charts, illustrations, sidebars, and footnotes. Follow along as the two dig into the underlying stories of everything from the origin of Murphy beds, to the history of facial hair, to the psychology of being lost. Have you ever wondered about the world around you, and wished to see the magic in everyday things? Come get curious with *Stuff You Should Know*. With Josh and Chuck as your guide, there's something interesting about everything (...except maybe jackhammers).

A Zero Waste Life - Anita Vandyke 2020-04-21

A practical guide to improving your life—and your impact on the world—in thirty simple days by radically reducing waste without losing your lifestyle. Overwhelmed by clutter, anxious about your environmental footprint, and looking to make a change? You don't have to be a rocket scientist to reconfigure your consumption—still, it doesn't hurt that Anita Vandyke is. A qualified engineer and the eco-luxe lifestyle champion behind the popular zero-waste Instagram @Rocket-Science, Anita Vandyke has made the change to a zero-waste life, and through hands-on advice and charming illustrations, she shows us that with ease and style, we can too. By incorporating thirty simple rules one day at a time, *A Zero Waste Life* is a manageable guide to forming a more conscientious, intentional life in just one month. Offered inside is guidance for tackling waste and making ethical choices when it comes to shopping, eating, travel, beauty, and more. With her signature elegance and encouraging voice, Vandyke proves that we can stop depending on plastics, tidy our homes, and clear the way for a cleaner future—and that when we stop wasting, we start living.

Thrown Away Child - Louise Allen 2017-12-28

Thrown Away Child is a memoir covering Louise Allen's abusive childhood in a foster home, how she survived - using her love of art as a sanctuary - and how she hopes to right old wrongs now by fostering children herself and campaigning for the improvement of foster care services. It is a compelling and inspirational story. This book gives a voice to the many children who grew up unhappily in care.

The Throwaway Children - Diney Costeloe 2015-04-10

Gritty, heartrending and unputdownable - the story of two sisters sent first to an English, then an

Australian orphanage in the aftermath of World War II. Rita and Rosie Stevens are only nine and five years old when their widowed mother marries a violent bully called Jimmy Randall and has a baby boy by him. Under pressure from her new husband, she is persuaded to send the girls to an orphanage – not knowing that the papers she has signed will entitle them to do what they like with the children. And it is not long before the powers that be decide to send a consignment of orphans to their sister institution in Australia. Among them – without their family's consent or knowledge – are Rita and Rosie, the throwaway children. What readers are saying about THE THROWAWAY CHILDREN: 'I haven't felt so immersed in a book in a very long time and have recommended to just about everyone' 'Heart wrenching' 'A truly powerful book' *The Christmas Throwaway* - R. J. Scott 2013-03-08

Christmas is a time for giving - what do you do when no one gives a damn? For Zachary Weston Christmas means sleeping on a churchyard bench in the freezing snow with nothing better in his future. Thrown out of his home for being gay, he is left without money or, it seems, anywhere to go. Until a stranger shows him that some people do give a lot more than a damn. Ben Hamilton is a rookie cop in his small home town. He finds a young throwaway, fresh from the city, sleeping on a bench in the churchyard on a snowy Christmas Eve. Can he be the one to give Zachary his own Christmas miracle?

The Grace of Enough - Haley Stewart 2018-09-07

Do you ever feel caught in an endless cycle of working harder and longer to get more while enjoying life less? The Stewart family did—and they decided to make a radical change. Popular Catholic blogger and podcaster Haley Stewart explains how a year-long internship on a sustainable farm changed her family's life for the better, allowing them to live gospel values more intentionally. When Haley Stewart married her

bee-keeping sweetheart, Daniel, they dreamed of a life centered on home and family. But as the children arrived and Daniel was forced to work longer hours at a job he liked less and less, they dared to break free from the unending cycle of getting more yet feeling unfulfilled. They sold their Florida home and retreated to Texas to live on a farm with a compost toilet and 650 square feet of space for a family of five. Surprisingly, they found that they had never been happier. In *The Grace of Enough*, Stewart shares essential elements of intentional Christian living that her family discovered during that extraordinary year on the farm and that they continue to practice today. You, too, will be inspired to: live simply offer hospitality revive food culture and the family table reconnect with the land nurture community prioritize beauty develop a sense of wonder be intentional about technology seek authentic intimacy center life around home, family, and relationships Drawing from Pope Francis's encyclical on the environment, *Laudato Si'*, Stewart identifies elements of Catholic social teaching that will enhance your life and create a ripple effect of grace to help you overcome the effects of today's "throwaway" culture and experience a deeper satisfaction and stronger faith.

Throwaway Girls - Andrea Contos 2020-09-01

A timely edge-of-your-seat thriller from a debut writer to watch. Caroline is only three months from her great escape — leaving behind her rigid prep school and the parents who think they can convert her to being straight — when her best friend, Madison, goes missing. There's no question that Caroline will get involved in the investigation. After all, she has her own reasons for not trusting the police, and she owes Madison big time. But Caroline uncovers a wider mystery as she follows the clues, with other missing girls and no one on the case. Why isn't anyone looking for these girls? And what's the connection between them and Madison? Could it be . . . Caroline herself?