

Swell A Waterbiography The Sunday Times SPORT BOOK OF THE YEAR 2017

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The Mindful Art of Wild Swimming - Tessa Wardley 2017-09-15

"Tessa Wardley is a keen and knowledgeable guide" - Times Literary Supplement The Mindful Art of Wild Swimming explores how swimming in rivers, lakes, and seas is the very epitome of conscious living. Zen-seeker Tessa Wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters worldwide and leads the reader on to a mindful journey through the natural world. With expert insight and personal anecdote, she shares a sparkling clarity on why our relationship with open water is so fundamental to pure wellbeing, and reveals how wild swimming can be the ultimate Zen meditation.

The House on Sugarbush Road - Méira Cook 2012

The House on Sugarbush Road, set in post-apartheid Johannesburg shortly after the 1994 election of Nelson Mandela, is the story of the intertwining lives of a once prominent liberal Afrikaner family and Beauty Mapule, their domestic servant of more than thirty years. Cook's intimately interconnected and finely drawn characters are white, black, rich, poor, beautiful, ugly, old and young; they are also hustlers, do-gooders, petty criminals and sensualists, heading towards dramatic explosions both inevitable and unexpected.

Splash! - Howard Means 2020-06-02

Choose a stroke and get paddling through the

human history of swimming! From man's first recorded dip into what's now the driest spot on earth to the splashing, sparkling pool party in your backyard, humans have been getting wet for 10,000 years. And for most of modern history, swimming has caused a ripple that touches us all--the heroes and the ordinary folk; the real and the mythic. Splash! dives into Egypt, winds through ancient Greece and Rome, flows mostly underground through the Dark and Middle Ages (at least in Europe), and then reemerges in the wake of the Renaissance before taking its final lap at today's Olympic games. Along the way, it kicks away the idea that swimming is just about moving through water, about speed or great feats of aquatic endurance, and shows you how much more it can be. Its history offers a multi-tiered tour through religion, fashion, architecture, sanitation and public health, colonialism, segregation and integration, sexism, sexiness, guts, glory, and much, much more. Unique and compelling, Splash! sweeps across the whole of humankind's swimming history--and just like jumping into a pool on a hot summer's day, it has fun along the way.

Floating - Joe Minihane 2017-06-20

The British journalist explores self-healing in wild waters across the UK—from Yorkshire to Jura and Wales—in this “genuine and refreshing nature memoir” (Kirkus Reviews). Following the example of naturalist Roger Deakin in his classic

memoir *Waterlog*, journalist Joe Minihane becomes obsessed with wild swimming and its restorative qualities. Putting one arm over the other, sometimes resting on his back, he begins to confront his personal demons while rekindling old friendships and forging new ones. Through Minihane's thoughtful description, the act of swimming becomes both strange and beautiful as the wild water puts him in touch with nature and himself. From Hampstead to Yorkshire, from Dorset to Jura, from the Isles of Scilly to Wales, *Floating* is a love letter to different wild stretches of water. But it also captures Minihane's struggle to understand his life and move forward. Steeped in the anti-authoritarian and naturalistic spirit of Roger Deakin, Minihane celebrates the joy of taking time out to feel better.

In the Wake of Mercedes Gleitze - Doloranda Pember 2019-02-01

In 1927, Mercedes Gleitze became the first British woman to swim the English Channel, transforming her from a humble working-class typist into one of the most iconic sportswomen of her age. Fiercely independent and with no financial backing, Mercedes was at the forefront in the struggle to break through the existing prejudices against women taking part in sport. Over a ten-year period and a large number of pioneering, record-setting swims around the world, she achieved celebrity status, helped make Rolex famous, and was regularly in the spotlight of the worldwide press. While pursuing her dream she led by example, showing that women deserved recognition for their sporting achievements - though she herself was very modest about her success, barely talking about it even to her own children. Here, Mercedes' daughter documents the remarkable story of her early life and subsequent swimming career, using Mercedes' personal records and pictures, recollections from acquaintances and newspaper articles of the time.

Swell - Jenny Landreth 2017-07-03

A funny and bold account of how women fought their way into the water, and of what they did once they got there

Wild Woman Swimming - Lynne Roper 2018-11

Break a Leg - Jenny Landreth 2020-11-24

A joyful celebration of amateur theatre This is

the story of amateur dramatics in Britain. In a triumphant mix of memoir, social history, interviews and manifesto, Jenny Landreth opens our eyes to am-dram and shows us a vibrant world that is a crucial part of our culture. Starting with the Mystery Plays of the Middle Ages, we move, via Shakespeare, to the Georgian aristocrats who built opulent private theatres in their own homes, then to the halcyon days of radical lefties taking political theatre to the streets, and on to the present day. Along the way, we visit several thriving theatres - across the country, and beyond our shores - and meet a cast of characters who tell us about the joy amateur theatre brings them. And we follow the full arc of a production at the Midlands theatre where Jenny's parents met and she started out, from first auditions to last night party, with all the mishaps and forgotten lines that come in between. In Britain today there are millions of people involved, and amateur theatre takes many forms, from classic productions to panto, but also cutting-edge new work. Without it, there would be no professional theatre, no Judi Dench or Kenneth Branagh or Brenda Blethyn. *Break a Leg* is an emphatic celebration. It is also a rallying cry, a call to appreciate how amateur theatre enriches communities and many people's lives - and how, if you join in, it might just do the same for you. '[A] joyous celebration of amateur theatre; a triumphant mix of memoir, social history, interviews and manifesto... *Break a Leg* is an emphatic celebration and a rallying cry to appreciate how amateur theatre enriches communities and many people's lives'

WhatsOnStage.com

Blue Spaces - Dr Catherine Kelly Phd 2021-09-07

Why do so many of us feel drawn to water?

Researchers around the globe are increasingly intrigued by our psychological response to blue space: oceans, rivers, lakes, canals and waterfalls. Research is showing that they are good for us, inducing a positive mood and reducing negative feelings. Many people naturally gravitate towards the nearest blue space for their regular walks. There is an innate soothing quality that water brings, whether it's crashing waves, the gentle lapping beat of the water's edge or the reflections we see... Water brings on a meditative, 'blue mind' state. Dr Catherine Kelly uses the study of Blue Mind, a

term coined by Dr Wallace Nichols, which explores the study of water and why it makes us happy, to explore and understand the importance of blue space (water environments) and their therapeutic benefits. Looking at the most up-to-date research and evidence that supports its importance for our wellbeing, she suggests how we can all integrate blue mind practices into our lives, providing examples and exercises that anyone can use to enhance their mental health.

Taking the Plunge - Anna Deacon 2019-11

The thrill of plunging--or dipping a toe--into open water brings joy, confidence, adventure, and friendship. It can wash away stress and sadness, pain and grief. Here water is a great healer, a place to feel gloriously, elementally alive and in touch with yourself, with others, and with nature. Full of life-affirming personal stories and breath-taking images of scenery and swimmers, this book celebrates the remarkable wild swimming community. With practical advice on how wild swimming works and how to get started--from what you'll need (a swimsuit and a smile!) to where best to go (rivers, oceans, lochs, lakes . . .)--there's never been a better time to take the plunge.

Mariner - Malcolm Guite 2018-02-13

Poet and theologian Malcolm Guite leads readers on a journey with Samuel Taylor Coleridge, whose own life paralleled the experience in his famous poem "The Rime of the Ancient Mariner." On this theological voyage, Guite draws out the continuing relevance of this work and the ability of poetry to communicate the truths of humanity's fallenness, our need for grace, and the possibility of redemption.

The Encyclopedia of Surfing - Matt Warshaw 2005

A pop culture reference of surfing in America today contains 1,500 alphabetical entries and three hundred illustrations to review the activity's most significant contributors, events, equipment, culture, and history. Reprint.

Break a Leg - Jenny Landreth 2020-11-24

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Starting with the Mystery Plays of the Middle Ages, we move, via Shakespeare, to the Georgian aristocrats who built opulent private theatres in their own homes, then to the halcyon days of radical lefties taking political theatre to the streets, and on to the present day. Along the way, we visit several thriving theatres - across the country, and beyond our shores - and meet a cast of characters who tell us about the joy amateur theatre brings them. And we follow the full arc of a production at the Midlands theatre where Jenny's parents met and she started out, from first auditions to last night party, with all the mishaps and forgotten lines that come in between. In Britain today there are millions of people involved, and amateur theatre takes many forms, from classic productions to panto, but also cutting-edge new work. Without it, there would be no professional theatre, no Judi Dench or Kenneth Branagh or Brenda Blethyn. Break a Leg is an emphatic celebration. It is also a rallying cry, a call to appreciate how amateur theatre enriches communities and many people's lives - and how, if you join in, it might just do the same for you. '[A] joyous celebration of amateur theatre; a triumphant mix of memoir, social history, interviews and manifesto... Break a Leg is an emphatic celebration and a rallying cry to appreciate how amateur theatre enriches communities and many people's lives'

WhatsOnStage.com

Swim - Lynn Sherr 2012-04-03

Explores the nature and appeal of swimming, from the history of the strokes to aspects of modern Olympic competition, as well as the author's personal experiences and milestones in the sport.

Woman in India - Mary Frances Billington 1895

The Lido - Libby Page 2018-04-19

Meet Rosemary, 86, and Kate, 26: dreamers, campaigners, outdoor swimmers... Rosemary has lived in Brixton all her life. But now everything she knows is changing - the library where she used to work has closed, the family fruit and veg shop has become a trendy bar, and her beloved husband George is gone. Kate has just moved and feels alone in a city that is too big for her. She's at the bottom rung of her career as a journalist on a local paper, and is determined to

make something of it. So when the local lido is threatened with closure, Kate knows this story could be her chance to shine. And Rosemary knows it is the end of everything for her.

Together they are determined to make a stand, to show that the pool is more than just a place to swim - it is the heart of the community. Together they will show the importance of friendship, the value of community, and how ordinary people can protect the things they love.

Salt On My Skin - Sarah Kennedy Norquoy
2020-06-19

In January 2019, Sarah's world was shattered by the death of a close friend and her mother's dementia diagnosis, both within the space of two weeks. In search of solace from her living grief, she turned to her newfound hobby of wild swimming. With a startlingly honest, authentic, and often humorous voice, Sarah takes you through a year of swimming in Orkney seas whilst adapting to a new way of life with her mother's declining memory. Sarah's reflective journey will make you laugh and cry, as she discovers a truth she has always known: that healing comes in waves.

[At the Pond](#) - Margaret Drabble 2019-06
Combining personal reminiscence with reflections on the history of the place over the years and through the seasons, for the first time this collection brings together writers' impressions of the Pond.

Find a Way - Diana Nyad 2015-10-20
Hillary Clinton said that Find a Way would stay with her through the general election: "When you're facing big challenges in your life, you can think about Diana Nyad getting attacked by the lethal sting of box jellyfishes. And nearly anything else seems doable in comparison." On September 2, 2013, at the age of sixty-four, Diana Nyad emerged onto the sands of Key West after swimming 111 miles, nation to nation, Cuba to Florida, in an epic feat of both endurance and human will, in fifty-three hours. Diana carried three poignant messages on her way across this stretch of shark-infested waters, and she spoke them to the crowd in her moment of final triumph: 1. Never, ever give up. 2. You're never too old to chase your dreams. 3. It looks like a solitary sport, but it's a Team. Millions of people around the world cheered this maverick on, moved by her undeniable tenacity to be the

first to make the historic crossing without the aid of a shark cage. At the end of her magnificent journey, after thirty-five years and four crushing failures, the public found hope in Diana's perseverance. They were inspired by her mantra—find a way—that led her to realize a dream in her sixties that had eluded her as a young champion in peak form. In Find a Way, Diana engages us with a unique, passionate story of this heroic adventure and the extraordinary life experiences that have served to carve her unwavering spirit. Diana was a world champion in her twenties, setting the record for swimming around Manhattan Island, along with other ocean-swim achievements, all of which rendered her a star at the time. Back then, she made the first attempt at the Mount Everest of swims, the Cuba Swim, but after forty-two hours and seventy-nine miles she was blown desperately off course. Her dream unfulfilled, she didn't swim another stroke for three decades. Why, at sixty-four, was she able to achieve what she could not at thirty? How did her dramatic failures push her to success? What inner resources did Diana draw on during her long days and nights of training, and how did the power of the human spirit trump both the limitations of the body and the forces of nature across this vast, dangerous wilderness? This is the gripping story of an athlete, of a hero, of a bold mind. This is a galvanizing meditation on facing fears, engaging in our lives full throttle, and living each day with no regrets.

Leap In - Alexandra Heminsley 2017-07-04
At once inspiring, hilarious, and honest, the new book from Alexandra Heminsley chronicles her endeavor to tackle a whole new element, and the ensuing challenges and joys of open water swimming. "It's a meditative act," they said. But it was far from meditative for Alexandra Heminsley when yet another wave slammed into her face. It was survival. When she laced up her shoes in Running Like a Girl, all she had to do to become a runner was to get out there and run. But swimming was something else entirely. The water was all-consuming, confusing her every move, sabotaging every breath. Determined, Alexandra would learn to adapt, find new strengths, and learn to work with the water. She does not want to stand on the beach looking at the sea any longer. She wants to leap in. In

doing so she will learn not just how to accept herself, but how to accept what lay beyond. Soon, she will be able to see water, anywhere in the world and sense not fear but adventure. She will dive into water as she hopes to dive into life. And it has nothing to do with being “sporty” or being the correct shape for a swimsuit. Open water swimming is currently one of the fastest growing sports in the world, and marathon swimming is the only sport where men and women do not race in separate categories. The water welcomes all who are willing and prepared to take part, and as Alexandra shows in her wondrous and funny book, not knowing how to do something is not necessarily a weakness—strength lies within the desire to learn. The time is now to leap in, and revel in what you thought was beyond you, discovering that it was only ever you holding you back.

Men Of Today In The Eastern Townships - Victor Eugene Morrill 2021-01-11

This book has been considered by academicians and scholars of great significance and value to literature. This forms a part of the knowledge base for future generations. So that the book is never forgotten we have represented this book in a print format as the same form as it was originally first published. Hence any marks or annotations seen are left intentionally to preserve its true nature.

Swimming to Antarctica - Lynne Cox 2009-09-09

NATIONAL BESTSELLER • In this extraordinary book, the world’s most extraordinary distance swimmer writes about her emotional and spiritual need to swim and about the almost mystical act of swimming itself. Lynne Cox trained hard from age nine, working with an Olympic coach, swimming five to twelve miles each day in the Pacific. At age eleven, she swam even when hail made the water “like cold tapioca pudding” and was told she would one day swim the English Channel. Four years later—not yet out of high school—she broke the men’s and women’s world records for the Channel swim. In 1987, she swam the Bering Strait from America to the Soviet Union—a feat that, according to Gorbachev, helped diminish tensions between Russia and the United States. Lynne Cox’s relationship with the water is almost mystical: she describes swimming as

flying, and remembers swimming at night through flocks of flying fish the size of mockingbirds, remembers being escorted by a pod of dolphins that came to her off New Zealand. She has a photographic memory of her swims. She tells us how she conceived of, planned, and trained for each, and re-creates for us the experience of swimming (almost) unswimmable bodies of water, including her most recent astonishing one-mile swim to Antarctica in thirty-two-degree water without a wet suit. She tells us how, through training and by taking advantage of her naturally plump physique, she is able to create more heat in the water than she loses. Lynne Cox has swum the Mediterranean, the three-mile Strait of Messina, under the ancient bridges of Kunning Lake, below the old summer palace of the emperor of China in Beijing. Breaking records no longer interests her. She writes about the ways in which these swims instead became vehicles for personal goals, how she sees herself as the lone swimmer among the waves, pitting her courage against the odds, drawn to dangerous places and treacherous waters that, since ancient times, have challenged sailors in ships.

Oileain - David Walsh 2004

A wealth of information on the wildlife, stories and history of the islands. For those wishing to visit in small boats or kayaks there are details of: Landings? Camping? Drinking water? Tidal information Oileain is a detailed guide to almost every Irish offshore island. The guide is comprehensive, describing over 300 islands, big and small, far out to sea and close in by the shore, inhabited and uninhabited. Oileain tells it as it is, rock by rock, good and bad, pleasant and otherwise. It concentrates on landings and access generally, then adds information on camping, drinking water, tides, history, climbing, birds, whales, dolphins, legends or anything else of interest. Oileain will, I hope, appeal to all who go to sea in small boats, divers and yachtsmen as well as kayakers. The sheer level of detail contained in Oileain must surely throw new light on places they thought they knew well. It is not a book about kayaking. It so happens that a practical way of getting to islands is by kayak, and that is how the author gets about. Scuba divers and RIBs get in close too. Yachtsmen get about better than most, and

they too enjoy exploring intensively from a dinghy. With the increasing availability of ferries, boatless people will also enjoy Oileain. Offshore islands are the last wilderness in Ireland. Hillwaking is now so popular that there are few untrampled mainland hills. Ninety per cent of offshore islands are uninhabited outside of the first fortnight in August, and eighty per cent even then. You won't meet many other people, if any at all, out beyond an Irish surf line. It is a time of change though, and holiday homes are very much the coming thing in some offshore areas. Sea going will never stop being a great adventure. Therefore, offshore islands are still the preserve of the very few. Now is a golden era for exploration.

Water Urbanisms - Kelly Shannon 2013
Waters Urbanisms 2 - East gathers a number of leading practitioners and academics from around the world to reflect on the growing challenges of water in cities, infrastructural landscapes and the re-unification of engineered and natural processes in Asia

Swimming with Seals - Victoria Whitworth
2017-04-20

This is a memoir of intense physical and personal experience, exploring how swimming with seals, gulls and orcas in the cold waters off Orkney provided Victoria Whitworth with an escape from a series of life crises and helped her to deal with intolerable loss. It is also a treasure chest of history and myth, local folklore and archaeological clues, giving us tantalising glimpses of Pictish and Viking men and women, those people lost to history, whose long-hidden secrets are sometimes yielded up by the land and sea.

A Malayalam and English Dictionary: The vowels - Hermann Gundert 1872

The Man Who Ate Everything - Jeffrey Steingarten 2011-06-08

Funny, outrageous, passionate, and unrelenting, Vogue's food writer, Jeffrey Steingarten, will stop at nothing, as he makes clear in these forty delectable pieces. Whether he is in search of a foolproof formula for sourdough bread (made from wild yeast, of course) or the most sublime French fries (the secret: cooking them in horse fat) or the perfect piecrust (Fannie Farmer--that is, Marion Cunningham--comes to the rescue),

he will go to any length to find the answer. At the drop of an apron he hops a plane to Japan to taste Wagyu, the hand-massaged beef, or to Palermo to scale Mount Etna to uncover the origins of ice cream. The love of choucroute takes him to Alsace, the scent of truffles to the Piedmont, the sizzle of ribs on the grill to Memphis to judge a barbecue contest, and both the unassuming and the haute cuisines of Paris demand his frequent assessment. Inevitably these pleasurable pursuits take their toll. So we endure with him a week at a fat farm and commiserate over low-fat products and dreary diet cookbooks to bring down the scales. But salvation is at hand when the French Paradox (how can they eat so richly and live so long?) is unearthed, and a "miraculous" new fat substitute, Olestra, is unveiled, allowing a plump gourmand to have his fill of fat without getting fatter. Here is the man who ate everything and lived to tell about it. And we, his readers, are hereby invited to the feast in this delightful book.

Lonely Planet Kauai - Lonely Planet 2017-09-01
Lonely Planet Kaua'i is your passport to the most up-to-date advice on what to see and skip, and what hidden discoveries await you. Kayak through sea caves along the Na Pali Coast, absorb the grand vistas of the Waimea Canyon, or surf the breaks at beautiful Hanalei Bay; all with your trusted travel companion.

Custerology - Michael A. Elliott 2008-08-26
On a hot summer day in 1876, George Armstrong Custer led the Seventh Cavalry to the most famous defeat in U.S. military history. Outnumbered and exhausted, the Seventh Cavalry lost more than half of its 400 men, and every soldier under Custer's direct command was killed. It's easy to understand why this tremendous defeat shocked the American public at the time. But with *Custerology*, Michael A. Elliott tackles the far more complicated question of why the battle still haunts the American imagination today. Weaving vivid historical accounts of Custer at Little Bighorn with contemporary commemorations that range from battle reenactments to the unfinished Crazy Horse memorial, Elliott reveals a Custer and a West whose legacies are still vigorously contested. He takes readers to each of the important places of Custer's life, from his Civil

War home in Michigan to the site of his famous demise, and introduces us to Native American activists, Park Service rangers, and devoted history buffs along the way. Elliott shows how Custer and the Indian Wars continue to be both a powerful symbol of America's bloody past and a crucial key to understanding the nation's multicultural present. "[Elliott] is an approachable guide as he takes readers to battlefields where Custer fought American Indians . . . to the Michigan town of Monroe that Custer called home after he moved there at age 10 . . . to the Black Hills of South Dakota where Custer led an expedition that gave birth to a gold rush."—Steve Weinberg, *Atlanta Journal-Constitution* "By 'Custerology,' Elliott means the historical interpretation and commemoration of Custer and the Indian Wars in which he fought not only by those who honor Custer but by those who celebrate the Native American resistance that defeated him. The purpose of this book is to show how Custer and the Little Bighorn can be and have been commemorated for such contradictory purposes."—*Library Journal* "Michael Elliott's *Custerology* is vivid, trenchant, engrossing, and important. The American soldier George Armstrong Custer has been the subject of very nearly incessant debate for almost a century and a half, and the debate is multicultural, multinational, and multimedia. Mr. Elliott's book provides by far the best overview, and no one interested in the long-haired soldier whom the Indians called Son of the Morning Star can afford to miss it."—Larry McMurtry

Stay Out of the Basement (Classic

Goosebumps #22) - R.L. Stine 2011-11-01
Get Goosebumps with the startling repackaging of a best selling classic. Now with bonus materials! Dr. Brewer is doing a little plant-testing in his basement. Nothing to worry about. Harmless, really. But Margaret and Casey Brewer are worried about their father. Especially when they...meet...some of the plants he is growing down there. Then they notice that their father is developing plantlike tendencies. In fact, he is becoming distinctly weedy-and seedy. Is it just part of their father's "harmless" experiment? Or has the basement turned into another little shop of horrors?

Salman Khan - Devapriya Sanyal 2022-01-28

A name that's synonymous with packed theatres

shouting his name and crowds of young men cheering for him, Salman Khan has been reigning in the popular imagination for three decades now. However, superstardom came with its share of troubles. Salman has found himself in the news once too often, almost as though he were controversy's favourite child. Endlessly discussed as well as criticised, he is an object of adulation, fantasy and reverence in the cultural space. Tabloid pieces, stories and gossip-all tend to collapse him into a formula, making him lose his exclusivity when he is one of a kind. *Salman Khan: The Man, The Actor, The Legend* offers new perspectives on cinema and the peculiar glow of this star's superstardom in a consumerist society. It cuts through the many layers of his personality, the gossip and the rumours to focus on the star's aesthetic formulation-on what exactly it is about film and television, the star system and the capitalistic society that make him such a huge icon. It looks into Salman Khan, the phenomenon, in-depth, considering there have been fewer enquiries dedicated to charting his stardom than some of his contemporaries. A fascinating account of one of Bollywood's towering figures, this is a candid portrait of Salman Khan-the man and the superstar-and what makes this legend thrive across generations.

Coming Clean - Liz Fraser 2021-09-30

My name is Liz, and I am the partner of an alcoholic. *Coming Clean* is a searingly honest memoir of loving an alcoholic - both through the heaviest drinking years and into recovery. When Liz Fraser's partner fell into a catastrophic vortex of depression and alcoholism, Liz found herself in a relentless hailstorm of lies, loneliness and fear, looking after their young child on her own, heartbroken, mentally shattered and with no idea what was happening or what to do. As she and her family moved between Cambridge, Venice and Oxford, she kept the often shocking truth entirely to herself for a long time, trying in vain to help her partner find a path to sobriety, until she herself finally broke from the trauma and started to speak out - only to find she was one of hundreds experiencing similar things, also living in silence and fear. Part diary, part travel journal and part love letter, *Coming Clean* is the true story of addiction of many kinds, mental collapse and

heartbreak. Above all, it offers a voice of deep human compassion, strength and hope for recovery. I hope that in sharing this story it might change the way addiction is talked about and understood from both sides, encourage open, trusting and supportive dialogue between addicts and those their addiction affects, and provide some solace and help for those who need it - as I did.

Swell - Liz Clark 2018-04

Sailing Ten Years and 20,000 Miles In Search of Surf and Self

Osun across the Waters - Joseph M. Murphy 2001-10-09

À'sun is a brilliant deity whose imagery and worldwide devotion demand broad and deep scholarly reflection. Contributors to the groundbreaking *Africa's Ogun*, edited by Sandra Barnes (Indiana University Press, 1997), explored the complex nature of Ogun, the orisa who transforms life through iron and technology.

À'sun across the Waters continues this exploration of Yoruba religion by documenting À'sun religion. À'sun presents a dynamic example of the resilience and renewed importance of traditional Yoruba images in negotiating spiritual experience, social identity, and political power in contemporary Africa and the African diaspora. The 17 contributors to À'sun across the Waters delineate the special dimensions of À'sun religion as it appears through multiple disciplines in multiple cultural contexts. Tracing the extent of À'sun traditions takes us across the waters and back again. À'sun traditions continue to grow and change as they flow and return from their sources in Africa and the Americas.

Don Revie: The Biography - Christopher Evans 2021-10-28

'Thoroughly researched and engagingly written, this superb biography sheds new light on one of the most controversial, enigmatic figures in football history' - Leo McKinstry, journalist, historian and award-winning author

'Meticulously researched and expertly crafted exploration' - Jeff Powell, Daily Mail 'Engrossing' - Sunday Times Whenever the greatest managers the game has ever produced are mentioned, names like Busby, Shankly, Paisley and Ferguson trip off the tongue. Despite dominating the game in the late 1960s and '70s

there is one name missing: Don Revie, the former Leeds United and England manager. Revie was one of the most complex and controversial men ever to grace the game of football. As a player, he was crowned Footballer of the Year and credited with creating the modern centre-forward. As a manager, he took a Leeds United side languishing in the lower half of the second division and turned them into not only league champions, but one of the most dominant sides in the country. As England manager, Revie lost the magic touch and became increasingly indecisive. After three years in the role and fearing the sack, Revie became the first man to walk out on England. Then came the backlash. Revie was branded a traitor and banned from the game for 10 years, and the press declared open season on the manager. Accused of offering bribes to throw matches, his reputation was destroyed. Shunned by the football establishment, he died just 12 years after walking out on England. Revie's death robbed him of the opportunity to rebuild his reputation as one of the most important figures ever seen in English football. The life and times of this multifaceted, enigmatic, pioneering football man have still never been fully explored and explained in detail before. Featuring new interviews with Johnny Giles, Kevin Keegan, Norman Hunter, Eddie Gray, Allan Clarke, Joe Jordan, Malcolm Macdonald and members of the Revie family, this long-overdue biography reveals how today's football owes so much to Don Revie.

Sodom Road Exit - Amber Dawn 2018-05-29

It's the summer of 1990 and Crystal Beach has lost its beloved, long-running amusement park, leaving the lakeside village a virtual ghost town. It is back to this fallen community Starla Mia Martin must return to live with her overbearing mother after dropping out of university and racking up significant debt. But an economic downturn, mother-daughter drama, and Generation X disillusionment soon prove to be to be the least of Starla's troubles. A mysterious and salacious force begins to dog Starla; inexplicable sounds in the night and unimaginable sites spotted in the periphery. Soon enough, Starla must confront the unresolved traumas that haunt Crystal Beach. Sodom Road Exit might read like a conventional

paranormal thriller, except that Starla is far from a conventional protagonist. Where others might feel fear, Starla feels lust and queer desire. When others might run, Starla draws the horror nearer. And in turn, she draws a host of capricious characters toward her—all of them challenged to seek answers beyond their own temporal realities. *Sodom Road Exit*, the second novel by Lambda Literary Award winner Amber Dawn, is a book that's alive with both desire and dread.

[The 1912 Stockholm Olympics](#) - Leif Yttergren 2012-11-14

King Gustaf V of Sweden inaugurated the Fifth Olympiad at the Olympic Stadium in Stockholm on July 6, 1912. In the following weeks, 2,380 competitors from 27 nations representing six continents participated in well-organized competitions in perfect weather conditions. The largest Olympics yet at the time, the Stockholm Games have thus gone down in history as the Sunshine Olympics, or "the Swedish Masterpiece." Since that achievement, and despite numerous attempts by other Swedish cities, Sweden has not yet managed to host the Olympic Games again. This work examines the 1912 Stockholm Olympics from a variety of perspectives, exploring the preparations, organization, competitions, participants, and spectators, as well as the continuing significance of the 1912 Games to Sweden and to the future of the Olympic movement.

[Swimming London](#) - Jenny Landreth 2014-05-01
'Having been banned from pools all over London for health and safety reasons, I can only gaze longingly at the sumptuous array of London pools. London swimmers rejoice!' - Jo Brand
London is a city built on water, and ideal for swimmers. Whether you are looking for an early morning dip on Hampstead Heath, want to join the Christmas Day Club at Hyde Park's Serpentine or are searching for a Lido in Tooting, wherever you are in the Capital, you are rarely more than a paddle away from somewhere to swim. *Swimming London* is a guide, celebration and history of the 50 best swimming spots in London. From the regal baths at the RAC club to the super-chic rooftop pools at the Berkeley Hotel and Shoreditch House; from the open-water havens at Ham Lake and even the River Thames, to the grand old lidos at London

Fields and Parliament Hill there is something for the casual swimmer, the long-distance athlete and the family day out. Drawing on a lifetime of swimming in the Capital and filled with tips and stories from its watery history, *Swimming London* provides a unique perspective on the city. So whether you're in search of swim off the Tottenham Court Road, or looking for somewhere to stretch your limbs on a summer's afternoon, this is the ultimate swimmer's companion.

[Wild Swimming](#) - Daniel Start 2013-01-05

The all-new bumper second edition of the best-selling *Wild Swimming* photo guide is now fully revised and expanded to include 150 NEW amazing wild swimming locations (almost 400 in total), brand new coverage in the South-East and the Midlands, new information for kids and families, new ideas for pubs, campsites, boat trips and weekends, new ratings on safety and access. This revised and expanded edition of *Wild Swimming* features the same winning formula of stunning photography, engaging travel writing and practical guidance, and is set to continue as the definitive guide to outdoor swimming in wild Britain.

[Swell](#) - Jenny Landreth 2017-05-04

SHORTLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR 2017
These days, swimming may seem like an egalitarian pastime, open to anyone with a swimsuit - but this wasn't always the case. In the 19th century, swimming was almost exclusively the domain of men. Women were (barely) allowed to swim in the sea, but even into the 20th century they could be arrested if they dared dive into a lake. It wasn't until the 1930s that women were reluctantly granted equal access. This is the story of the swimming suffragettes who made that possible; women who took on the status quo, and won. Part social history, part memoir, *Swell* shines a light on these 'swimming suffragettes'. It celebrates some amazing achievements, some ridiculous outfits and some fantastic swimmers who challenge the stereotypes of what women are capable of. It's also the story of how Jenny eventually came to be a keen swimmer herself. *Swell* is a joyful hymn to the sport and an exploration of why swimming attracts so many women. It is a book dedicated to our brilliant swimming foremothers who collectively made it

possible for any woman to plunge in however and wherever we choose.